
FCS PEARS REPORTING GUIDE

When reporting in PEARS, you will select a Program Area, Action Plan, and Critical Area. These group activities together statewide. This guide provides directions to know what to select for each of these three fields based on what you taught.

Program Areas are used to identify an overarching area the report falls into. You can select more than one *Program Area* if the activity covers multiple topics. *Program Areas* also tell PEARS what to display in various sections of a report. The FCS *Program Areas* are FCS Community Education, Leadership, and Outreach (Apparel & Textiles, Extension Homemakers), FCS – EFNEP, FCS – Family Life, FCS – Financial Resource Management, FCS – Foods & Nutrition Education, and FCS – Health and Wellness. If you teach a joint program with another area (4H, ANR, CPED), you may also tag those *Program Areas* as needed.

Action Plans are yearly plans that highlight a program/program area by stating pertinent critical issues, collaborators, situational data, public value, and intended outputs, outcomes, and indicators. When you report, first select the *Program Area*. This will tell PEARS which *Action Plans* to display as options for the report. The FCS *Action Plans* are FCS Extension Homemakers, FCS Family Life, FCS Financial Resource Management, FCS Food Safety, FCS Health and Wellness, and FCS Nutrition.

Critical Issues are from the UADA Strategic Plan. Your time will be reported to *Critical Issues* in the Quarterly Efforts module. The *Critical Issues* are Advancing Innovation, Enhancing Resilience and Sustainability, Helping Communities Thrive, Preparing the Workforce, and Supporting Healthier Arkansas.

PLEASE NOTE: *It is possible that fields could change in the future. This document will be updated as needed.*

If you have specific questions about reporting, please reach out to CPED – Office of Organizational Accountability & Evaluation.

If you have specific questions about a program/topic and where it fits, please reach out to the relevant FCS faculty.

General Topic/Program	PEARS Program Area	PEARS Action Plan	Critical Issue
Apparel & Textiles	FCS - Community Education, Leadership, and Outreach	FCS Financial Resource Management	Helping Communities Thrive
Extension Homemakers – Apparel & Textile lessons	FCS – Community Education, Leadership, and Outreach	FCS Extension Homemakers (<i>If teaching to non-EHC group, tag FCS Financial Resource Management</i>)	Helping Communities Thrive
Extension Homemakers - Family Life lessons	FCS – Community Education, Leadership, and Outreach + FCS - Family Life (<i>tag both program areas</i>)	FCS Extension Homemakers (<i>If teaching to non-EHC group, tag FCS Family Life</i>)	Helping Communities Thrive
Extension Homemakers - Financial Resource Management lessons	FCS – Community Education, Leadership, and Outreach + FCS - Financial Resource Management (<i>tag both program areas</i>)	FCS Extension Homemakers (<i>If teaching to non-EHC group, tag FCS - Financial Resource Management</i>)	Helping Communities Thrive
Extension Homemakers - Health and Wellness lessons	FCS – Community Education, Leadership, and Outreach + FCS - Health & Wellness (<i>tag both program areas</i>)	FCS Extension Homemakers (<i>If teaching to non-EHC group, tag FCS - Health & Wellness</i>)	Supporting a Healthier Arkansas
Extension Homemakers - Leadership Development lessons	FCS – Community Education, Leadership, and Outreach	FCS Extension Homemakers (<i>If teaching to non-EHC group, tag relevant action plan</i>)	Helping Communities Thrive
Extension Homemakers - Nutrition lessons	FCS – Community Education, Leadership, and Outreach + FCS - Nutrition (<i>tag both program areas</i>)	FCS Extension Homemakers (<i>If teaching to non-EHC group, tag FCS Nutrition</i>)	Supporting a Healthier Arkansas
Family Life - Best Care, Best Care Connected, Babysitting Basics	FCS - Family Life	FCS Family Life	Preparing the Workforce
Family Life - Farm Stress	FCS - Family Life	FCS Family Life	Enhancing Farm Profitability and Economic Resilience

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Family Life - Mental Health Education, Mental Health First Aid, QPR, Mental Health Matters	FCS - Family Life	FCS Family Life	Supporting a Healthier Arkansas
Family Life - Parenting	FCS - Family Life	FCS Family Life	Helping Communities Thrive
Family Life - Personal Growth & Development, Relationship Building (not including mental health)	FCS - Family Life	FCS Family Life	Helping Communities Thrive
Family Life - Programs for Re-entry audiences	FCS - Family Life	FCS Family Life	Helping Communities Thrive
Financial Resource Management - Adult	FCS Financial Resource Management	FCS Financial Resource Management	Helping Communities Thrive
Financial Resource Management - Youth	FCS Financial Resource Management	FCS Financial Resource Management	Helping Communities Thrive
Financial Resource Management - Annie's Project	FCS Financial Resource Management	FCS Financial Resource Management	Enhancing Farm Profitability and Economic Resilience
Food Safety - Food Preservation - Any classes/workshops/contacts on any method for preserving food at home (i.e. canning, pickling, fermentation, drying, etc.)	FCS - Food Safety & Food Preservation	FCS Food Safety	Helping Communities Thrive
Food Safety - General - Any classes/workshops/contacts that cover basic food safety concepts that don't fall into food preservation or ServSafe training (i.e. handwashing, wash & glow activity, temperature checks for food, chilling procedures for food, food allergens, produce washing, etc.)	FCS - Food Safety & Food Preservation	FCS Food Safety	Supporting a Healthier Arkansas

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Health - Health Literacy <ul style="list-style-type: none"> •Immunity in AR Community •How to Talk to Your Doctor •Vaccine Education <i>(Learn.Understand.Decide)</i> <ul style="list-style-type: none"> •H5N1 	FCS - Health & Wellness	FCS Health & Wellness	Supporting a Healthier Arkansas
Health - Health Literacy <ul style="list-style-type: none"> •How to Talk to Your Patient 	FCS - Health & Wellness	FCS - Health & Wellness	Preparing the Workforce
Health - Public Health <ul style="list-style-type: none"> •HOP - Food Service Guidelines •HOP - Early Childhood Education <i>(Nutrition, Physical Activity, Farm to ECE, Breastfeeding, HIOPS initiatives - everything else other than professional development training)</i> <ul style="list-style-type: none"> •Extension Get Fit •Walk Across Arkansas 	FCS - Health & Wellness	FCS Health & Wellness	Supporting a Healthier Arkansas
Health - Public Health <ul style="list-style-type: none"> •HOP - Fruit & Vegetable Access and Voucher Programs •HOP - Physical Activity Access 	FCS - Health & Wellness	FCS - Health & Wellness	Helping Communities Thrive
Health - Public Health <ul style="list-style-type: none"> •HOP - Early Childhood Education •Professional Development Training 	FCS - Health & Wellness	FCS Health & Wellness	Preparing the Workforce
Nutrition - EFNEP	FCS - EFNEP	FCS Nutrition	Supporting a Healthier Arkansas
Nutrition -Whole Soy	FCS - Food & Nutrition Education	FCS Nutrition	<ul style="list-style-type: none"> • <i>If reaching producers and retailers, report to Enhancing Farm Profitability and Economic Resilience</i> • <i>If reaching consumers, report to Supporting a Healthier Arkansas</i>

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<p>Nutrition - General (Adult)</p> <ul style="list-style-type: none"> •Living Well Challenge •Eating With Ease •Veggies, Vitamins & More •Energize Your Life: Gardening for a Healthier You •Energy Drinks •Fresh Conversations 	<p>FCS - Food & Nutrition Education</p>	<p>FCS Nutrition</p>	<p>Supporting a Healthier Arkansas</p>
<p>Nutrition - General (Youth)</p> <ul style="list-style-type: none"> •Arkansas Foods (ArFoods) •Kids in the Kitchen •Teen Cuisine •Food, Fun & Reading •Grow It Try It Like It •Choose Health: Food Fun & Fitness (CHFFF) •Handwashing Discovery Station •School Garden Lesson Plans •ReThink Your Drink 	<p>FCS - Food & Nutrition Education</p>	<p>FCS Nutrition</p>	<p>Supporting a Healthier Arkansas</p>
<p>Nutrition - Meal Preparation & Cooking Skills</p> <ul style="list-style-type: none"> •Cook Smart Eat Smart •Freezer Friends •Cooking 101 (Cooking Skills for Beginners) •DASH Diet Cooking School •Mediterranean Diet Cooking School •Knife Skills •Quick and Healthy Meals for a Family •Cooking with Selective Eaters •Air Fryer Basics •Instant Pot Basics <p><i>Note: Any lesson that involves the usage/demonstration of cooking equipment, cooking skills, or meal preparation.</i></p>	<p>FCS - Food & Nutrition Education</p>	<p>FCS Nutrition</p>	<p>Supporting a Healthier Arkansas</p>

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Nutrition - Chronic Disease Prevention <ul style="list-style-type: none"> • <i>Living Well with Diabetes</i> • <i>Jump Start Diabetes</i> • <i>Day-to-Day with Diabetes</i> • <i>Diabetes Basics</i> 	FCS - Food & Nutrition Education	FCS Nutrition	Supporting a Healthier Arkansas
Nutrition - Whole-Body Health <ul style="list-style-type: none"> • <i>MIND Your Diet</i> • <i>Foods and Brain Health</i> 	FCS - Food & Nutrition Education	FCS Nutrition	Supporting a Healthier Arkansas
Nutrition - Eating & Lifestyle Behaviors <ul style="list-style-type: none"> • <i>ReNew You</i> • <i>ReShape Yourself without Shame</i> • <i>Mindless Eating</i> • <i>Eating Outside the Box</i> 	FCS - Food & Nutrition Education	FCS Nutrition	Supporting a Healthier Arkansas
Nutrition - Food Security & Sustainable Nutrition <ul style="list-style-type: none"> • <i>CREATE Better Health</i> • <i>Eating Smart Being Active</i> • <i>MyPlate for My Family</i> • <i>Food Security/Food Access Initiatives</i> 	FCS - Food & Nutrition Education	FCS Nutrition	Supporting a Healthier Arkansas