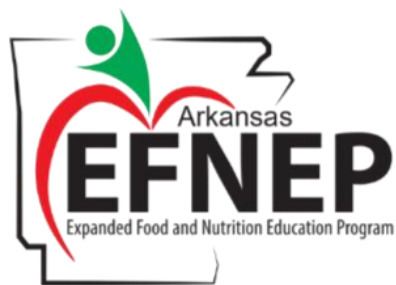


UofA
DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System



In each class you will:

- prepare & taste nutritious foods**
- learn simple, fun physical activity**
- learn about nutrition**
- receive kitchen tools**
- learn how to get more for your money on groceries**
- receive recipes**

For more information, please contact:

A photograph of three fish tacos on a wooden plate. The tacos are filled with fried fish, mango, red onions, green onions, and tomatoes. The text "Cooking & Nutrition Classes" is overlaid in a red, cursive font across the middle of the image.

Cooking & Nutrition Classes