



**EXTENSION
HOMEMAKERS
COUNCIL**

**A COOPERATIVE
EXTENSION SERVICE
PROGRAM**

Cheryl Stewart
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Marilyn Spence
Crawford County
Membership

U of A AEHC Advisor
Dr. Laura Hendrix

Agent Advisor
Triston Bolton
Crawford County

AEHC Newsletter



ANNOUNCEMENTS

Extension District Director for the Ouachita District, **Beth Phelps**, has announced her retirement . Beth has had this position with the U of A Division of Agriculture since March 1, 2014 and she will be greatly missed. Her replacement will be Carla Due who comes to the District Director position from Miller County where she served as FCS Agent and Staff Chair.

Starting May 1st, **Dr. Laura Hendrix** will have a new, temporary role with Extension. Dr. Laura will be the interim Associate Department Head for FCS. She will act in the role which Dr. Debbi Head occupied before her retirement. Dr. Laura will continue to serve as the state specialist for personal finance **and the Advisor for AEHC**. If you need assistance with anything related to AEHC, you may still feel free to contact Dr. Laura, Rachael Price or Melody Curtis.

Our State Project of Food Insecurity will occupy a good portion of our program at our Spring Educational Workshop. Our Chairman for this project, **Roberta Shankle**, will be featured and she has many things to tell you. She would like everyone attending to help out by **bringing canned goods** to the meeting to donate to the Food Bank for our project. There will be a representative present at the meeting to pick up the canned food and other non-perishable items for the Food Bank. Thanks so much for your help.

CAN YOU FIND IT????

We're trying something new. Easter is on the way and the Easter Bunny left an egg for you to find. Be in the first 10 to find the egg hidden in the newsletter and contact Cheryl Stewart by email (c.d.stewart4848@att.net) letting her know where it is. If you are in this first 10, your name will be put in the hat for the drawing that will take place at the Spring Education Workshop. Winner will win a free registration fee for the Spring Education Workshop (\$25 cash prize since you will have already paid it.). There will be one entry per person and cutoff date will be April 15. Good luck.

Upcoming 2021 Events

**Spring Education Conference
April 21, 2021**

Wyndham Riverfront, LR

**AEHC State Meeting
June 7-10, 2021**

Facility not yet decided

2021 DISTRICT RALLIES

OZARK DISTRICT

October 19, 2021

U of A, Morrilton, AR

DELTA DISTRICT

October 21, 2021

Facility Undecided

OUACHITA DISTRICT

October 26, 2021

Facility Undecided

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Extension Homemakers Volunteer During Pandemic

by Mary Ann Kizer, Jefferson County Family & Consumer Sciences Agent -
February 16, 2021

With the record number of COVID-19 cases, Extension in Jefferson County has gone back to pre-summer guidelines for crucial in-person meetings of 10 people or less. The pandemic has not stopped the Extension Homemakers throughout Arkansas from performing much needed community service projects.

Jefferson County Extension Homemakers volunteers are truly angels for many reasons. Their volunteer efforts cover a myriad of projects. Their volunteer hours provide over \$4 million in community service projects for Jefferson County. EHC members are sharing their time, talents, and financial resources to help those in need.

For the past several years, EHC members have met with the County Judge to present him an enlarged mock check for the value of their community service. The County Judge always remembers the EHC members because they deliver over 60 dozen cookies to police and fire departments, EMT's, news media – including newspaper and radio, Mayor's offices, and the County Judge's office in appreciation for their service.

Jefferson County Extension Homemakers sponsor a few fund raising events each year. One is the annual Pecan & Peanut Sale. They have a mailing list of over 600 who faithfully order pecans, raw peanuts, and chocolate covered peanuts. We advertise on Facebook, radio, and in the newspaper. One gentleman drove from Conway to purchase 60 pounds of shelled, mammoth pecan halves.

With COVID-19 precautions in place, 2020 was the first time in 36 years that the annual holiday foods show (limited to 200 tickets) was not held. The Extension Homemakers still published and sold 300 copies of their annual Holiday Foods Cookbook.

The County Council chooses one project a year to donate \$500 - \$1,000. For the past few years, the project has been the Home Economics buildings at the Southeast Arkansas District Fairgrounds in Pine Bluff. New "chicken house" fans were purchased to cool the buildings.

County Council donates \$500 per year for FCS programs without a sponsor, such as Brain Health for Area Agency on Aging. The EHC County Council annually donates another \$500 for EHC Leader Training supplies.

With all these activities, it is exciting to serve as a volunteer in Jefferson County Extension Homemakers and I am blessed to be the Advisor for this group. I love them and the difference they are making in so many lives. I hope that this column will give you some ideas for your county EHC members. If you have any questions, follow me on Facebook @UAEXJeffersonCoFCSMaryAnnKizer, Instagram at mkizer@uada.edu, Twitter at MaryKizer, email mkizer@uada.edu or call the County Office at (870) 534-1033.



Please note that our Domain has changed to www.uada.edu
<https://www.facebook.com/uada.arkansasextensionhomemakers>

www.uada.edu/health-living/extension-homemakers/extension-homemakers

PLANS FOR SPRING EDUCATIONAL WORKSHOP

“Breathe Life Into Arkansas “

Our Spring Educational Workshop for this year has been approved by the University of Arkansas. The date will be April 21st and will take place at the Wyndham Riverfront Little Rock, Arkansas. Here is a copy of the website announcement. Use the registration form on the website to register right away, the registration deadline is April 9th. Make your own reservations at the hotel and send your \$25 reservation fee to our Treasurer, Carolyn Morris, P. O. Box 275 Danville, AR 72833.

Who: Arkansas Extension Homemakers Council

What: 2021 AEHC Spring Education Workshop

When: Wednesday, April 21, 2021

Where: Wyndham Riverfront Little Rock
Riverfront Place
North Little Rock, AR 72114
501-371-9000 or 1-866-657-4458

Registration: \$25 includes lunch (Send registration fee to Carolyn Morris, Treasurer (individually or county group)
Registration 8:30 a.m. -- 9:15 a.m.

Program: 9:30 a.m. to 2:30 p.m., approximately

Deadline: **April 9.** Late fee of \$10 after April 9, registration closes end of day April 15.

Lodging: **Book your own lodging. Room rate is \$84, plus tax, for two people, breakfast included.**

What to Bring: Starting April 1, collect non-perishable goods and bring with you on the 21st. A representative from the Food Bank will be at the meeting to collect our donations.
Also, bring two silent auction gifts per county valued at least \$15 each.
And, per county, bring a \$10 to \$15 gift card to be used for door prizes.

A great program has been planned for your enjoyment. Come and enjoy a fun-filled day of fellowship and learning. Details of the actual program will be published later.

*Arkansas Department of Health guidelines and University of Arkansas System Department of Agriculture Cooperative Extension Service guidelines, in place at that time, will be followed.

MEMBER OF THE MONTH—MARILYN SPENCE, CRAWFORD COUNTY

I have been in EHC for 28 years and I have held the positions of President of my local Bond Special club, President of Crawford County EHC Council 3 times, and Vice President and Secretary several times. I was also District Director way back when we had 4 districts. My district was the Northwest District and I loved that job! But when Kaye Green became State President she asked me to become the Membership Chairman of the state. I was so honored and thrilled to do this job as it was my passion. I have been in this position since then and it has been my greatest pleasure to meet so many fine ladies and gentlemen across the state to learn what they are doing and how they get new members. I have enjoyed sharing ideas with them all and I am so proud to be your State Membership Chair.



PRESIDENT'S MESSAGE

Having lived in Crawford County all my life, it is a great honor and pleasure to travel and meet with our EH members.

EHC has been a part of my life for 46 educational years. I have learned so much through EHC and as a result, I have been able to share some of that knowledge through teaching classes in my community. Also, with the help of a few of my club members, I am able to teach a sewing class each summer to our county 4-H members.

We are going to try something completely different this year with our Spring Educational Meeting. We are going to have it at the Wyndham Hotel in Little Rock instead of the 4-H Center. So, mark your calendar for APRIL 21st . More information on this will be announced later.

I would like to continue the food insecurity program with Roberta Shankle continuing to chair, through June of 2022. This Covid-19 situation has left a lot of people in need. Roberta has requested that beginning April 1st and ending April 20th that our members collect canned foods or nonperishables. We can bring them to the Spring Educational meeting on April 21st , and the Food Bank can pick them up from there!

Also, as a statewide project, I would like to maintain and communicate with our members, by reconnecting with them. We ALL can do this by texting them, making calls one on one, starting a phone tree, emailing them, or even having a meeting if you can socially distance and keep it to 10 people or less!

If any of you feel you need to contact me, I will be happy to try to answer any of your questions or concerns. My email address is c.d.stewart4848@att.net and my phone number is 479-461-7381.

Thank you and please stay safe.

Cheryl



Cheryl Stewart



**DIVISION OF AGRICULTURE
RESEARCH & EXTENSION**

University of Arkansas System



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