

2017-2018 Project Book Summaries

Delta District

- Arkansas County—Arkansas County Council—Arkansas Children’s Hospital—Arkansas County Council has helped make a difference in the lives of Arkansas Children’s Hospital by donating crocheted hats. Members and guests mad approximately 100 hats. All yarn was donated.
- Arkansas County—New Providence/Turley EHC—Senior Citizens Day at the Arkansas County Fair—New Providence/Turley EHC sponsored the Senior Citizens Day activities at the Arkansas County Fair. They registered seniors for door prizes which are furnished by local businesses. They served sandwiches, homemade cookies, soft drinks, and other kinds of sweets. Members enjoyed serving the approximately 100 seniors who attended.
- Arkansas County—Prairie Gems EHC—Blankets for Kids—24 blankets were made for Dana’s House, a home for children. Members met at the Arkansas County Cooperative Extension Service office for a fun day of sewing, fellowship, and a potluck lunch.
- Craighead County—Craighead County Council—Funding Scholarships—The Craighead County Council hosted a Red Bean and Rice/White Beans and Cornbread fundraiser to provide a \$1,000 scholarship to an eligible EHC member, child, or grandchild to attend Arkansas State University in Jonesboro. In addition, 2 \$500 scholarships were available for 2 non-traditional practical nursing students.
- Craighead County—Black Oak/Lake City EHC—Lap Throws and Cards for Lakeside Nursing Centers—The Black Oak/Lake City EHC made lap throws and cards for the residents of Lakeside Nursing Center in Lake City, Arkansas. Special meetings were held to work on the throws and some work was done in the homes. The cards were created so the residents could color them as they wanted.

- Craighead County—Oak Grove EHC—Transport Pillows and Teaching Dolls—Oak Grove EHC chose to make Transport Pillows and Teaching Dolls for Arkansas Children’s Hospital. By having 3 sewing days, they were able to complete over 400 pillows and 45 dolls.
- Craighead County—Opportunity EHC—Helping Neighbors Food Pantry—The Opportunity EHC donated 378 pounds of non-perishable food items and \$50 cash to the Helping Neighbors Food Pantry. By doing this, we were instrumental in helping to feed the needy in Jonesboro and Craighead County.
- Craighead County—Pleasant Grove EHC—Necessity Bags for Senior Citizens—The Pleasant Grove EHC members to remember our homebound senior citizens with Necessity Bags. Members made 150 bags and filled them with shampoo, conditioner, lotion, soap, wash cloth, and other personal items. These bags were delivered along with meals from Meals on Wheels program and the people realized that they are remembered and others care.
- Craighead County—West Mart EHC—Helping Neighbors Food Pantry—West Mart EHC selected Helping Neighbors Food Pantry, which distributes donated food items throughout Craighead County as their community service project. Members donated non-perishable food items at each monthly meeting. A total of 640 pounds of food, \$80 in cash, and a gift card were donated.
- Drew County—Drew County Council—From Young to Old—The Drew County Council put on 2 one-day camps for the 4-H clubs in Monticello. Yoga for children, table etiquette, egg nutrition, bees, our flag, and dance were some of the topics taught. We also volunteered throughout the year at the senior citizen center playing bingo and helping with their activities. We were helping “From Young to Old”.
- Drew County—Southside EHC—Bingo-Bingo—The Southside EHC played Bingo with the resident of the 2 nursing homes in Monticello. We would go once a month and alternated between the 2 homes. We called

Bingo and helped them mark their cards. We provided prizes 3 times during the year.

- Drew County—Town and Country Quilters EHC—United We Sew—Town and Country Quilters EHC wanted to help fulfill a need at the Monticello Senior Citizens Center by supporting Meals On Wheels. They created a quilt celebrating the various states from our country. Members created blocks representing the state of their birth or a state they had emotional attachment to. Quilt top was displayed at the Drew County Fair. Funds raised from a raffle of the completed quilt supported Meals on Wheels.
- Jefferson County—Jefferson County Council—Food Items for 3 Food Pantries—The 5 Jefferson County clubs contributed more than 1,500 non-perishable food items to Neighbor-to-Neighbor, White Hall Food Pantry, and the Transformation Project at the Centennial Fellowship Church. Items were brought to council events throughout the year. In addition, several club members helped with food distribution and record keeping. We believe this was a beneficial community service project which helped alleviate hunger.
- Jefferson County—Camden Road EHC—CASA Women’s Shelter—The Camden Road EHC donated items to the CASA Women’s Shelter, an emergency care shelter for battered women and their children. Items collected at monthly meetings included toiletries, food, and children’s snacks. Donated items were delivered by several members.
- Jefferson County—Grace Willing Workers EHC—Discovering Hope—Grace Willing Workers EHC were familiar with the Hope Women’s Resource Center and knew they could use the club’s help, both financially and with volunteer hours. Members collected baby diapers and wipes, supported the front office, taught parenting classes, prepared meals for the parenting classes, administered pregnancy tests, and rode along in the mobile unit. Members also filled baby bottles with change throughout the year and donated \$225.
- Jefferson County—Heart-N-Hands EHC—T-Shirts for Davis Life Care Center—The Heart-N-Hands EHC members are concerned about the

elderly and donated 60 t-shirts to residents that needed them at Davis Life Care Center. In addition, visits were made and other donations were made to meet some of their needs. We feel we have helped increase these residents' self-esteem.

- Jefferson County—Willing Workers of White Hall EHC—Arkansas Cancer Institute—The Willing Workers of White Hall EHC determined a need for cancer turbans at the Arkansas Cancer Institute and answered the need. We made 200 cancer turbans from used t-shirts, which are soft. The turbans help protect patients' heads and they can sleep in them. The Cancer Institute and patients were very appreciative of the caps.
- Lawrence County—Scrappers EHC—Honoring Emergency Responders—The Scrappers EHC conducted a community service project honoring emergency responders in Lawrence County. Cards with the Extension Homemakers Creed and Mission Statement and baskets filled with candy were given to each group of firemen, police, and EMTs. The card had a prayer specifically for each group. The project raised positive community awareness of both EHC and emergency responders.
- Lincoln County—Lincoln County Council—Port Buddies for CARTI—Have you ever had an infusion port for chemotherapy? If so, you know how uncomfortable a seatbelt can be when it rubs against your port. The Lincoln County Council handmade Port Buddies, which are small pillows that Velcro to a seatbelt to reduce rubbing and ease rubbing and ease discomfort for the chemo patients. 100 Port Buddies were donated to CARTI Cancer Center.
- Lonoke County—The Quilters of Lonoke EHC—Live, Love, Give the Gift of Warmth—The Quilters of Lonoke EHC chose to support Davita, Pulaski County Dialysis Unit in Jacksonville, with their project entitled "Live, Love, Give the Gift of Warmth". The quilters and volunteers completed 48 lap-sized quilts in the hope that the quilts will provide warmth to recipient patients.

- Lonoke County—Sylvania Tri-Community EHC—Easter Baskets for Cabot Nursing & Rehab—The Sylvania Tri-Community EHC treated the residents of Cabot Nursing and Rehab with Easter baskets filled with candy and a stuffed toy. Members assembled 80 baskets and visited the facility and handed out the baskets and visited with them. This was a blessing to all the club members and hopefully the residents enjoyed the gifts and fellowship.
- Poinsett County—Poinsett County Council—Medical Shot Dolls for County Health Department—Club members of Poinsett County Council joined forces to make medical shot dolls. These were donated to the Poinsett County Health Department in Harrisburg, Arkansas. We chose this to help the children through the inoculation process for back to school. We made 62 dolls with hospital gowns to be given to the children as they got their shots.
- Poinsett County—Lucky 13 EHC—Chemo Turbans and Pillows—The Lucky 13 EHC members worked 100 hours and made 66 chemo turbans and 50 chemo pillows for Hope Circle at NEA Baptist Cancer Center in Jonesboro. These provide much needed help to cancer patients undergoing chemotherapy.
- Prairie County—Prairie County Council—Busy Blankets—Prairie County Council chose to sew busy blankets for late stage dementia patients at Springbrook Health and Rehab. These blankets with multiple textures and moveable objects help soothe the agitated fidgeting of those patients. Members completed and delivered 10 blankets.
- Prairie County—Biscoe EHC—Sharing Our Blessings—The Biscoe EHC chose “Sharing our Blessings” to demonstrate kindness and caring to those who might need encouragement. Members brought and prepared LOVE boxes of useful items to deliver to those in time of need, sick, lonely, bereaved, homebound, or just someone needing encouragement. In memory donations were given in the loss of community members. Members trained as volunteers assisted individuals applying for Medicare Savings.

- Prairie County—Busy Hands EHC—Supporting Local Firefighters—The Busy Hands EHC chose “Supporting Local Firefighters” as their community service project. Members held a chili supper and raised \$537 for the Crossroads Volunteer Fire Department. Funds were used to purchase backpacks that hold 5 gallons of water. These are great tools for fighting fires that cannot be reached with the fire hose.
- Prairie County---Couponistas EHC—Random Acts of Kindness Project—The Couponistas EHC chose “Random Acts of Kindness” as their community service project. Members chose several different groups-- law enforcement, the homeless (or someone in need), school teachers and bus drivers, EMTs, and postmaster to surprise with an act of kindness throughout the year in an effort to spread peace, joy, and positivity in the community.
- Prairie County—Idlewild EHC—Helping Our Children—The Idlewild EHC chose “Helping our Chilren” as our community service project. We supported the Back to School Fair by setting up a table with school items for the students to come by to get what they needed. We also helped sponsor a game of basketball. Money raised went to help children who attend Hazen School.
- Prairie County—Oak Prairie EHC—Helping to Fight Hunger in our County—The Oak Prairie EHC chose to collect and donate canned goods and non-perishable staples for the Prairie County Food Pantry. Through our monthly contributions we collected over 200 pounds of canned items and other staples. It was a blessing to know we were “Helping to Fight Hunger in our County”.
- Randolph County—Water Valley EHC—Handmade Quilt for Volunteer Fire Department—The Water Valley EHC made a quilt for the Water Valley Volunteer Fire Department Spring Auction. A deer panel was purchased for the center and members added borders in fall colors. There were several bidders on the quilt and it brought a good price. The Fire Department was very appreciative.

- St. Francis County—Ties that Bind EHC—Honoring Newborn Babies—
Ties that Bind EHC researched for a need in St. Francis County. They chose Honoring Newborn Babies at Forrest City Medical Center by making baby blankets and car seat strap covers. Over 100 units were made and presented to the hospital to wrap the newborn babies in to take home and the covers for the car seat straps to keep the little necks from rubbing.
- White County—White County Council—Honoring the Police
Departments of White County—The White County Council members created 219 Grab-N-Go bags to honor the law enforcement departments of White County. They prepared sandwiches, placed them in plastic bags and added cookies, chips, and trail mix. Bags were labeled as to which type of sandwich, then bags were stapled closed. Bags were delivered to the White County Sheriff’s Department, Searcy Police Department, Judsonia Police Department, and the Kensett Police Department.
- White County—Bald Knob EHC—Fall Party for White County Foster Families—The Bald Knob EHC had a Fall Party for foster families in White County. The theme was Wizard of Oz. The gym and tables were decorated. There were 50 foster families present.
- White County—El Paso EHC—Sew with Love—To “Sew with Love” is the theme of the El Paso EHC’s project for patients being treated in Arkansas Children’s Hospital. During 10 workshops, the 21 members made 293 teaching dolls, 207 hand knitted or crocheted hats, 8 holiday lap robes/blankets, and 58 pillows. They also donated and purchased toys and books as gifts for patients during the holidays.
- White County—U-Neek EHC—Throws for Hospice—Throws for Hospice was a very rewarding project for the U-Neek EHC. We provided 46 lap throws for Arkansas Hospice patients. We were able to complete them by Christmas, therefore providing a Christmas gift for the patients as well as warmth.

Ouachita District

- Bradley County—Bradley County Council—The Pillow Case Project—The Bradley County Council members made special pillow cases and presented them to nursing home residents in Bradley County. They were made to appeal to veterans, outdoorsmen, homemakers, and gardeners. Pillow cases were presented to residents at Chapel Woods Health and Rehab and John R. Williamson Hospice House. Recipients were very appreciative and having their own special pillow case brightened their day.
- Bradley County—New Extensions in the Community EHC—Ebenezer Baptist Church Food Pantry—NEC EHC members collected and donated 2 specific items that are generally most needed by the food pantry, toilet paper and peanut butter. The Ebenezer Food Pantry supplies needed items to those in need in Bradley County, but those in charge of the pantry said “If others from other counties come, we wouldn’t turn them down. No one in need gets left out.” They were grateful for our help.
- Calhoun County—Calhoun County Council—Lap Blankets and Preemie Caps for UAMS—made 29 blankets/quilts for adult patients and 188 preemie caps for newborns. These will be used at UAMS to provide a level of comfort for parents and patients.
- Calhoun County—Artesian EHC—Woodworking “Mini Ironing Boards” -- The Artesian EHC wanted to make it easier for quilters and sewers to press their items. Volunteers cut and prepared the boards from donated lumber and scheduled a 1 day workshop to teach participants how to cover the ironing boards. 6 mini ironing boards were padded and covered during the workshop.
- Calhoun County—Crochet/Knitting EHC—From Plastic to Plarn-Go Green Recycle, Reduce, and Reuse—Members of the Crochet/Knitting EHC wanted to find uses for the many plastic bags that we all get when we shop. Workshops were held to demonstrate the usefulness of recycling plastic bags. Members of local clubs, community leaders,

retirees, and friends participated in the workshop emphasizing crocheting as the method to use to make the selected items working with plastic arn (plarn). Over 20 items, which included tote bags, purses, bowls and coasters, were completed and many were entered in the County Fair.

- Calhoun County—Needle Art EHC—4-H Christmas Crafts—The Needle Art EHC planned and conducted a 2 day workshop with 15 4-H members, county youths, and adults. 20 different projects were completed. Some of the projects were a lighted Christmas wall hanging, decorated Christmas tree, Christmas stockings, candy canes, cards, and more. Items were given to family members for Christmas presents and some were entered in the County Fair.
- Calhoun County—Smart Belles EHC—Upholstery Workshop—The Smart Belles EHC sponsored a 5 day Upholstery Workshop. 15 participants learned the technique to restore and/or re-upholster. Participants made a hassock or ottoman from a milk crate. 6 dining room chairs were recovered, 2 recliners, and 2 stools were re-upholstered. 8 hassocks from milk crates were entered in the County Fair and 2 in the in the District Fair.
- Calhoun County—Thornton EHC—Hogskin Holiday Festival Quilt Show—The Thornton EHC sponsored the Hogskin Festival Quilt Show as an opportunity to encourage others to gain appreciation for and learn basic heritage skills. 169 quilts, quilt tops, and quilt blocks were exhibited. We secure financial support for our local 4-H by providing a \$500 scholarship to a graduating senior and \$500 in prizes for exhibitors in the quilt show. A first, second, and third place award is presented in each category, as well as Best of Show and Viewer's Choice.
- Cleveland County—Cleveland County Council—Come Grow with Us—The Cleveland County Council chose “Come Grow with Us” as a member marketing project. Each club participated in this project which was held at the Rison Baptist Church Fellowship Hall and set up a table showing the projects, education classes, and other articles of interest

that their club shared with the public. A silent auction was held and refreshments were served. This showed what our clubs do and that county residents could join and make a difference in their home life as well as doing community service with pride.

- Cleveland County—Friendship EHC—Welcome to Rison—The Friendship EHC met to discuss the need for a refurbishment of the metal sign that welcomes people to the city of Rison. We bought paint and supplies to sand and restore the sign. We also planted fresh flowers in the brick flower bed at the base of the sign. The sign is now a beautiful Welcome to Rison. We plan to keep the sign in good condition and replace the flowers to accentuate the seasons.
- Cleveland County—New Home EHC—Get your Salsa on—The New Home EHC along with the Woodland High School Spanish Class decorated the Rison Fair Meeting Room for the Cleveland County Fall Council. We decorated in a Mexican theme, set up a photo booth and took pictures of everyone, and presented a cultural program about Dia De Muertos.
- Garland County—Garland County Council—Relay for Life Luncheon—The Garland Council wanted to show their support and help aid in the research to find cures for all the different types of cancer. The council hosted a luncheon, which included a silent auction and a quilt raffle. Tables were decorated and games were played. All proceeds totaling more than \$4,000 were donated to the American Cancer Society.
- Garland County—Crazy Quilters EHC—Quilt Seminar—The Crazy Quilters EHC have an annual quilt seminar to reach the community to teach quilting techniques and increase awareness of the needle arts. The goal was for the 32 class members to master 7 styles of quilt blocks, each requiring different quilting techniques, to produce an American Sampler Quilt: Row Quilt. Project Chairman was the lead instructor, with experienced committee members working side by side with each participant.

- Garland County—Fiber Therapy EHC—Hand-Made Ear Warmers and Scarves for Special Olympics—Members of the Fiber Therapy EHC knitted and chocheted between 50-99 ear warmers and between 25-49 scarves to be awarded to participants at the Hot Springs Special Olympics. The club was awarded Silver Distinction by Special Olympics Arkansas for our donations.
- Garland County—Loyal Ladies EHC—Valentine Party for Clients of Abilities Unlimited—Abilities Unlimited is a non-profit organization with intent to provide the disabled with individualized training to prepare them to reach their highest potential in the workforce. The Loyal Ladies EHC chose to have a Valentine Party for the clients. We helped them decorate their own valentine “basket”, we provided the candy to go into the baskets, then we fed them pizza and brownies. Also a monetary donation was made to help their program. We learned lots from them and their abilities rather than disabilities.
- Grant County—Grant County Council—4-H Sew with Cotton Workshop—The Grant County Council sponsored a Sew with Cotton Workshop for 4-H members. 8 youth were assisted in material selection, pattern layout, cutting, sewing machine basics, sewing, and modeling their aprons. The finished aprons were judged for the Farm Bureau Sew with Cotton contest and they also modeled their aprons at the annual Farm Bureau meeting and were awarded prizes. The aprons were also entered in the Grant County Fair.
- Hot Spring County—Gifford EHC—Adult Bibs—The Gifford EHC saw a need in some of our club members’ families for adult bibs and decided there was a need in our community of seniors for these also. We made 50 bibs and helped several people, some members of our club’s families, and some shut-ins from our Senior Adult Center.
- Montgomery County—Montgomery County Council—Montgomery County Annual AG Day Program—Each year the Montgomery County Council helps with the annual school AG day program. We prepared and served lunch to over 200 third and fourth grade students from the 3

county schools and approximately 50 adults. The food was donated by different organizations and businesses. We donated \$200 toward expenses and buying a t-shirt for all attending students.

- Montgomery County—Joplin EHC—Feeding the Homeless—Feeding the Homeless was held for the first time in January. The Joplin EHC provided lunch of several kinds of soups and contributed \$500 to buy toiletry comfort kits, coats, socks, blankets, and additional snacks. A count of the homeless in the county was being conducted by several agencies that day and soup and other items were taken out in the county to those that were not able to come in.
- Ouachita County—Fairview EHC—Fundraiser Benefiting Local Children—The Fairview EHC partnered with the Timothy United Methodist Women and “What’s Cooking” restaurant to prepare a fundraiser meal in order to raise money for the backpack program. This program sends food home on the weekends for local children in need. There are 250 students in kindergarten through 5th grade that need help with food in Ouachita County. Fliers were made, tickets were printed, and the community responded. \$1,768 was raised during the Fundraiser Benefiting Local Children.
- Pike County---Pike County Council—One Century Young and Still Strong—Pike County Council is 100 years young this year! They combined celebrating their 100th year with a coffee and recording of history of Pike County as their community service project “One Century Young and Still Strong”. We set up displays of project books, scrapbooks, tri-folds of our work, and samples of our many projects. Members provided cookies and other snacks, punch, coffee, and tea. This resulted in adding more history to the Pike County Archives, reorganizing one club, and educating Pike County about EHC.
- Pike County—Pisgah EHC—Caps and Covers for Veterans—The Pisgah EHC continued its love of sewing by adopting and completing its project “Caps and Covers for Veterans”. We made toboggans and quilts for our

veterans. This resulted in 8 quilts for veterans, 26 lap quilts, and 62 toboggans made and distributed by the group.

- Saline County—Dabblers EHC—Sheets for Head Start—The Dabblers EHC heard that Head Start needed sheets so they would be able to change sheets as needed throughout the day. Members started the project “Sheets for Head Start”. After many weeks gathering supplies and several sewing days we were able to make and donate 100 sheets to the Harmony Grove Head Start.
- Scott County—Busy Hands EHC—Quilts for Children—The Busy Hands EHC members became aware that the children that are removed from their homes by the Scott County DHS leave with nothing and decided to make lap quilts to give to each child. 22 quilts were made on several sew days and at members’ homes. The Quilts for Children were then donated to the Scott County DHS to be given to children who would be taken from their homes.
- Scott County—Dutch Creek Valley EHC—Parliamentary Procedure for Young People—The Dutch Creek Valley EHC implemented the project “Parliamentary Procedure for Young People”. We taught the youth in our club how to conduct a meeting using parliamentary procedure. The younger members now know how to run a proper meeting. It was also a good refresher for the older members.
- Scott County—Pleasant Hill EHC—Walker Bags—Walker bags for Dalton’s Place Assisted Living was chosen by Pleasant Hill EHC for their project. Pleasant Hill EHC along with Busy Hands EHC helped girls from the Scott County Boys and Girls Club sew walker bags. We provided the sewing machines and materials and instructed the girls on sewing and using the machines. 13 young girls were taught how to sew. This helped the youth and also provided much needed walker bags for the elderly.
- Scott County—Scrap Pack EHC—Pop Tab—The Scrap Pack EHC chose to do the “Pop Tab” for the Ronald McDonald House at Mercy Hospital, Fort Smith as our project. We were able to help in a small way to provide

a place for families of sick children to go and still be close to their child. At the current rate per pound, we donated about \$425 to help the operations of the house.

- Scott County—Shutterbugs EHC—Soup for Medical Professionals—The Shutterbugs Project EHC made and delivered soup, cornbread, and dessert, and purchased crackers to medical professionals. Lunch was delivered to 6 different locations in Waldron, Arkansas on February 24, 2017 to show appreciation for the medical professionals in Scott County.
- Sevier County—Sevier County Council—Christmas Boxes, Angels, and Secret Santa—The Sevier County Council voted to help children in the community have a good Christmas. Several projects were used: Getting names from an angel tree in De Queen, individual members packed Christmas boxes with pjs, toiletries, candy, and toys for children, and Secret Santa. An anonymous donor gave us \$2,800, which was approximately \$100 per child adding up to 28. We got wish lists from parents and packed large Christmas bags with clothes, candy, and toys. Members delivered them to the children's homes. 57 plus children benefits from these projects and had a wonderful Christmas.
- Sevier County—Gillham EHC—Donations for Education—The Gillham EHC's president is a retired Kindergarten teacher and had accumulated children's books, teacher's resources books, charts, teaching materials, children's games, both purchased and handmade and many cassette tapes that go along with the books. The club saw a need in the community for these items and donated them to the local Pre-K and Kindergarten teachers. The club donated other books on health and parenting to the Gillham Library and books were also donated to the VA hospital in Little Rock.

Ozark District

- Benton County—Benton County Council—How to Talk to your Doctor—The Benton County Council along with their FCS agent held 3 classes in

Benton County to share the information received at the 2016 EHC State Meeting on “How to Talk to your Doctor”. Members secured the location and helped in publicizing the classes. 60 people attended the classes.

- Benton County—Bella Vista Homesteaders EHC—Snack Packs for Students—While doing another project at the Thomas Jefferson Elementary School in Bentonville School District, the Bella Vista EHC found there was a need for snacks for the low income students to take home on the weekends. They collected money at their meetings and purchased 686 healthy snacks for students to take home on the weekends.
- Benton County—Evening Star EHC—Saving Grace of NWA—The Evening Star EHC chose this project because it touched their hearts to know that a need existed for girls that aged out of foster care or found themselves homeless for other reasons. Members donated household items, paper and cleaning goods, and personal care items.
- Benton County—Highfill EHC—Blankets and Baby Bibs for Decatur Care 4 Kids—Members of the Highfill EHC made 12 blankets and 43 baby bibs and donated 30 packages of baby wipes to the Decatur Care 4 Kids Day Care Center. These items were very needed and appreciated by the day care center.
- Benton County—New Meadowbrook EHC—Meals for Volunteers, Spay Arkansas—New Meadowbrook EHC provided a meal once a month for veterinarians and assistants that work on a volunteer basis and spay and neuter over 60 cats and dogs each week. Needed supplies, such as newspapers, medicine bottles, and old sheets and towels, bleach, and homemade toys were donated. Food and supplies were very much appreciated.
- Benton County—Vaughn EHC—Community Outreach Extension—The Vaughn EHC adopted C.O.R.E as a year-long community service project. Our goal was to buy supplies for the monthly distribution. We selected 1 item monthly from their needs list with each member contributing. We contributed 783 items for the year.

- Carroll County—Busy Bee EHC—Bibs, Beanbags, Blankets, and Quilts—The Busy Bee EHC made 18 bibs, 24 beanbags, 2 blankets, and 23 quilts for the Green Forest Head Start. They delivered the items and took a tour of the center. The children were excited and thanked us for the new quilts and items.
- Cleburne County—Cleburne County Council—Health and Safety Workshop—The Cleburne County Council presented a health and safety workshop to EHC members and the public. Since a large majority of our county residents are older, we wanted to present updated information about police procedures, fire safety, and maintaining health. 18 people attended the workshop and expressed appreciation for this new material.
- Cleburne County—Good Springs EHC—Margie's Haven House—Good Springs EHC chose Margie's Haven House as our community service project. Margie's Haven House is a safe house where women and children go to escape from domestic violence. 8 members brought items such as cleaning & hygiene supplies, clothes hampers, underwear, and calendars valued at \$1,009.25 to the monthly club meetings which helped many women and children.
- Cleburne County—Seven Springs EHC—It is all about Community—The Seven Springs EHC was challenged to make visible difference in our community. We made our project a 2 sided education. We donned our lookalike EH shirts and went out into our community to familiarize our members with what is happening and also to help our community know us and how we can help by volunteering our time, donations, and commitment to our community.
- Cleburne County—Today's Homemakers EHC—Recycling for our Community—The members of Today's Homemakers EHC collected and donated 25 pounds of pull tabs to the Ronald McDonald House and 6 truckloads of aluminum cans to the Heber Spring Animal Shelter. Our mission is to improve the lives of those in our community.

- Conway County—Conway County Council—Abundant Life—The Conway County Council worked together with the Abundant Life Center to enlighten our members and the community to the services provided by Abundant Life. We learned of the needs of teenagers, young adults, couples, and part-time custody parents. With the involvement of family and friends in the community, a total of \$1,098 was raised and delivered to the center along with diapers, baby wipes, and other baby items.
- Conway County—Birdtown EHC—Neighbors Helping Neighbors—The Birdtown EHC decided this year's project “Neighbors Helping Neighbors” would help more than 1 organization. They thought the 6 organizations could use t-shirts. 360 t-shirts were bought and delivered to the Conway County Care Center, Safe Place, Brookridge Nursing Home, Southern Christian Home, River Chase Nursing Home, and Nemo Vista School.
- Conway County—Hilltoppers EHC—Fidget Quilts for Area Nursing Homes—Hilltoppers EHC realized there was a need at area nursing homes for fidget quilts for Alzheimer and Dementia patients. The quilts are an effective way to help reduce anxiety, calm nerves, and provide comfort. Members mad and delivered 16 fidget quilts to the 2 nursing home facilities in Conway County, River Chase and Brookridge Cove.
- Conway County—New Horizon EHC—Quilts of Honor—The members of the New Horizon EHC wanted a project honoring our local veterans. Together with the Conway County 4-H clubs, 4 quilts were completed and presented to local veterans. Each quilt has a different design. There is a presentation on Veterans Day and July 4th.
- Conway County—Oppelo Twilite EHC—Conway County Foster Care Coalition—When this project was chosen, Conway County had 75 foster care children and only 2 foster care households. A new coalition had been put into place and the Oppelo Twilite EHC wanted to help with their advertising campaign for new foster homes. We had bake sales and white elephant sale auctions at our monthly meetings and contributed \$100 per quarter to the coalition.

- Conway County—Petit Jean EHC—First Baptist Church Renovation—The Ptit Jean EHC selected First Baptist Church Renovation as their project. This facility is used for council meetings, monthly EHC meetings, storage of our equipment for our exercise group, and other special meetings for our club, county, and the community. Members held an Italian Spaghetti Dinner, followed by 2 theatrical skits directed and entertained by members of our club. Total funds of \$1,300 was raised from the community and our club to go toward renovating the shelving in the fellowship hall and providing much needed kitchen supplies.
- Crawford County—Alma EHC—Alma Community Outreach—The Alma Community Outreach serves several communities in Crawford County. Its main purpose is to provide food and clothing for the needy. The Alma EHC made monetary donations at monthly club meetings and presented a total of \$1,000 to the Outreach Center to purchase food items as needed. Members also volunteered on days the food was boxed, packing the food boxes, moving the boxes down the assembly line, and delivering them to eligible recipients.
- Crawford County—River Belles EHC—Little Dresses for Africa—River Belles EHC chose the “Little Dresses for Africa” project because there was a need for these dresses in not only Africa, but in a lot of underprivileged countries. 53 of these cute dresses were made during a 2 day workshop and will be delivered by missionaries from a local church.
- Izard County—Izard County Council—Nursing Home Clothing Protector Bibs—The Izard County Council wanted to help area nursing homes with clothing protector bibs for the many residents there. The pretty color bibs not only make the day a little brighter for the patients, but also helps the staff members that assist these patients with their meals and clean up.
- Izard County—GID EHC—Operation Christmas Child Shoeboxes—Members of GID EHC experienced the joy of giving when we bought

supplies, books, toys, crayons, markers, gloves, puzzles, and more for Operation Christmas shoeboxes for children in Mexico. 13 boxes were packed to the max and extra goodies for more boxes were delivered to a church to be taken to the loading station.

- Izard County—Zion EHC—Christmas Gift Bags for Head Start—Zion EHC bought and hand filled Christmas Gift Bags for the Melbourne Head Start because some of the children didn't have adequate outside apparel for playing at recess. Fundraisers were held during the year and hat and gloves were bought and given to the children to keep at school. The children were very delighted!
- Johnson County—Hagarville EHC—Building a Better Community—The Hagarville EHC worked together with our rural community and the Community Board to provide a safe, clean meeting place to enjoy both community and EH activities. We sponsored fundraisers, “How-to” classes—such as painting, bread making, sewing pillow cases, wreath making, and making 40 Christmas ornaments for the children’s party. We also donated money to “Back to School Shoes” program, the community fireworks event, and to a teenager who needed assistance after the death of her mother.
- Johnson County—ReRuns EHC—Helping Hands—The ReRuns EHC chose Helping Hands as their project for the year. Members donated a total of \$125 cash along with groceries and other items throughout the year. Members also made up decorated gift bags of toiletries. The director of the charity was very appreciative of our donations and said they really helped tide them over.
- Madison County—Farmers & Charmers EHC—County Fair Decorating—The Farmers & Charmers EHC chose to decorate the county fair as their project. They purchased black farm animal signs with space to write show times in chalk on them and mounted them on the side of one of the buildings. They gathered flowers, gourds, pumpkins, etc. And made centerpieces and wreaths and placed items in various spots in the exhibit building. They also purchased small wooden signs and painted

the names of the various departments on them and hung by entrances. We received many compliments.

- Madison County—Whitener EHC—Blessing Bags/Peace at Home Shelter—Peace at Home Shelter is an emergency shelter in NWA for women and children in domestic violence situations. The Whitener EHC chose to make blessing bags for people arriving at the shelter, most often with only the clothes on their backs. 33 bags were created. Bags included a toiletry kit, which was put into a bag and other items were added such as snacks, combs, flashlights, and more. It is a real blessing to know you are making a difference in someone's life.
- Newton County—Deer Lady Bug EHC—Supplies for our Kids—After learning about a lack of funds for supplies in the Deer School, the Deer Ladybug EHC chose to provide monetary assistance for the kindergarten through 3rd grade. Members decided to hand paint canning jars and fill some with brownie mix and some with food salts. They helped with a Highland Cattle Association Event and set up a booth to sell the jars. The remaining jars were taken to another community event and sold. \$600 was raised and each class teacher was given \$12.50 per student.
- Newton County—Quilters EHC—Helping One Stitch at a Time—The Newton County EHC Quilters Club wanted to provide comfort and warmth to the people of Newton County by providing free of charge quilts in the time of need. They provided more than 100 quilts for cancer patients, hospitals, youth, and seniors alike that needed to be surrounded with a feeling of love. Helping one stitch at a time with more than 1500 hours of volunteer time we met the goal for this community project.
- Pope County—Pope County Council—Pillows for Post-Surgery Patients—The Pope County Council have chosen to partner with St. Mary's Hospital in Russellville to furnish their surgery department with pillows made by our members for use by surgery patients after surgery. All clubs participated in workshops and made and donated more than

150 pillows. Many people in our community have benefited by the comfort these pillows provided.

- Pope County—Sunnyfield EHC—Furnished Bottled Water for AR Hospice—Furnishing bottled water for the Arkansas Hospice River Valley Home Impatient Center for use by patients, families, and staff in their hospitality room was the community service project for the Sunnyfield Extension Homemakers. All members of our club participated by taking water to the facility or giving money to buy water.
- Sebastian County—Sebastian County Council—Teaching Dolls for Children’s Hospital—The Sebastian County Council chose teaching dolls for the children’s hospital as their project because there is always a need for these small teaching tools. All of our clubs participated by either buying or donating material and stuffing to make the dolls. Some would cut out, others sew them up, and others stuff and close. We made 100 dolls during the project. By using the doll, the doctor can explain the surgery to young boys and girls.
- Sebastian County—Central EHC—Save the Animals—Central EHC wanted to save the animals, so they volunteered at the Humane Society to walk dogs or help where needed. We advertised by word of mouth for the Society for their need of food and money and saved paper towel rolls and toilet tissue holders for making toys for the animals that can use them.
- Sebastian County—Excelsior EHC—Helping Hannah House—24 members of Excelsior EHC worked 200 hours collecting and donating items needed by Hannah House, a home for pregnant girls. We collected and delivered cleaning supplies, hygiene items, household items, food, and clothing for the girls and babies.
- Sharp County—Hardy Country Ladies EHC—Santa Visits Cherokee Village Students—597 Cherokee Village elementary students, kindergarten through grade 4, were treated to an early Christmas on December 16, 2017. Kindergarten and 1st grade students met with Santa and were each given a gift bag. Santa then visited grades 2nd through 4th

in their classrooms and left gift bags for each student. Members of the Hardy Country Ladies EHC had gotten donations from supporters and had a pulled pork dinner to raise funds for the project. They bought small toys, activity pads, pencils, crayons, and candy canes to go in the gift bags and decorated a Christmas tree for the school.

- Washington County—Serendipity 59ers EHC—Knitted Knockers—The Serendipity 59ers EHC members made 255 Knitted Knockers and donated them and also did an educational booth on this prosthetics for breast cancer survivors. They enjoyed sharing the information of Knitted Knockers for breast cancer survivors.
- Washington County—Winslow EHC—Winslow Community Center Association—The Winslow Community Center Association is a local association currently run by volunteers. Their focus is restoring and repurposing the former school campus into a fully functioning Community Center that benefits the entire Winslow area. The Winslow EHC provided meals for volunteer workdays and gave monetary donations. Volunteers were presented with delicious and nutritious food provided by the club members.
- Yell County—Fourche Valley EHC—Providing Pillows—The Fourche Valley EHC chose providing pillows for the Samaritan Outreach Center for Women as our community service project. The Samaritan Outreach Center is a haven for victims of domestic violence. When they can safely leave the shelter for a new home, the center strives to provide at least a blanket/quilt or more to assist in the task of starting over. We made 32 various sized sleeping and throw pillows to be distributed to each person leaving the shelter to start anew.
- Yell County—Spring Creek EHC—Festival of Stars-Knitting for Noggins—The Spring Creek EHC chose making hats and caps for Arkansas Children’s Hospital patients at their project. 185 hats and caps were delivered to the hospital on December 13th.