



ARKANSAS LOCAL PRODUCE

FRUIT & VEGETABLE HARVEST CALENDARS

A wide variety of produce is grown in Arkansas, and the **Arkansas Grown®** trademark will help you spot it in the retail outlets. If you see the trademark, you can be sure the food was grown or produced in Arkansas.

ARKANSAS FRUIT HARVEST CALENDAR						
	MAY	JUNE	JULY	AUG	SEPT	OCT
Apples			●	●	●	●
Blackberries			●			
Blueberries			●			
Cantaloupe			●	●	●	●
Grapes			●	●		
Muscadines				●	●	
Nectarines			●	●		
Peaches		●	●	●		
Plums		●	●	●		
Raspberries		●				
Strawberries	●					
Watermelon			●	●	●	

Looking for Local? Check out:

arkansasgrown.org | littlerock.locallygrown.net/growers/list | ar.foodmarketmaker.com



ARKANSAS VEGETABLE HARVEST CALENDAR

	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Asparagus				●	●							
Beans (Green)						●	●	●	●	●		
Beets				●	●						●	●
Broccoli					●	●	●				●	●
Butter Beans							●	●	●	●		
Cabbage	●			●	●	●					●	●
Carrots					●	●					●	
Cauliflower					●							
Chard				●							●	●
Collard Greens	●	●	●	●	●			●	●	●	●	●
Cucumbers					●	●	●	●	●	●		
Eggplant						●	●	●	●	●		
English Peas				●	●						●	●
Greens, Leafy										●		
White Potatoes					●	●	●					
Kale			●	●							●	●
Lettuce				●	●	●	●				●	●
Okra						●	●	●	●	●		
Onions					●	●						
Peppers						●	●	●	●	●		
Pumpkin									●	●		
Radish			●	●	●	●					●	●
Black-eyed Peas							●	●	●	●		
Spinach			●	●							●	●
Summer Squash						●	●	●				
Sweet Corn						●	●	●	●			
Sweet Potatoes								●	●	●		
Tomatoes					●	●	●	●	●	●		
Turnip Greens	●	●	●	●							●	●
Winter Squash								●	●	●	●	●

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