



**EXTENSION
HOMEMAKERS
COUNCIL**

**A COOPERATIVE
EXTENSION SERVICE
PROGRAM**

Karen Bell Fox
Cleveland County
AEHC President

Cheryl Stewart
Crawford County
AEHC President Elect

Debbie Thompson
Polk County
AEHC Vice President

Ruth Hall
Yell County
AEHC Secretary

Carolyn Morris
Yell County
AEHC Treasurer

Johnette Johnson
Montgomery County
AEHC Past President

Bernadette Friegy
Sharp County
Parliamentarian

Marilyn Spence
Crawford County
Membership

U of A AEHC Advisor
Dr. Laura Hendrix

Agent Advisor
Diane Clement, Cleveland C.

AEHC Newsletter

• **ANNOUNCEMENTS**

- Registration forms are now online for our **Spring Educational Conference** in **Ferndale**. Date is **March 11, 2020**. See more details on Page 3.
- The date to submit applications for scholarships and mini-grants is **March 1st** Send to Melody Curtis, 2301 S. University Ave., Little Rock, AR 72204.
- **April 25th** is the date for our statewide **Food Drive Day**. Theme is **“Packing It Up for the Summer.”** We’re hoping each county will plan something special for this day. Some suggestions for publicity are publicity newspaper, newsletter, Facebook, fliers, etc. You could also make a Project Book about your Food Drive Project. You could set up at grocery store and collect dimes in the water bottles. Coordinate your non-perishable food and cash. Deposit cash into your account and mail check made out to AEHC and mail to Roberta Shankle, designating what Homeless Shelter, Women’s Shelter or Food Bank facility you want it to go to. Call Roberta Shankle if you need help. Phone and email : roberta.shankle49@gmail.com or 870-243-8108.
- Remember that Project Books are due on **October 31st**.

MEMBER OF THE MONTH

CHERYL STEWART, PRESIDENT ELECT



As a young mother I joined EHC in 1975 and attended my mother’s club for the next 5 years I then formed a Young Homemakers Club. That club eventually had to disband because most of us went to work. I was a Member At Large for a few years. Now I belong to the River Belles EH Club and have not missed a meeting since 1995! I am looking forward to being a FIFTY YEAR EHC MEMBER in 2025!

On the local level I have served as a county officer in several positions. I have also served as Northwest Young Homemaker Chairman and District Safety & Emergency Preparedness Chairman. On the State Board I have served as Ozark Associate District Director, Ozark District Director, State Vice President, State President Elect, and after June I will become State AEHC President.

I married my high school sweetheart. We had two children and I have two grandchildren. He died in 1995, after 24 years of marriage. I worked in an apparel shop as a seamstress for 26 years. I was born with a “polio like” disability which leads me to feel fatigued a lot and my parents were told that I would never walk. Don’t tell me I can’t do something!

Upcoming Events

2020

Check website periodically for information regarding registrations for all meetings.

www.uaex.edu/ehc

Spring Educational Conference

FERNDALE 4-H CENTER

Ferndale, Arkansas

MARCH 11, 2020

2020 Annual State Meeting

Hot Springs Convention Ctr

June 2-4, 2020

Prepare now to send in the names for your Milestone Award members and your county memorials.

State Officer elections. Check web site for qualifications. Also prepare your county talent act for Talent Night.

2020 DISTRICT MEETINGS

OZARK— Oct. 19

DELTA—Oct. 22

OUACHITA—Oct. 26

Newsletter Editor

Johnette Johnson

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AEHC PROJECT OF THE MONTH

Newton County Quilter's Make Donation

Members of the Newton County EHC Quilter's Club recently took 33 baby quilts to the Children's Hospital in Springdale. The project chair, Karen Durham along with Club President Laura Dobbs and Secretary Rose Szabrowicz, made the trip to Springdale just before the holidays so that the quilts would be available during the Christmas Season. The quilts were presented to Erica Phillips, Executive Director of Volunteer Engagement for Arkansas Children's Hospital. The group made the donation in memory of Carol Leak, past president and founder of the club. Pictured L to R: Karen Durham, Laura Dobbs, Glenda Ogden, Rose Szabrowicz, Janice Sloan and Judy Wilt.



AEHC PROJECT OF THE MONTH

JEFFERSON COUNTY GIVES BLANKETS TO UAMS



Jas a Christmas Project, oAnn Carr and Marnette Reed, on behalf of Willing Workers of White Hall EH Club, delivered blankets for UAMS. The blanket project was in answer to a request for blankets by UAMS.

Laura Hendrix, U of A Advisor for AEHC, is shown in picture (middle) accepting blankets on behalf of UAMS.

Thank you Jefferson County, White Hall Willing Workers and several other EH Clubs across the state for responding to this request. We can always count on our members.

MARCH 11TH SPRING EDUCATIONAL CONFERENCE,

4 H Conference Center Ferndale, AR

“Working Together Today for a Better Tomorrow.”

- ◆ On-line registration is available and your county can start registrations at any time.
- ◆ Registration fee is \$26 per person (includes lunch) Deadline is February 28th.
- ◆ Prices available for members who come on Tuesday night
- ◆ On site check in and registration is from 8:00 AM to 9:15 AM Wednesday



***Meeting to begin 9:30 in the auditorium. Presidents **will not** be asked to sit in front and there will be no roll call

***Breakout session classes will start at 10 AM 1) Leader Training Programs 2) State Wide Food Insecurity, 3) Ways to Increase Membership, 4) Learn how to Market yourself and EHC 5) Forms and Reports for EHC Secretaries, 6) Forms and Reports for EHC Treasurers, (to include EIN) 7) Actual Officer Duties for Vice Presidents, Presidents and Past Presidents. 8) Mastering the AEHC Website These will be repeated so members of your club/council make plans to attend whichever is needed or wanted the most

Presidents of the Councils will have special seating during lunch.

- ◆ 1:00 PM with a speaker “Every Arkansan Counts”. Also a presentation by Extension Agents on helping EHC Councils and Clubs by newsletters and blogs. And a special treat by our District and Associate Directors.
- ◆ Adjourn on or before 2:30 PM

We hope to see a large group from each county attending this workshop. See you **there**.



PRESIDENT'S MESSAGE

During the past two months I have had a lot of time to reflect on the membership of Arkansas Extension Homemakers Council. In doing so I have found quite a few notable quotes that describe our organization.

The following are some of the best:



Karen Bell Fox

- ◆ *“Without ambition one starts nothing, without work one finishes nothing. The prize will not be sent to you. You have to win it.” Ralph Waldo Emerson*
- ◆ *“Whatever the mind can conceive and believe it can achieve.” Napoleon Hill*
- ◆ *“The strongest people find the courage and caring to help others, even if they are going through their own storm. You are unique. You have different talents and abilities. You don’t have to always follow in the footsteps of others. And most important, you should always remind yourself that you don’t have to do what everyone else is doing and have a responsibility to develop the talents you have been given.” Roy T. Bennett*

Since 1912, when our organization was founded, the above principles have applied. I hope in the year 2020 our membership can continue to grow, become strengthened and most of all continue in the beliefs that our founders shared with us and we continue to share with others.

As always, our AEHC members continue to amaze me in the number of hours spent in leadership, education and community service.

Thanks to each of you.

A handwritten signature in cursive script that reads "Karen".

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