

Collaboration

The messages delivered through **Arkansas Farm to You** utilize research-based information and incorporate the missions of the collaborating partners. These partners include the University of Arkansas Cooperative Extension Service (UACES) and Arkansas Supplemental Nutrition Assistance Program-Education (SNAP-Ed). If you would like to be a collaborator, contact Angie Stewart at astewart@uada.edu.



Arkansas Farm to You works to address major health concerns of youth in Arkansas including:

- Low consumption of fruits and vegetables
- Increasing rates of overweight and obesity
- Limited physical activity



Arkansas Cooperative Extension Service Phone Directory by County

Contact your local county office for more information about **Arkansas Farm to You** and other nutrition programs.

ARKANSAS	870-946-3231	LEE	870-295-7720
ASHLEY	870-853-2080	LINCOLN	870-628-4247
BAXTER	870-425-2335	LITTLE RIVER	870-898-7224
BENTON	479-271-1060	LOGAN	479-963-2360
BOONE	870-741-6168	LONOKE	501-676-3124
BRADLEY	870-226-8410	MADISON	479-738-6826
CALHOUN	870-798-2231	MARION	870-449-6349
CARROLL	870-423-2958	MILLER	870-779-3609
CHICOT	870-265-8055	MISSISSIPPI	870-762-2075
CLARK	870-246-2281	MONROE	870-747-3397
CLAY	870-598-2246	MONTGOMERY	870-867-2311
CLEBURNE	501-362-2524	NEVADA	870-887-2818
CLEVELAND	870-325-6321	NEWTON	870-446-2240
COLUMBIA	870-235-3720	QUACHITA	870-231-1160
CONWAY	501-354-9618	PERRY	501-889-2661
CRAIGHEAD	870-933-4565	PHILLIPS	870-338-8027
CRAWFORD	479-474-5286	PIKE	870-285-2161
CRITTENDEN	870-739-3239	POINSETT	870-578-4490
CROSS	870-238-5745	POLK	479-394-6018
DALLAS	870-352-3505	POPE	479-968-7098
DESHA	870-222-3972	PRARIE	870-998-2614
DREW	870-460-6270	PULASKI	501-340-6650
FAULKNER	501-329-8344	RANDOLPH	870-892-4504
FRANKLIN	479-667-3720	SALINE	501-303-5672
FULTON	870-895-3301	SCOTT	479-637-2173
GARLAND	501-623-6841	SEARCY	870-448-3981
GRANT	870-942-2231	SEBASTIAN	479-484-7737
GREENE	870-236-6921	SEVIER	870-584-3013
HEMPSTEAD	870-777-5771	SHARP	870-994-7363
HOT SPRING	501-332-5267	ST. FRANCIS	870-261-1730
HOWARD	870-845-7517	STONE	870-269-3336
INDEPENDENCE	870-793-8840	UNION	870-864-1916
IZARD	870-368-4323	VAN BUREN	501-745-7117
JACKSON	870-523-7450	WASHINGTON	479-444-1755
JEFFERSON	870-534-1033	WHITE	501-268-5394
JOHNSON	479-754-2240	WOODRUFF	870-347-2556
LAFAYETTE	870-921-4744	YELL	479-495-2216
LAWRENCE	870-886-3741		



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Arkansas farm to YOU

What is it?

Arkansas Farm to You is a 40' by 40' enclosed walk-through exhibit with nine stations. This interactive adventure is designed to involve kindergarten through 6th grade students in learning how foods from the farm are used by their bodies for good health. Students make their way through the exhibit by visiting these **Arkansas Farm to You** stations:

- Welcome to the Farm
- Market
- Café
- Mouth
- Stomach
- Small Intestine
- Muscle
- Bone
- Skin



At each station students spend about six minutes participating in activities and learning about the connections between agriculture, food and health.

Farm to You Objectives

- Children will learn that farms provide food for good health.
- Children will learn about foods grown in Arkansas.
- Children will learn to use food labels to make healthy choices.
- Children will learn that food is broken down to nutrients our bodies need in the digestive system.
- Children will learn the importance of physical activity and personal hygiene to good health.
- Children's eating and health behaviors will improve.
- Awareness will increase among parents, school personnel and community members about the importance of teaching children healthy habits.



Arkansas Farm to You is a traveling interactive adventure for elementary students that follows food from the farm to the market and through the body. It explores the relationships between Arkansas agriculture, food and health. Coordinated by the University Arkansas Cooperative Extension Service, **Arkansas Farm to You** is a collaboration between state agency, commodity and community partners. Through **Arkansas Farm to You** and other programs, your local University of Arkansas Cooperative Extension Service county office can provide nutrition education in your school. Use the directory on the back of this brochure to contact your county office for more information on available programs.

Interested?

There is a small fee per student and a few things you will need to provide.

Requirements

- A space large enough to accommodate the 40' by 40' exhibit.
- A minimum of 300 and a maximum of 450 students to participate in **Arkansas Farm to You** in a school day.
- 8-10 volunteers (adults or high school students) are needed to set up and take down the exhibit. No children should be present.
- 10 volunteers are needed to be station presenters. The more enthusiastic the presenter, the more the children will remember. Parents, 4-Her's, 4-H volunteers, community residents, college students and high school juniors and seniors are great for this important role.
- The **Arkansas Farm to You** exhibit reinforces the "Serving Up MyPlate" classroom curriculum, provided by Extension.

