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# **2022 Beginner Farmer course recordings available online until Oct. 31, series returns in January 2023**

By John Lovett

U of A System Division of Agriculture

## Fast facts

* Beginner Farmer Classes recorded and available Oct. 31
* 10 courses are about two hours and cost $10 each
* 2023 series set to begin in January

(384 words)

FAYETTEVILLE, Ark. — The Center for Arkansas Farms and Foods’ 2022 Beginner Farmer Classes are available online through Oct. 31.

The 2023 series will be held in January and February.

The 2022 series was held from Jan. 11 through March 1. To pay the $10 per class fee and view the two-hour recordings, visit the registration page at <https://farmandfoodsystem.uada.edu/classes/> and email Heather Friedrich, program manager, at heatherf@uark.edu to confirm receipt.

## The 2022 classes include:

**Farming as a Profession** — Learn about farming as a profession from successful farmers.

**Soil Health** — What is soil health? Why is it important? And how to get it.

**Sustainable Crop Production I**—Crops and Nutrients: Crop needs, practices for soil fertility and soil testing.

**Sustainable Crop Production II**— Planning and Rotation: Crop families, rotations and how to plan your production.

**Recordkeeping for Success** — Effective recordkeeping for production and business.

**Farm Finances 101** — Learn about the primary financial sheets for a farm business, why farms need them, and the basics for using them.

**Sustainable Crop Production III** — Insects, weeds, and disease. Learn prevention and management.

**Post-Harvest Handling** — Learn post-harvest handling and food safety, packing and cooling.

**Exploring Markets** — Explore options like farm stands, CSAs, farmers markets and wholesale.

**Social Media Marketing** — Promote your farm business with these social media tips.

**Protect Your Farm** — Learn more about your farm business structure and liability.

**Access to Credit**— Discover how to access financing and credit options for your small farm.

**Fighting for Food Justice**— How do we create food and agriculture systems that are diverse, equitable and inclusive?

**Planning Your Farm Business** — Plan your sustainable farm business. Learn tools and methods.

CAFF was created to help increase the number of farms and farmers in Arkansas. The goals of the center are centered on supporting a regional food system by connecting to established farms and training the next generation of farmers. CAFF is a center of the Arkansas Agricultural Experiment Station, the research arm of the University of Arkansas System Division of Agriculture.

To learn more about the Center for Arkansas Farms and Food, visit <https://farmandfoodsystem.uada.edu/>. Follow us on Twitter [@caff\_ar](https://twitter.com/caff_ar).

To learn more about Division of Agriculture research, visit the Arkansas Agricultural Experiment Station website: [https://aaes.uada.edu/](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Faaes.uada.edu%2F&data=04%7C01%7Cfmiller%40uark.edu%7C5cd2aea2b12c4dfceb9c08d942da0e9d%7C79c742c4e61c4fa5be89a3cb566a80d1%7C0%7C0%7C637614326581623988%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=aepGh27NgEgSYv9mb8nggzA%2BaUdOhXMw7e6sspVov8c%3D&reserved=0). Follow us on Twitter at [@ArkAgResearch](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwitter.com%2FArkAgResearch&data=04%7C01%7Cfmiller%40uark.edu%7C5cd2aea2b12c4dfceb9c08d942da0e9d%7C79c742c4e61c4fa5be89a3cb566a80d1%7C0%7C0%7C637614326581633943%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=nH1djoLMIYNT7ERwtQMektp5RVjEjY1B93nJK%2BhyjJE%3D&reserved=0).

To learn more about the Division of Agriculture, visit [https://uada.edu/](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Fuada.edu%2F&data=04%7C01%7Cfmiller%40uark.edu%7C5cd2aea2b12c4dfceb9c08d942da0e9d%7C79c742c4e61c4fa5be89a3cb566a80d1%7C0%7C0%7C637614326581643904%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=lr4GHZJgQ86vLO0EsE4xJeCHKonXXEKL57%2FFRm%2FFqQo%3D&reserved=0). Follow us on Twitter at [@AgInArk](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwitter.com%2FAgInArk&data=04%7C01%7Cfmiller%40uark.edu%7C5cd2aea2b12c4dfceb9c08d942da0e9d%7C79c742c4e61c4fa5be89a3cb566a80d1%7C0%7C0%7C637614326581643904%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=yYaPKsjcVzq2f3fyBIujdLPjQo09Nr8coSuwCmRqNTE%3D&reserved=0).

## About the Division of Agriculture

The University of Arkansas System Division of Agriculture’s mission is to strengthen agriculture, communities, and families by connecting trusted research to the adoption of best practices. Through the Agricultural Experiment Station and the Cooperative Extension Service, the Division of Agriculture conducts research and extension work within the nation’s historic land grant education system.

The Division of Agriculture is one of 20 entities within the University of Arkansas System. It has offices in all 75 counties in Arkansas and faculty on five system campuses.

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