April 2019 Volume 10





EXTENSION HOMEMAKERS COUNCIL

A COOPERATIVE
EXTENSION SERVICE
PROGRAM

Karen Bell Fox Cleveland County AEHC President

Cheryl Stewart
Crawford County
AEHC President Elect

Debbie Thompson Polk County AEHC Vice President

> Ruth Hall Yell County AEHC Secretary

> Carolyn Morris
> Yell County
> AEHC Treasurer

Johnette Johnson Montgomery County AEHC Past President

Bernadette Friegy Sharp County Parliamentarian

Marilyn Spence Crawford County Membership

U of A AEHC Advisor Dr. Laura Hendrix

Agent Advisor

Diane Clement, Cleveland C.

AEHC Newsletter

"BETTER TOGETHER" 2019 AEHC STATE MEETING, HOT SPRINGS, AR June 4, 5, 6, 2019

Registration forms Online are ready for Registration.

Registration Deadline is May 17th

Don't forget that Tuesday is Red T-Shirt Day.

<u>Don't forget</u> to sign up for tours and craft classes when you send in your registration and don't forget that there will be two early bird classes this year that you may chose from. Send your money for these to Melody Curtis, Extension Office, 2301 South University, Little Rock, AR 72204.

<u>Don't forget</u> to send in your memorials both on registration online and by email along with a picture to Melody Curtis, Little Rock Extension Office, Little Rock, AR 72204.

<u>Don't forget</u> to send names of the members from your county who will receive Milestone Awards at the meeting along with your county registrations. Send number of years also.

<u>Don't forget</u> that the meeting will start on Tuesday, June 4th, at 1:00 PM. You will eat lunch somewhere else before you come and we will have dessert and drinks at the meeting. Please send in your \$10 for this part of the meeting when you send in your other registration money: \$50 registration, \$20 for lunch on Wednesday and \$10 for desserts on Tuesday. You will also send money for your craft classes and tours at this time if you are doing those.

<u>Don't forget</u> that your table decoration this year is Red, White and Black Only.

<u>Don't forget</u> to find a Lost Art item to bring from your county for the Cultural Arts Contest and to bring two items for the Silent Auction.

<u>Don't forget</u> to begin work on your Project Books for next year so you can get them in by December 2nd.

We hope to see everyone in Hot Springs.

Upcoming Events

2019

Check website periodically for information regarding registrations for all meetings.

AEHC STATE MEETING

CONVENTION CENTER.

HOT SPRINGS, AR

JUNE 4,5,6, 2019

Registration Deadline

May 17, 2019

2019 NVON CONFERENCE

HOLIDAY INN

SPRINGDALE, AR

JULY 22-25, 2019

Registration Deadline

June 17, 2019

2019 DISTRICT MEETINGS

OZARK- Oct. 22

DELTA—Oct. 24

OUACHITA—Oct. 29

Newsletter Editor

Johnette Johnson

johnettej@msn.com

Cell 501-454-9190

ANNOUNCEMENTS FOR APRIL

AEHC State Meeting Registration is online and ready.

Go to website and click on Conference and Training from the Landing page or click on one of the links below to get information and also register with Hot Springs Convention Center. Below is all the information you need to know to register including classes and tours.

General Information
Class Schedule
Descriptions of Classes
Paper Registration

Exhibitor Application for Craft & Trade Show https://hotsprings.swoogo.com/AEHC2019
Descriptions of Creative Skills Classes

Celebrating this year's achievements and going forward with "Better Together." AEHC's annual state conference meets at Hot Springs Convention Center each June. All members, whether old or new and FCS agents are invited to two and one-half days of doing things "Better Together." After reviewing the above documents you are ready to register, either online or by paper registration. Deadline, without late fee, is May 17. Deadline to get reduced lodging rates is May 3.

- NVON Registration for NVON Meeting is on line also and dead line is June 17.
- Don't forget to be working on your Project Books for this year. Deadline to have them in to the Little Rock Office is December 3rd.
- Thanks to everyone who participated in the survey we were taking at the Ferndale Meeting. We hope to be able to get an idea of what our counties are doing to help our organization and what they would like to change.

FEATURED MEMBERS FOR THE MONTH John and Elaine Stoll, Lawrence County, —Staging

Let me begin with thanking Dale & Barbara Boeh, and David & Terri Jacobs for being our mentors in Staging! Without their help the job would've been more difficult. Betty Oliver and Dr. Diane Jones also played an important roll in our 'education'. We are responsible for decorating the stage and podium, placing the flags, centerpieces and place cards for all meetings, then inventory and packing supplies to send back to stoage. Between us, John & I have 81 volunteers years in the local fire department, serve two local Methodist Churches, on the board of two cemeteries, and manage to stay busy.



In 1969 I joined Ravenden EHC in Lawrence County, where three generations attended. I have held just about every EHC office on local, county, district and state levels except for state treasurer. I was AEHC State President for the years 2006 –2008. John has been a member for 12 years, and we have made many friends over the years. We love EHC. Thanks, Elaine.

FEATURED PROJECTS BY POINSETT COUNTY

Shot Dolls and Walker Bags

Members of the Poinsett County Extension Homemakers Clubs recently completed and donated handcrafted Shot Dolls and Walker Bags to be used within Poinsett County.

The Whitehall EHC crafted 50 Shot Dolls to be used by local health care professionals. Dolls were presented to the Poinsett County Health Dept. to be used to put children at ease as they are getting shots. The children were allowed to keep the dolls. This is the second year for this worthwhile project.

The Lucky 13 EHC constructed 24 walker bags for residents of Woodbrier Nursing Home and Rehab Center. The bags are designed to hang on walkers and wheelchairs as an easy way to carry personal items while on the go.



Shown L to R: Whitehall EHC President, Jennivee Clampit, County Health Care Nurse, Belinda Stillwell and Poinsett County Council President, Ann Parker



Shown L to R: Club Secretary, Carolyn Strange, Project Chair, Margie Odom and Woodbrier Nursing Home Activity Director, Janice Tate.

A couple of other projects by Poinsett County are: One, their Christmas Stockings Project for Christmas and, two, their Turbans for Cancer Patients. Poinsett County EHC donated over 180 Christmas Stockings (handcrafted by members of the Lucky 13 and Whitehall EH Clubs) to the County DHS office to be distributed to needy families. They also donated numerous toys, stuffed animals and candies. Two, The Lucky 13 EH Club of Harrisburg also donated 60 "Chemo Turbans" to June Morris, Hope Circle Program Manager, in Jonesboro. They will, in turn, be given to cancer patients at the NEA Baptist Fowler Center for Cancer Care. June says that the patients really appreciate the soft T-shirt material as their heads are tender after hair loss. Hope Circle offers free wigs, caps, scarves, etc. to patients who lose their hair because of treatment or disease.





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PRESIDENT'S MESSAGE

As I travel throughout the state, I get to meet members who do not always get to come to the March educational meeting, District Rallies or State Meeting. One common theme throughout the state is the love and enthusiasm for our organization.

With each visit I am greeted with warmth and sometimes "surprise." Every AEHC member is proud of their club and activities and love to share this information with me.



Thank you so much to our club leaders who are taking our suggestions to heart; working with 4 H clubs (as they are our future), and starting to have meetings to accommodate our members who may not be available until night or weekends, and constantly promoting AEHC for new members and clubs.

There is a renewed energy and awareness of AEHC throughout the state. Many thanks to the clubs, counties and District Directors for making things "happen" for our organization. There are plans to have multiple county meetings in each district. We have heard you feel a "disconnect" from the state level, so hopefully, these meetings are making our communication better.

Speaking of Better!!! The theme of our state meeting coming up on June 4, 5 and 6 is "**Better Together**," and I can't think of a better place to be than together with AEHC members.

Please make plans to be at the 1 P. M. Opening Ceremony, Tuesday, June 4th Horner Hall, Hot Springs Convention Center. We have listened to your suggestions so the following are changes to the registration and meals.

Registration for the three-day event is \$50.00

Opening Ceremony which includes desserts and drinks will be \$10 (this will be when Milestone Members are recognized, Scholarships Awarded, a great key note speaker, and the presentation of the County Presidents and County Flags.)

Wednesday luncheon is \$20.00. Membership Awards will be given, Recognition of Project Books and Greetings from National Volunteer Outreach Network President.

If you plan to attend all of these (not including tours and creative skills classes) the total cost is \$80.00 per person. For more information, go to AEHC website www.uaex.edu/ehc

Hope to see you there.

Karen

www.uaex.edu/ehc

https:www.facebook.com/uaex.arkansasextensionhomemakers

Www.uaex.edu/health-living/extension-homemakers/extension-homemakers-blog/