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United States Department of Agriculture, University of Arkansas, and County Governments Cooperating

## **Planning Ahead**

Location:		Date:
Gender (Circle one.)	male	female
Race (Circle one.)	Black	American Indian or Alaskan Native
	White	Asian or Pacific Islander
	Hispanic/Latino	Multi-Racial

Please circle one rating for both before and after the meeting.

	Before Meeting				After Meeting			
My	Didn't	Knew a	Knew the	Knew All About	Don't	Know a	Know the	Know All About
Understanding	Know	Little	Basics	This	Know	Little	Basics	This
Planning ahead for a health crisis	1	2	3	4	1	2	3	4
Advance directives	1	2	3	4	1	2	3	4
Power of attorney	1	2	3	4	1	2	3	4

During the course of this meeting, we talked about a variety of ways you can plan ahead for a health crisis. Which of the following do you expect to do?

Please check one answer for each.

Advance Planning Skill	Currently Doing This	Expect to Make This Change	Don't Intend to Do This
Plan ahead for a health crisis.			
Create a power of attorney for health care.			
Create a living will.			
Complete net worth and/or financial inventory.			
Designate someone to handle finances.			
Discuss plans with family and/or friends.			

Have you cha	nged	your	attitude about planning ahead in any way as a result of this meeting?	
(Circle one.)	Yes	No	If yes, please specify:	
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