

Did you know?

- 4-H members are 50% less likely than non 4-H members to smoke cigarettes, shoplift, or use illegal drugs.
- 4-H members are 20% more likely to hold a leadership position in their school or community than non 4-H members.
- 4-H members are 24% more likely to get involved in projects that “help others” than are non 4-H members.
- 40% of 4-H alumni have completed a college degree, compared to 28% nationwide.



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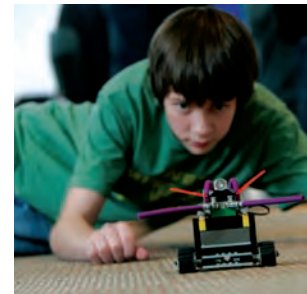
**DIVISION OF AGRICULTURE
RESEARCH & EXTENSION**

University of Arkansas System

**www.kidsarus.org
or uaex.uada.edu**

4-H Youth Development
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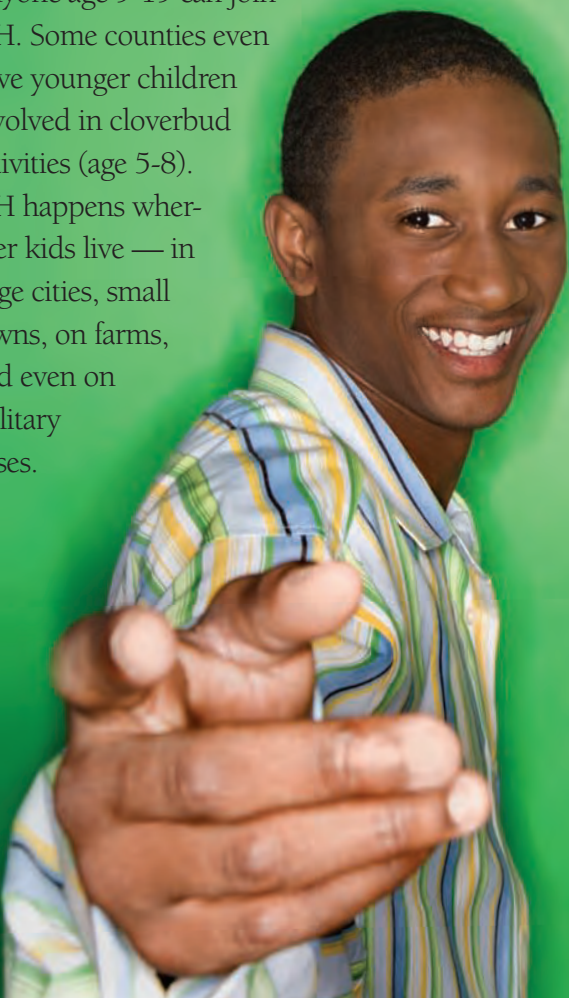


What is 4-H?

4-H is a fun and educational program where kids “learn by doing.” It’s a great opportunity for youth to acquire knowledge and skills, and develop healthy lifestyles they can use the rest of their lives. In Arkansas, it takes the form of community clubs, project groups, in-school and afterschool programs. Four-H is part of the University of Arkansas Division of Agriculture and reaches more than 134,000 youth.

Who can join?

Anyone age 9-19 can join 4-H. Some counties even have younger children involved in cloverbud activities (age 5-8). 4-H happens wherever kids live — in large cities, small towns, on farms, and even on military bases.



Come join the fun!

The faces of 4-H kids are as diverse as the activities in which they take part. Some of the exciting programs members are experiencing firsthand include:

- Science and Technology
- Health, food and nutrition
- Citizenship and leadership
- Camping
- Community service
- Livestock and poultry
- ATV Safety
- Public speaking
- Photography
- Operation Military Kids
- Afterschool programs
- And so much more

Although there are several ways to be involved, 4-H clubs offer the most fun and excitement. 4-H clubs are made up of adult volunteers working with a group of young people who want to learn new things, meet new people and have a good time along the way!



**Best of all,
participation
in 4-H is free!**



And its programs are available in each of our 75 counties! Come be a part of something meaningful.

To learn more, contact your local county extension office or visit us online at www.kidsarus.org.