

ARKANSAS  
EXTENSION  
HOMEMAKERS  
COUNCIL



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Newsletter Editor  
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[Next news deadline  
July 15, 2022](#)



# AEHC Newsletter

June 2022

Volume 32

## President's Message



My time as your President is ending in a few days and that makes me a sad. Debbie Thompson our incoming president for the next two years, will do a wonderful job for our organization.

As you know, AEHC is the largest and BEST volunteer organization in the state. I am so proud of all the things that we have accomplished during my term as your president. Especially since the Covid 19 Pandemic was rolling full steam ahead on the world in March of 2020. We had to have a “very” small state meeting that year so we could install our officers. We have since pivoted and are trying to get back, bit by bit, to a more normal way of life.

All of you EHC members stepped up! At first by making masks for our individual communities, then “THE FOOD”. Thanks to Roberta Shankle for remaining on as our Food Insecurity Chairman for a total of 4 years! AEHC has donated over a million meals for Arkansans. We have decided to end this program on July 1<sup>st</sup>, 2022. But if you have been donating to a local food pantry, and have it in your heart to continue, PLEASE keep it up. Finally, the Membership Dues Increase, I am so grateful to you all for passing this. So, THANK YOU ALL!

Thank you to the Executive Officers and the Planning Committee. Thank you to Kaye Green as Parliamentarian and Karen Bell Fox as our Immediate Past President. Thank you to the District Directors and the Associate District Directors. Thank you to Roberta Shankle, and Marilyn Spence, membership chairman. Thank you to Dr. Laura Hendrix, Tristin Bolton, Nancy Hightower, and Melody Curtis for all the help and guidance you have given me over the past two years.

Lastly, THANK YOU all for giving me the opportunity to be your AEHC President 2020 – 2022!

*Blessings to each of you!*

*Cheryl Stewart, AEHC President*

### AEHC EXECUTIVE COMMITTEE

<p>President Debbie Thompson 479-234-6419 <i>dthomp9.dt@gmail.com</i> July 1, 2022-June 30, 2024</p>	<p>President Elect Deb Teague 870-637-2191 <i>debjteague@yahoo.com</i> July 1, 2022-June 30, 2024</p>	<p>Vice President Karla Wadley 870-623-1434 <i>karlawadley@sbcglobal.net</i> July 1, 2022-June 30, 2024</p>	
<p>Secretary Darlene Holliday 479-459-3011 <i>darleneholliday95@yahoo.com</i> July 1, 2022-June 30, 2024</p>	<p>Treasurer Carolyn Morris 479-495-1133 <i>camorris@arkwest.com</i> July 1, 2022-June 30, 2024</p>	<p>Immediate Past President Cheryl Stewart 479-461-7381 <i>c.d.stewart4848@att.net</i> July 1, 2022-June 30, 2024</p>	<p>Parliamentarian Name coming soon!</p>
<p>Delta District Director Dot Dunn Hart 859-351-1340 <i>dotleedunn@aol.com</i> July 1, 2021-June30, 2023</p>	<p>Ouachita District Director Aleese Nichols 501-840-1110 <i>aleese51@gmail.com</i> July 1, 2021-June30, 2023</p>	<p>Ozark District Director Darla Watts 479-223.9209 <i>wattsdarla@hotmail.com</i> July 1, 2021-June30, 2023</p>	

### Special Projects Chairmen

<p>Membership Marilyn Spence 479-806-2622 <i>marilynspence1847@yahoo.com</i></p>	<p>EIN &amp; Ozark Retreat Bingo/Raffle/Special Events Karen Bell Fox 870-692-4097 <i>karenbellfoxaehc@yahoo.com</i></p>	<p>Product Sales/Newsletter Kaye Green 870-692-5695 <i>kayegreen@yahoo.com</i></p>
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### State Extension

<p>Associate Professor Personal Finance Consumer Economics AEHC Advisor Dr. Laura Hendrix 501-671-2170 <i>lhendrix@uada.edu</i></p>	<p>Program Technician Nancy Hightower 501-671-2305 <i>nhightower@uada.edu</i></p>	<p>AEHC Administrative Specialist Melody Curtis 501-671-2012 <i>mcurtis@uada.edu</i></p>	<p>FCS Agent Advisor Bridgett Shenoa Martin 479-394-6018 <i>bmartin@uada.edu</i> July 1, 2022-June 30, 2024</p>
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Sign up for EHC text notifications! Text "ehc" to 866-527-0027.

Stay connected with EHC. See the latest news. Join our email group. You will receive the statewide news-letter, meeting announcements, & the latest updates. Go to [www.uaex.uada.edu/ehc](http://www.uaex.uada.edu/ehc) and click on the red button that shows "Sign up for E-news". We look forward to connecting with you soon.

[www.uaex.uada.edu/life skills & wellness/extension homemakers](http://www.uaex.uada.edu/life_skills_wellness_extension_homemakers) <https://www.facebook.com/uaex.arkansasextensionhomemakers> <https://www.uaex.uada.edu/life-skills-wellness/extension-homemakers/extension-homemakers-blog/>

## INFORMATION

### FOOD INSECURITY

What an amazing job this organization is doing fighting food Insecurity in Arkansas.

It is with extreme pride and pleasure to share these numbers with all member!

As of June 1, 2022, with less than half of the counties and less than 20% of clubs reporting a total of 2,060,302 meals have been provided to those in need.

We still have until June 30 to provide meals and send your report to me. I believe you will all step up in these next few days and have our Food Insecurity Project close with a big BANG!

Roberta Shankle  
Food Insecurity Project, Chairman



### DID YOU KNOW

#### 4-H House Info

August 30, 1954                      \$11,844.40 was owed.

December 1, 1955                      \$639.82 was owed.

August 21, 1956 it was announced the last mortgage would be burned.

(This information was taken from old minutes)

#### Arkansas Trivia

- Arkansas has the only active diamond mine in the United States.
- Since the 1830s the area now known as [Hot Springs National Park](#) has bathed notables as diverse as Franklin D. Roosevelt, Babe Ruth, and Al Capone. The park is entirely surrounded by the city of Hot Springs.

(This information is taken from Google Search)

## MEMBERSHIP MATTERS

Marilyn Spence

Hello, from the desk of Marilyn Spence your state Membership Chair.

In the newsletter last month I talked about the class for membership chairs in each club and county.

I shared a few of the ideas that each of you can use as you are inviting folks to a meeting. Your membership chairs should have these so get in touch with them.

One is something that is quite corny such as giving them a small jar of jam and have a sign on it that reads "Come and Jam with us and add the time place etc. Or a jar of grape jelly with a label on it that says "We have a "GRAPE" time at our meetings" and add information. Or my favorite "We have a peach of a good time" at our meetings.

Also if you are inviting you could have a packet of flower

seed and say "Come Grow With Us"

If you do serve a meal at the meeting there is a card that you could give out that says "Free meal ticket"

This could just be a start for you to put on your creative hats and come up with some really great things to get the attention of those that you want to invite.

Just remember it is so important that we get out and ASK!

Try one of these and let me know if any of them worked for you!

*Have a blessed day!*

*Marilyn Spence*

*AEHC Membership Chairman*

# INFORMATION



## BEE-CAUSE POLLINATORS FEED THE WORLD

2022-2024

### AEHC & NVON

(Arkansas Extension Homemakers Council)  
(National Volunteer Outreach Network)

### PROJECT IN COMMON

Please email me about the activities or programs you have held on Pollinating. Even if you helped another group or your extension agent. [karenbellfoxaehc@yahoo.com](mailto:karenbellfoxaehc@yahoo.com) or call 870-692-4097. Spread the word about this wonderful project!



Pollinator Week is an annual celebration in support of pollinator health that was initiated and is managed by Pollinator Partnership. It is a time to raise awareness for pollinators and spread the word about what we can

do to protect them. The great thing about Pollinator Week is that you can celebrate and get involved any way you like! Popular events include planting for pollinators, hosting

garden tours, participating in online bee and butterfly ID workshops, and so much more.

#### Partial List of Plants Pollinated by Bees

- Apples, Plums, Peaches, Nectarines, Pomegranates, Cherries, Cantaloupe, Pears, Strawberries, Lemons and Figs.
- Okra, Onions, Lima Beans, Green Beans, Celery, Cucumbers and Carrots.

For more information contact

**Karen Bell Fox, NVON Vice President**  
[karenbellfoxaehc@yahoo.com](mailto:karenbellfoxaehc@yahoo.com)  
870-692-4097 cell or 870-325-7238 home



#### OUTGOING OFFICERS

- Karen Bell Fox
- Kaye Green
- Deb Teague
- Cheryl Stewart
- Debbie Thompson
- Carolyn Morris



Table Decorations used for 2022 State Meeting door prizes

### CAN YOU FIND IT????



Find the (Hummingbird) hidden in this newsletter and contact **Debbie Thompson by email** ([dthomp9.dt@gmail.com](mailto:dthomp9.dt@gmail.com)) to let her know your name, county, address and where you found it. (page, place etc.) Your name will be put in a drawing to receive a \$25.00 cash award. There will be only one entry per person. Debbie will notify you if your name was drawn. The cutoff date is July 10. Good luck.!!!

The May and June winner will be announced in the July issue.