

EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM

2020 Impacts in the Natural State ARKANSAS

TOTAL REACH



94%
OF ADULT
PARTICIPANTS
ATE MORE
FRUITS & VEGETABLES

9,990

ADULTS, YOUTH, & FAMILIES

997 ADULT GRADUATES 3,160 YOUTH GRADUATES



IMPROVED FOOD SAFETY PRACTICES



55%
YOUTH



55%
YOUTH
IMPROVED
PHYSICAL ACTIVITY
PRACTICES
73%
ADULTS

82% & 89%
YOUTH ADULTS
ADOPTED HEALTHIER
NUTRITION PRACTICES

\$ 17,850.78

TOTAL REPORTED SAVINGS



\$ 41.70

MONTHLY SAVINGS
PER FAMILY

79%
OF ADULTS IMPROVED FOOD RESOURCE MANAGEMENT PRACTICES

44%
OF ADULTS IMPROVED FOOD SECURITY

...What our Participants are Saying/Achieving...

Participants indicated that they now plan meals, make shopping lists, comparison shop, and prepare more healthy meals for their families while focusing on healthy choices.



United States
Department of
Agriculture

National Institute
of Food
and Agriculture