

**U of A**  
 DIVISION OF AGRICULTURE  
 RESEARCH & EXTENSION  
 University of Arkansas System



**EXTENSION  
 HOMEMAKERS  
 COUNCIL**

**A COOPERATIVE  
 EXTENSION SERVICE  
 PROGRAM**

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 Cleveland County  
 AEHC President

**Cheryl Stewart**  
 Crawford County  
 AEHC President Elect

**Debbie Thompson**  
 Polk County  
 AEHC Vice President

**Ruth Hall**  
 Yell County  
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**Carolyn Morris**  
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 AEHC Past President

**Bernadette Friegy**  
 Sharp County  
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**Marilyn Spence**  
 Crawford County  
 Membership

**U of A AEHC Advisor**  
 Dr. Laura Hendrix

**Agent Advisor**  
 Diane Clement, Cleveland C.

# AEHC Newsletter

## ANNOUNCEMENTS

- 2019 AEHC Meeting, Hot Springs, AR - Registration forms for State Meeting should be on the website shortly. At our last State Meeting Planning Committee Meeting, President Elect, Cheryl Stewart (chairman) announced a few of the arrangements. The theme for this year will be "Better Together." Table arrangements to be brought by each county will be an arrangement of any kind in these three colors: red, white and black, only. The container can be any kind but must also be in the three colors listed plus clear glass. The arrangement should be no more than 15" high. Our Cultural Arts project will be an item which is a Lost Art. This can be an item made in the past which is hand sewn or decorated with fancy hand stitching. Do you have a collection of old games such as Jacks, pick up sticks, jump ropes, etc.? If not, maybe you have pictures of someone participating in these things or pictures of members at old Home Demonstration club meetings doing things from a past generation or old letters. You could make a collage. There must be a card submitted with the craft item explaining and telling the story of the item submitted. Other information will be announced in the registration forms and at the Ferndale Education Conference. We hope to see everyone in Hot Springs at state meeting.
- Rachael Price has information on two new projects requested by Arkansas Children's Hospital. If your county or club is interested in helping with these projects, please call Rachael at the Little Rock Office at 501-671-2207.
- New District Directors will be elected at State Meeting this year. Nomination forms and nominee consent form must be in by May 15. These forms can be found on the Extension Homemakers Website or call Melody Curtis (501-671-2012) or call your District Director. If you have ever considered being on the State Board, now is your chance to help your EHC. Get your nomination forms in now. More info next month.
- Dr. Lynn Russell and Betty F. Oliver Memorial Scholarship applications and mini-grant applications are due March 1. These go to Melody at the LR Office. Please inform anyone you know who might be interested.
- All craft items donated to help with our NVON Meeting in July will be on sale at the Ferndale Conference & at State Meeting. All items will be sold. Tickets for the Quilt Drawing will be sold at Ferndale and State Meeting. The drawing will be at the NVON Meeting.

***Upcoming  
Events  
2019***

Check website periodically for information regarding registrations for all meetings.

**Spring Educational Conference**

FERNDALE 4-H CENTER

Ferndale, Arkansas

MARCH 6, 2019

**Registration Deadline Feb. 22**

**AEHC STATE MEETING**

CONVENTION CENTER.

HOT SPRINGS, AR

JUNE 4,5,6, 2019

**2019 NVON CONFERENCE**

HOLIDAY INN

SPRINGDALE, AR

JULY 22-25, 2019

**2019 DISTRICT MEETINGS**

**OZARK— Oct. 22**

**DELTA—Oct. 24**

**OUACHITA—Oct. 29**

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**SPRING EDUCATIONAL CONFERENCE, FERNDAL, 4-H CENTER**

**Learn, Laugh, and Live Well , MARCH 6, 2019**

We hope everyone is planning to be at the Spring Conference in Ferndale. Plans are being made for a great time at the conference. Make reservations on line and send money to the Little Rock Office, Attention Rachael Price.

**Registration Fee—\$25.00 (INCLUDES LUNCH FOR MARCH 6)**

**Registration fees are due February 25nd (\$10.00 late fee)**

**Other charges if arriving on Tuesday, Mar. 5th:**

**Mar. 5th: Lunch—\$9.50, Dinner—\$11.00, Breakfast 6th—\$7.50**

**If you are planning to spend the night Tuesday, March 5th, prices for lodging for each person are:**

**1 person in a room - \$66.25 EACH**

**2 people in a room—\$50.00 EACH**

**3 people in a room—\$43.25 EACH**

**We'll see you there.**

**NVON CONFERENCE, SPRINGDALE, ARKANSAS**

**July 22-25, 2019**

If you are interested in attending the NVON Conference in Springdale in July here are a few notes to get you started. Registration forms are on the Extension Homemakers website now. All meals are included in the registration cost. You will need to make hotel reservations as soon as you can, our room block will last until June 23rd. Rooms will all be \$135.36 total cost per night (\$119.00 + tax per night for up to 4 people in the room). You will need to pick out the tours you want and the craft classes as soon as you can as numbers will be limited. You will be able to see first hand how our National Conference is conducted and meet the officers. You won't regret it. The speakers and classes will be great and wonderful tours are planned. We will need some helpers at the meeting and you might want to volunteer. For information on registration, check the website or contact the Little Rock office (Melody Curtis, Rachael Price) or contact Mary Fisher, Chairman at [mfisher@arkwest.com](mailto:mfisher@arkwest.com)

## Featured AEHC Member for February

### Janie Woods, Garland County, Craft Show Co-chairman



When I married, I moved to Hot Springs (Garland County) and I taught junior/senior high mathematics for five years until our daughter was born. In October 1978 a friend invited me to visit Lakeside Extension Homemakers Club and I joined! I am so proud to have been part of this organization where I can learn and teach, help others, and have friends I call "sisters." Currently I edit the quarterly newsletter for Garland County EHC and am president of my club. I became one of Peggy Barnett's helpers with the AEHC craft show when the State Meeting was moved to Hot Springs over twenty years ago, and she was appointed to the State Meeting planning committee. In 2000 I became her "administrative assistant/treasurer" and six years ago was made an official member of the State Meeting planning committee. I have really enjoyed working with Peggy as Chairmen of the Craft Show affiliated with the State Meeting to provide an enjoyable shopping experience for the members attending..



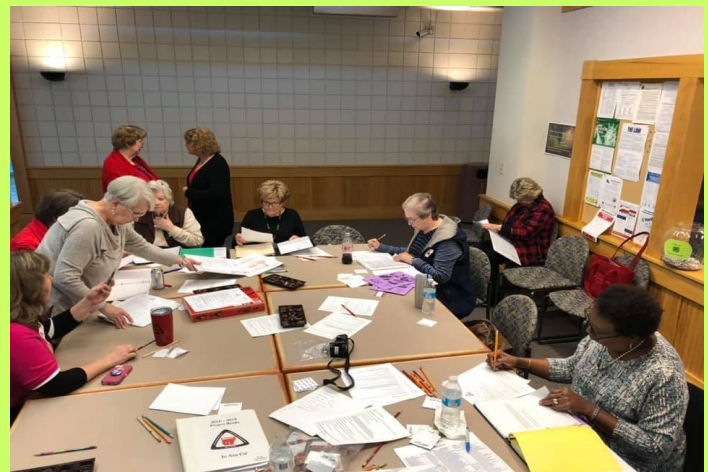
### Montgomery County Reports on Homeless Count Project

**Point in Time Homeless Count** is held the third or fourth Tuesday of January each year nation wide. Montgomery Co. EHC has been involved in this for the last three years. Food and other items are provided for homeless people so a count can be made of the county's homeless. Soup and corn bread was provided along with a snack bag and toiletry bag. They were also given blankets, socks, towels and sheets if needed. The clubs who helped out by making soup or corn bread this year were Joplin, Oden and Yarn Workers. EHC members also served lunch. Other organizations involved were the Homeless Coalition, Bonnie Carr from the Health Dept, Sara Fowler from United Way, Retha Curtis from the Storey Church of God, Oden Baptist Church, Barr Memorial Presbyterian of Norman, and Ouachita Village

which was represented by Pat Smith and Brenda Forga.

### 2019 Project Book Judging

We thought you might like to see a picture of some of your state board members at work. Some members of the board met in a different room during the Executive and Planning Committee meetings on January 15 to judge the project books for 2018. Chairmen of the project, shown in the picture, are Jo Ann Carr (standing on the left side of the picture wearing grey) and Marnett Reed (wearing a black jacket seated at the back right hand corner of the table.) Thanks to the Chairmen who did such a good job, and to all members who participated, for their hard work.



The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.

## ***PRESIDENT'S MESSAGE***

When I was trying to think of something “important” for the newsletter I started thinking about the executive officers, educational committee, planning committee and special committee members and what all they do for our state-wide program.

Our state team has had to deal with health issues, deaths in immediate family and other personal issues but they all seem to come out of each problem or situation a stronger AEHC member and more dedicated to the organization.



Karen Bell Fox

Each year AEHC has different needs and I am amazed at how each individual in the above groups goes above and beyond the scope of their job responsibility. As I have said before we are a full circle organization from member to club to council to district to state and back to member.

SO, Thank You to all of our state team members.

In other news, the 4-H Foundation Board officially recognized and thanked our organization for the continued financial support and for the AEHC volunteers throughout the state. I was humbled by the praise and honored to represent AEHC. I just want to remind all of our AEHC members that 4-H members are our future.

Our District Directors are busy working with the planning of the State Meeting in June, but they are also working to have Tri-County meetings in their district. There are some Councils that already do this. It was thought to be a great idea to bring members together and communicate more. Our 2019 State Meeting theme is “Better Together” so let’s make it happen.

There is a trend for clubs “old and new” to have meetings at night, or day, or on weekends. Obviously, we need to make our activities member friendly. So, if your membership is dwindling or you are not able to recruit new members look at your “we’ve always done it that way” and see if something needs to be changed.

Project books are in, judged, summaries written and members are just waiting for the wonderful awards luncheon at the state meeting where the clubs and councils will be recognized. There are so many community service and educational opportunities in our great state and I think our AEHC members have done them all. Congratulations for a job well done.

In the near future there are three great opportunities for AEHC members to attend. March 6th, Educational Conference, Ferndale, June 4-6th State Meeting in Hot Springs and July 23-25th, Springdale, National Volunteer Outreach Network Conference hosted by AEHC.

Looking forward to seeing each one of you again. Till next time, Karen

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