

Garden Detective News



Encourage Your Child's Growth

Ask your child to share what he or she learned about growing fruits and vegetables.

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Garden Detective News

This week we planted a class garden. We planted? _____.

Ask your child to tell you about the garden.

What fruit or vegetable is your child responsible for growing? Serve it at a family dinner this week!

Help your child think like a garden detective! Solve the word search on the following page with your child.

Mystery Solved!

Ways To Help Your Child Eat More Fruits and Vegetables.

1. **Savor the flavor of seasonal vegetables.** Buy vegetables that are in season for maximum flavor at a lower cost. Check your local supermarket specials for the best in-season buys. Or visit your local farmers market.
2. **Plant your own.** Just like your garden detective, start a garden—in the yard or a pot on the deck—for fresh, inexpensive, flavorful additions to meals. Herbs, cucumbers, peppers, or tomatoes are good options for beginners.



Word Search

Eating From the Garden

PHOTOSYNTHESIS ?
LEAVES ?

CHLOROPHYLL ?
VEGETABLE ?

ROOT ?
GARDEN ?

STEM ?
SUNLIGHT ?

FRUIT ?
SOIL ?

FLOWER ?
SEED ?

W G C L J X V W F Q F H O S F
D S M I N P S Y Y N G S Q V B
S I H K E E K G O N L X F X U
X K L O V L D A F L S B S I Z
X Q G A J E G R Y T L B L J S
F J E K V Q G D L A K L I O S
X L E W Y M M E T S Y M T D V
P H O T O S Y N T H E S I S A
O T P W J D A I P A U U T R K
C L Z K E Y U O T O B N H T N
J P G E B R R H F Q A L D L T
T O S R F O V U D K G I E F E
A M A P L O T C B J R G Q R H
F L Q H V T R L U H E H J B K
G V C K X M Y V V I J T Y Z X

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