

## 2014-2015 Project Book Summaries

### Delta District

- Craighead County Council—Sweet Dreams Cots for KidSPOT—Craighead County Council made and donated 550 cot-sized sheets to the KidSPOT Learning Center. KidSPOT(SPOT stands for speech, physical, and occupational therapies) and serves developmentally delayed children and their families. These cot-sized sheets are used for the children's naptime. The first 200 were donated on World Autism Awareness Day, and other donations followed nearly every week.
- Craighead County—Black Oak-Lake City EHC—Student Vets for Beck PRIDE Center—Black Oak-Lake City EHC took on the project of providing snack and other amenities for student veterans at Beck PRIDE on the ASU campus as a way to say “thank you for the way you served our country”. Many of the students are injured veterans who are continuing their education.
- Craighead County—Greensboro EHC—Yoga Mats for City Youth Ministries—Greensboro EHC purchased and donated yoga mats to a local children’s organization, City Youth Ministries. City Youth Ministries provides free yoga classes and other stretching exercises to the youth who attend. There was a need for the yoga mats so the children would not have to participate on a bare floor.
- Craighead County—Oak Grove EHC—HUGS for Schools—Oak Grove EHC selected to participate in the HUGS program. HUGS is a program focusing on making available hats, underwear, gloves, and socks to school children in need. Items were sorted and bagged according to gender and size. The bags were delivered to 3 schools in Craighead County. A total of 150 bags were delivered along with extra items placed in each school’s clothes closet.
- Craighead County—Opportunity EHC—Helping Neighbors Food Pantry—Opportunity EHC chose to donate nonperishable food items to the Jonesboro-based Helping Neighbors Food Pantry. Each member brought a bag of canned foods or other nonperishable items to the monthly club meetings. There were over 370 pounds of nonperishable food items delivered by the EHC members. This delivery helped to feed the needy in the community.
- Craighead County—Pleasant Grove EHC—Pillows for Breast Cancer Patients—Pleasant Grove EHC made and donated over 100 pillows that were given to the NEA Breast Cancer Support Group. Work stations for cutting, sewing, ironing, and stuffing the pillows were organized, and members worked all day, along with a lunch

and dessert break, to complete the project. Some of the pillows were taken home to finish. The NEA Breast Cancer Support Group encompasses a 3 county area.

- Craighead County—Valley View Modern EHC—Knitting for Noggins—After attending a workshop “Knitting for Noggins”, several members of the Valley View EHC taught the rest of the members how to use looms and yarn to knit hats for ACH. Over 250 hats were made and given to ACH.
- Craighead County—West Mart EHC—Helping Neighbors Food Pantry—West Mart EHC donated food to the Helping Neighbors Food Pantry in Jonesboro. Members brought nonperishable items to each of the monthly club meetings. Members of West Mart EHC contributed 838 pounds of food and \$100 in cash and a gift card.
- Desha County—McGehee Travelers EHC—Hospital Activity Box—McGehee Travelers EHC saw a need for an activity box at their hospital. Members went to local stores and found items that were marked down in price and put these items in a storage box. The storage box was taken to the local hospital to be given to children/teenagers who stay overnight.
- Drew County—Town and Country Quilters EHC—Quilts of Love for Vera Lloyd Presbyterian Home—Town and Country Quilters EHC sewed Quilts of Love for Vera Lloyd to present to children in crisis entering the Vera Lloyd Presbyterian Home. These quilts represent the love and prayers of responsible adults and are gifts for the children to keep wherever life leads them. The quilts offer children from dysfunctional families a symbol of the sewing heritage club members enjoy.
- Jackson County Council—Harris Hospital Auxiliary Project—Jackson County EHC members, in collaboration with the Harris Hospital Auxiliary, donated over 50 word and puzzle books for patients and family members to use during their stay at Harris Hospital. EHC members volunteered their time several days a week to visit patients.
- Jefferson County Council—Relay for Life/Red Cross Bucket Drop—Members of the Jefferson County Council voted to volunteer to take part in helping the American Cancer Society’s annual fundraiser, “Relay for Life”. The members made homemade knitted dishcloths and hot pads to sell. Bottled water was also sold from the EHC booth. All proceeds went to fight cancer. The annual Bucket Drive is a huge fundraiser and members work at stations for many shifts raising money.
- Jefferson County—Grace Willing Workers EHC—Supporting the Transformations Projects’ Children—Grace Willing Workers EHC supported the children in the Transformations Project by donating 55 school supply items, Thanksgiving baskets for 2 families, contributing money and gifts for the Angel Tree, assisting at Kids Fest and donating several hundred items to their food pantry.

- Jefferson County—Willing Workers of White Hall EHC—Nursing Home Door Wreaths—Willing Workers of White Hall EHC found that most of the residents of the White Hall Nursing Home did not have wreaths for their doors. Throughout the year, we made wreaths that were changed for different holidays and seasons. The residents enjoyed the change and asked for our homemade wreaths instead of “store bought”.
- Lincoln County Council—Beginning Sewing Class—Lincoln County Council feared sewing was becoming a lost art in the county. Using leadership skills to give back to the community, a beginning sewing class was held. Participants were taught basic skills and techniques in sewing and equipment. Program participants were able to walk away after a 6-session course with an increased knowledge of the art of sewing.
- Lincoln County—Hickory Grove EHC—Pillowcase Dress Project—Hickory Grove EHC members chose a project that would enable them to use their abilities and skills to help others. Constructing 50 dresses made from pillowcases and fabric remnants helped to improve the morale and self-esteem of little girls who needed clothing.
- Lonoke County—Quilters of Lonoke EHC—Strong Stitches for the Cure—Quilters of Lonoke EHC chose to support breast cancer awareness and patient healing through their service project, Strong Stitches for the Cure. Members and volunteers constructed over 170 breast cancer comfort cushions, which were donated to ARCare of Augusta. The cushions will be available in its clinics to post-mastectomy patients on the journey to recovery.
- Poinsett County—Lucky 13 EHC—Chemo Turbans and Afghans for HopeCircle—Lucky 13 EHC members held 2 workshops to make 92 chemo turbans. We presented these to Susi Farley for HopeCircle in Jonesboro along with 4 crocheted afghans made by club members. HopeCircle offers free wigs, hats, caps, prayer shawls, and afghans to chemo patients.
- Poinsett County—Whitehall EHC—Shower for Restoration House—The Restoration House is a place for people to live who have had special problems in their lives and are looking for ways to change the problems. Restoration House was in need of items that could be used to make this house seem more like a home for the residents. The 9 members of our club decided to have a shower for the residents, and each member brought helpful items. We hope we have helped to restore their lives back to the lives they once had.

- Prairie County Council—Bingo for Seniors—Prairie County Council chose to donate to the Prairie County Senior Citizen Center located in Des Arc each quarter of the year. These funds helped buy practical items, such as fresh fruits, vegetables, paper goods, and lotions for the Bingo games on Wednesdays. ECH members participated in several of those Bingo games.
- Prairie County—Biscoe EHC—Boxes of LOVE for Neighbors—At monthly meetings, members of the Biscoe ECH filled boxes with canned goods, food, household goods, and reading material. There were delivered to neighbors in the community who were in need, experiencing sickness or were lonely, bereaved, or homebound. In “Memory of Donations” were made for several in our community, and fruit baskets were given to others.
- Prairie County—Busy Hands EHC—Honoring our Vets—Busy Hands EHC chose to honor and memorialize the veterans in our community cemetery. We purchased flags and placed them on the graves during several military holidays. In addition, research by members found unmarked veterans’ graves to honor. Enthusiasm and participation in this project spread to other community members and our local 4-H clubs.
- Prairie County—Oak Prairie EHC—Lending a Helping Hand—Oak Prairie EHC chose to collect and donate canned foods and nonperishable staples for Prairie County food pantry in Des Arc. By “lending a helping hand”, our EHC accumulated almost 200 pounds of canned food items and other staples. Members brought in their food items each month. It was then weighed and taken to the food pantry.
- Randolph County Council—Meeting at the Nursing Home—Members of the Randolph County Council held a meeting at the local nursing home so former members could feel they are still part of the EHC. They enjoyed participating in the meetings by answering trivia questions, saying the Pledge of Allegiance, and the EHC prayer and creed. Seeing eye-openers brought by club members jogged their memories, and the residents enjoyed sharing their personal EHC stories.
- St. Francis County—Ties that Bind EHC—Teaching Dolls, Babies to the Rescue—Ties that Bind EHC members made 120 teaching dolls for ACH. Members were able to get donations in the form of material and stuffing to complete the dolls. These dolls are used by ACH to draw the procedures that will be performed on a child. After showing the patient and parent what is to happen, the child keeps the doll for comfort. The children also show the doll to tell others what the doctors have done to fix their problems.

- White County Council—Living Well through the Decades: Lunch and Learn—White County Council wanted to celebrate EH months and the Cooperative Extension Service’s 100 years, so we worked with our FCS agent to plan a 10-session series celebrating each decade of Extension’s 100 years with a different topic. Each session included a “make and take” in addition to education.
- White County—Bald Knob EHC—Fall Party for Foster Families in White County— Bald Knob EHC had a fall party for foster families in White County. The club had 15 members who worked a total of 60 hours on the party spending about \$300.
- White County—El Paso EHC—ACH—El Paso EHC’s Project has been making teaching dolls, blankets, and hats as well as donating care packages of toiletries for families of patients. The club donated 320 teaching dolls, 147 hand-knitted and crocheted hats, 93 blankets, and 135 pillows. The following words show the purpose of our work for the patients of ACH: “As a mother comforts her children, so I will comfort you.”
- White County—Floyd EHC—Community Center Renovation—The Floyd EHC assisted with the demolition of the inside of the Floyd Community Center building, donated \$100 and held a yard sale that raised \$661 toward the renovation of the building. The Floyd Community Center has operated as a community center since the late 1950’s and needed repairs and upkeep.
- White County—Little Indian Creek EHC—Comforting Patients Through Holy Sews— Little Indian Creek EHC handmade baby layettes for tiny preemies who pass away, usually in the 2<sup>nd</sup> trimester of pregnancy. These layettes are donated to the nonprofit organization to distribute to grieving parents as needed. The layettes include a gown, coverlet, and a fleece blanket. In addition each layette includes a tiny knitted or crocheted hat that matches the layette. Our members have completed over 400 baby layettes.
- White County—U-Neek EHC—Turbans for CARTI—U-Neek EHC made turbans for cancer patients experiencing hair loss after undergoing chemo and radiation treatments. Members cut fabric, sewed, pressed, and embellished the turbans. A total of 25 turbans were completed and delivered to CARTI.

### Ouachita District

- Calhoun County Council—Community Support and Awareness—In support of community service in Calhoun County and in the state, we provided 56 pillowcases to the Ronald McDonald House, quilted a quilt to support the Calhoun County EHC 4-H Scholarship and assisted with the 100-year Celebration of Extension.

- Calhoun County—Artesian EHC—4-H Tote Bags—Members of the Artesian EHC conducted a “Tote Bags” workshop and taught sewing skills to 10 Cloverbuds and Junior 4-H members. The tote bags were entered in the county and district fairs, with each receiving a first-place ribbon.
- Calhoun County—Thornton EHC—Make it with Yarn—Because of her love for working with yarn and knitting, Kathryn Williams, a member of the Thornton EHC, agreed to share her skills with others interested in learning and preserving this heritage skill. She taught 9 knitting classes with 8 participants who constructed 6 projects each. The projects were neck scarves, head bands, and knitted caps.
- Calhoun County—Needle Art EHC—Redo and Renew Upholstery—The members of the Needle Art EHC planned and conducted a 3-day upholstery workshop. Participants were encouraged to bring small items on which new sewing skills could be demonstrated. Participants have made hassocks from milk crates, recovered chair bottoms and chairs, and made screen room dividers. Participants saved approximately \$2,500 by learning these skills.
- Calhoun County—Smart Belles EHC—Cooking Matters and Food Preservation—Good nutrition and correct food preservation practices are vital to good health. Ruth Sumler assisted FCS agent Lina Sims with workshop that reinforced the importance of these practices. Through the six “Cooking Matters” classes, the grocery store tour, and the 2 classes on “Jelly Making” and “Pickle Canning”, 13 young people have acquired these skills.
- Cleveland County—Friendship EHC—Braided-Edge Blanket Workshop—Friendship EHC of Cleveland County chose as their project a Braided Edge Blanket Workshop. Members of the club made all preparations for the workshop. The club members had the fleece ready for the workshop participants. Guests were given instructions and were helped in making the blanket sample. Members and guests were encouraged to make a regular-sized blanket to donate or enjoy.
- Cleveland County—New Home EHC—Domino Necklace Workshop—Members of the New Home EHC presented a workshop on making decorated Domino necklaces. This was definitely a hands-on workshop. Each participant decorated and took home 2 necklaces to wear. Refreshments were served by club members.
- Cleveland County—Y EHC—Christmas Wreath and Door Hanger Workshop—The Y EHC picked a Christmas themed workshop for 2013-2014. Initial letters were painted and used on door wreaths. The workshop was held immediately after the Fall Council meeting. Members and guests were treated to a finger food meal. EHC members from Jefferson and Bradley counties also attended this workshop. The Y

EHC decorated one of the cottages at the Green Hill Nursing Home with the decorations that were made.

- Garland County Council—Garland County EHC Country Store—During 2014 Hot Springs Arts & Crafts Fair, Garland County EHC members sold their quality handcrafted items in the Garland County EHC Country Store. Money was earned for members and the Council, and merchandising and marketing skills were learned along the way.
- Garland County—Loyal Ladies EHC—Potter’s Clay Valentine Project—Potter’s Clay is an organization that offers services to women (and their children) with addictions. We chose to do something for Valentine’s Day to give a little extra to the clients at a time when they might not receive any other acknowledgement of this holiday. Homemade items, along with a few other useful items, made a delightful bag of goodies for the residents of Potter’s Clay.
- Garland County—Park Heights EHC—Chili Making for Fairs—Each year Park Heights EHC makes chili for the Garland County Fair and the Hot Springs Arts and Crafts Fair. It is sold in our EHC kitchen during these fairs. 9 members met at the fairgrounds and made 4 large roasters of chil. All proceeds go to maintaining our building and to pay the utilities.
- Grant County Council—2 Adopted from Grant County Resource Tree—The members of the Grant County Extension Homemakers Council chose 2 children from the Grant County Resource Tree for Christmas. Toys and clothes were bought to meet the needs of these specific children who, due to family and financial circumstances, would not have received anything for Christmas.
- Hot Spring County Council—Little Dresses for Africa—Hot Spring County Council was approached to make “Little Dresses for Africa”. We accepted the challenge and ran with it. We found that working in piece work we could get more done. You just don’t know what you can do until you set your mind to it. When it is a good cause, it is always easy to give from your heart. A total of 106 dresses and 4 pairs of shorts for the boys have been made and delivered.
- Little River County—Arden EHC—Lending a Hand—Domestic Violence Resale Shop needed volunteers so the members of Arden EHC volunteered over 112 hours in the store and made 10 dolls and stuffed animals, 23 decorative pillows, 24 fabric-sewn hygiene kits, donated 144 items of hygiene products, made 8 polar fleece lap throws and 20 fabric totes for dolls, animals, and pillows.
- Montgomery County Council—Single Parent Scholarship—The Single Parent Scholarship fundraiser is very important to Montgomery County. Our EHC

sponsored and helped raise \$1,500 at a luncheon. Several companies donated food and gift cards, but the EHC members made all of the side dishes plus organized the event and served the food.

- Montgomery County—Joplin EHC—2014 School Supplies Program—For several years, Joplin EHC has chosen the school supplies program as one of their yearly programs. Supplies are collected for elementary school students whose families cannot afford them. Through a grant from CADC and individuals donations, over \$1,000 was collected. Supplies were dispensed for 2 weeks from the Extension office; the rest were taken to the schools for distribution.
- Nevada County—Fairhills EHC—Christmas Cookie Decorating—members of Fairhills EHC baked over 100 sugar cookies for the 2<sup>nd</sup> graders who attend Prescott Elementary School to decorate like Frosty the Snowman and Santa Clause. The event was hosted at the Prescott Nevada County Library and also included a lesson in hand washing from the FCS agent.
- Ouachita County—The Nite Birds EHC—Fall Neighborhood Social—Our annual “Fall Neighborhood Social” was held at the Fairview Community Center for all community members to come and enjoy a safe place to celebrate the Fall/Halloween season. This gave all our elderly neighbors, some who are living alone, a good meal and great fellowship.
- Pike County Council—‘Boggans of Love—Knowing how important caps were for ACH, Pike County EHC elected making toboggans as its project. A workshop was conducted to make as many caps as possible to donate. Much fellowship, wonderful laughter, and joyful productivity of many toboggans to priceless children marked a successful day of 315 toboggans.
- Pike County—Diamondettes EHC—Mother’s and Father’s Day Senior Project—Members of the Diamondettes EHC chose to make mother’s and father’s day cards and share with the Murfreesboro Nursing Home, Pike County Meals on Wheels, and the Senior Center in Murfreesboro. These 105 cards were totally handmade and were delivered just before Mother’s and Father’s Day.
- Pike County—East Delight EHC—“All Creatures, Great and Small”—Members of the East Delight EHC collected and delivered animal food and toys, towels, wash cloths, leashes, and bedding to the Nashville Animal Control Shelter to help with homeless, neglected, and abused animals. This shelter has served the cities of Delight, Nashville, Mineral Springs, Murfreesboro, Dierks, and Washington since 1998.
- Pike County—Pisgah EHC—Quiltz—Most of the service projects of Pisgah EHC involve some form of sewing. This year, the club members chose making quilts as its

project, which resulted in 3 quilts of valor, many baby quilts for the Pike County Health Department healthy baby baskets, several children's quilts for the Department of Human Services and numerous lap quilts for nursing home patients.

- Pulaski County Council—Vet's Adult Day Health Center—During the Fall Council meeting of the Pulaski County EH Council, a speaker from the Veteran's Administration Adult Day Center was a guest speaker. The EHC members learned of a need at this facility. By the end of the year, club members had assisted in collecting food, adult bibs, puzzles, hats, gloves, and many more supportive items. The total amount collected plus time donated was more than \$30,000.
- Pulaski County—Delta Dawn EHC—Throw Quilt of Valor—Members of the Delta Dawn EHC made a quilt for a man in Pulaski County who spent a lifetime in the military. The quilt was presented to him on his 101<sup>st</sup> birthday. The Throw Quilt of Valor project had 2 missions—to promote the understanding and appreciation of the art of quilt-making and to “cover” service members touched by war with comfort and healing.
- Pulaski County—Ferndale EHC—Little Free Library—Members of the Ferndale EHC created a free library for the Ferndale Community and surrounding areas. Many of our friends and neighbors are very excited about the library. Adults and children are checking out books. A special effort is being made to offer a larger selection of children's books, with more books purchased to place in the free library.
- Pulaski County—North Pulaski EHC—Helping Around the World—Pillowcase Dresses—North Pulaski EHC made and sent to 3 different countries 444 dresses for young girls. Club members held workshops and worked at home. Club members appreciated the work of others who have donated time and effort sewing and donating material and accessories.
- Saline County Council—Human Needs Christmas Tree Project—Members of the Saline County Council sponsored a food drive for residents of Saline County who are in need. The members decorate a Christmas tree at a local business and ask people to bring nonperishable items and place under the tree to be donated to CJCHON for distribution to these people. We collected 186 nonperishable food items and also enjoyed the fellowship of decorating this tree.
- Saline County—Sharon EHC—Children's Hospital—Members of the Sharon EHC made 158 crocheted or knitted caps, 90 pillows, 58 blankets, 119 Christmas stockings, 86 dolls, and 58 tote bags to Arkansas Children's Hospital. Our club has donated over 5,000 hours and estimated \$3,000 worth of material and other goods,

The members also donated \$100 that was matched by another party for a total of \$200 given to ACH.

- Scott County Council—Feeding Waldron Nursing Home and Mercy Hospital Employees—To show their appreciation for the hard work and dedication of the employees of Waldron Nursing Home and Mercy Hospital, Scott County EHC members prepared a meal for the 50 employees. The meal consisted of chili, soup, cornbread, crackers, cookies, and brownies made by 35 members of the 5 clubs in Scott County. There was enough to feed all departments plus the evening and night shifts.
- Scott County—Busy Hands Project EHC—Scholarship Quilt Project—The Busy Hands EHC created a scholarship raffle quilt for the Scott County Council. Members of the club donated fabric, time, and expertise to provide an award-winning quilt. The quilt was given to a lucky winner, and the money earned was used to provide the scholarship.
- Scott County—Pleasant Hill EHC—Lorene May Memorial Coffee for Cancer Fund—The members of the Pleasant Hill EHC joined with the American Cancer Society to continue the tradition of “Coffee for Cancer” started by Mrs. Lorene May, who passed away in 2013 at the age of 100 years. The coffee, tea, and homemade refreshments were served to residents and club members to raise funds. This year’s total was \$1,315.
- Scott County—Scrap Pack Project EHC—Box Tops for Education—Members of the Scrap Pack Project EHC collect and prepare for shipment Box Tops for education for the local elementary school hands-on science lab. Members collect, trim, count, and package the tops, which takes approximately 50 hours each for the 2 shipments a year.
- Scott County—Shutter Bugs EHC—Summer Backpack Program—“Summer Backpack Program” was chaired by Lee Ann Forrest, and 10 members of the Shutter Bugs EHC participated. Shutter Bugs members were able to provide 22 backpacks for needy children during the summer months and were rewarded knowing that we had made a difference in children’s lives.
- Sevier County Council—Magazine Giveaway—Sevier County Council collected new/old magazines from their homes and distributed the magazines to local businesses and offices throughout De Queen in March of 2014. The businesses and offices happily received them, and we were happy to recycle the magazines.
- Sevier County—Gillham EHC—Veterans Garden—Members of the Gillham EHC cleaned, organized, and planted 100 Daffodil bulbs in the Veterans Garden in De

Queen. Thus, in the spring of 2014 the Daffodils bloomed, which made a beautiful and cheery garden in the city park. The daffodils will be enjoyed for many years to come.

### Ozark District

- Baxter County—Oakland/Promise Land EHC—Comfort Basket for Hospice Families—The members of Oakland/Promise Land EHC made and delivered comfort baskets to family members of Hospice House, a nonprofit organization operated by Hospice of the Ozarks. Family members who are from out of town or need to stay during the night are given basket with thoughtful and much needed items.
- Benton County Council—Building EHC Membership—The members of the Benton County Council realized their membership was steadily declining and something needed to be done about it. The members spent 463 hours working to spread the word about the EHC program, and by doing this, established 2 new clubs.
- Benton County—Bella Vista Homesteaders EHC—Reading Buddies with Third Graders—13 members of the Bella Vista Homesteaders EHC visited with students of the Thomas Jefferson Elementary School twice a month for one hour for a total of 460 hours. Students enjoy visiting with the pseudo grandparents to improve their reading skills and interact with caring adults. The club also donated labels, clothing, and snack items.
- Benton County—Highfill EHC—Gentry Primary School Undwerwear and Sweats—Highfill EHC brought to their club meetings either size 4 or size 6 underwear or sweatpants to be donated to the Gentry Primary School. These items were needed for children who had an accident at school and had no other clothes so they could change.
- Benton County—Maysville EHC—Maintenance of the Maysville Community Building—Maysville EHC oversees the use and maintenance of the Maysville Community Building. They do this by keeping the building in good repair through fundraisers, donations, and grants. A major

accomplishment this year was securing funds and installing a new metal roof.

- Benton County—Vaughn EHC—Saving Grace Home for Girls—Vaughn EHC adopted the Saving Grace Home for Girls who have aged out of the foster care system, group homes, and are homeless and/or dealing with life without a sustaining network of relationships. Each month the members select 1 item to donate for the pantry. At Christmas, gift bags were made for all 14 of the girls in residence. A total of 380 items for the year were taken to the home for the girls' benefit.
- Carroll County Council—Personal Care Kits and Quilts—The members of the Carroll County Council made 12 personal care kits for women and similar kits for the children. The members also made 2 quilts, 6 pillows, 4 small quilts, 4 pairs of pillowcases 2 blankets, and a throw for the Battered Women's Shelter and Jeremiah House.
- Cleburne County Council—Senior Safety Workshop—Cleburne County Council members provided a free safety workshop to residents in their county. The council paid for the purchase of the National Rifle Association book, "Refuse to be a victim", and provided lunch for those who forgot to bring their own. The council also presented a universal design trailer equipped to showcase features designed to help people with their independence at any age.
- Cleburne County—Good Springs EHC—Margie's Haven House Donations—The members of the Good Spring EHC collected miscellaneous items for donation to Margie's Haven House. Margie's Haven House is a safe house in Cleburne County where women and children can escape domestic violence. This year's donation by Good Springs EHC helped 36 women and 14 children.
- Conway County Council—Feed our Youth: Project Backpack—Conway County Council raised money to help the Conway County Health Coalition. These funds were used to collect easy-to-prepare food items to

help supplement weekend meals for less fortunate school children in Conway County.

- Conway County—Birdtown EHC—The Valley Church—After a tornado destroyed the Valley Church of Viloria, members of the Birdtown EHC raised money to donate to and help members of the church rebuild. Members had a yard sale and bake sale, and half of the proceeds were given to the church to help with the rebuilding.
- Conway County—Hilltoppers EHC—Conway County Center for Exceptional Children—The Hilltoppers EHC members raised funds throughout the past year and donated prizes for adult bingo games, diapers, and specifically sized blankets for the children's cots that were needed by the center. Members also made 30 fleece blankets that were given to the children and to the director.
- Conway County—New Horizon EHC—Komfort Pillows—The New Horizon EHC made “komfort pillows” and “hand rolls” for the bedridden residents of the Brookridge Cove Rehabilitation and Care Center in Morrilton. The pillows can be placed between legs, along body sides, and wherever there is contact with fragile skin. The hand rolls are used for patients to place inside their hands in order to open them as well as to keep patients from clenching too hard thus injuring themselves.
- Conway County—Oppelo Twilite EHC—Department of Human Services Health Kits—Opelo Twilite EHC members collected items each month for kits for the children administered to by the Department of Human Services. These kits were delivered every 3 months. Usually there were 12 to 20 kits each delivery. We did not get to see who received these health kits, but the staff of DHS knew we were helping someone in need.
- Conway County—Petit Jean Mountain EHC—Petit Jean Mountain Cemetery—Petit Jean Mountain EHC helped restore the historic site of the Petit Jean Mountain Cemetery that was established in 1854. The EHC members scheduled 3 workdays to remove debris, rake leaves, mulch,

repair walkways, and restore the fencing. A canoe was held to benefit the Cemetery Association project.

- Crawford County—River Belles EHC—Teaching Dolls for ACH—The River Belles EHC answered a request from ACH for more teaching dolls. The club held a workshop to make the dolls. Members cut the patterns, sewed the seams, stuffed, and finished the dolls by hand stitching the top seam. There were 53 teaching dolls taken to ACH from this workshop.
- Izard County Council—Luncheon for District Fair Judges—The Izard County Council members cooked and served a healthy meal for over 100 people who helped judge and volunteered at the North Central Arkansas District Fair.
- Izard County—Franklin EHC—Change for New Beginnings Pregnancy Help Center—Franklin EHC members collected loose change in baby bottles for 3 months and donated the funds to the New Beginnings Pregnancy Help Center. The project was chosen because New Beginnings provides services without charge to expectant mothers, both married and unmarried.
- Izard County—GID EHC—Boo-Boo Bears Collection—GID EHC collected 230 stuffed toys for the Boo-Boo Bears Collection project. The stuffed toys were distributed to White River Medical Center and Mount Pleasant Volunteer Fire Department. The toys were handed out throughout the year to both injured and frightened children to help console them.
- Izard County—Red Bud EHC—Melbourne Elementary School—Red Bud EHC chose to help the Melbourne Elementary School with donations of school supplies—paper, pencils, pencil holders, crayons, backpacks, glue, scissors, notebooks, and other items that were needed. These were donated for children who were in need of these items, and through no fault of theirs, could not get them.
- Izard County—Zion EHC—Serving our Community—Zion EHC donated money to the local food bank, Manna House and to the Safe Passage shelter for battered women. EHC members made handmade hats and

blankets for newborns and infants for the Izard County Health Unit as well as adult shirt protectors for Hospice for their clients. The club supported Becky's Kids, a nonprofit that seeks to bring love and support to foster children. Members supplied desserts for the volunteer fire department fundraiser and donated time to the 4-H day camp.

- Johnson County—ReRuns EHC—Sewing and Crocheting Dolls and Pillows—The ReRuns EHC members sewed, stuffed, and crocheted 20 dolls and pillows to donate to the local CASA office. Sometimes the children represented by CASA are taken from their homes, and the dolls and pillows will give them some small comfort.
- Newton County Council—Christmas Child Project—Making sure that needy children and their families experienced the joy of gifts at Christmas was the goal of this year's winter project for the Newton County Council. Over 85 children in Newton County received gifts provided by the EHC members, local community organizations, and other individuals.
- Pope County—Economy EHC—Nursing Home Lap Robes—Atkins Nursing and Rehabilitation Center requested that Economy EHC members make lap robes for the residents as Christmas gifts. The lap robes were sewn, embroidered, crocheted, and knitted. It was nice to help the residents and see the smiles on their faces when they received these lap robes.
- Searcy County—Oxley EHC—Benefit Auction for the Randy Jackson Family—Oxley EHC went into action when tragedy struck the Randy Jackson family. The EHC members along with community volunteers, friends, family, and neighbors raised \$3,200 through donations and a successful benefit auction. Randy's stepson was the club's 2012 EHC scholarship recipient.
- Sebastian County Council—Sparkie Dogs—Every month about 100 Sparkie Dogs are taken to Sparks Hospital and given to children who are patients and to children who come into the emergency room. The

members of the Sebastian County EH Council make the Sparkie Dogs and deliver them.

- Sebastian County—Excelsior EHC—Heart Pillows for Breast Cancer—18 members of the Excelsior EHC made 54 heart pillows for the Donald W. Reynolds Cancer Support House. These pillows are used for comfort under the arms of patients who have had breast cancer.
- Van Buren County Council—BC/BS Mini Grant/Get Fit—Besides assisting in the startup of 2 exercise groups and presenting 3 diabetic cooking classes, the mini grant allowed members of the community to attend a fitness rally offered by the University of Arkansas, 2 ladies to be certified in Strong Men and Strong Women training and the training and certification of 5 new Wellness Ambassadors for Van Buren County through the University of Arkansas.
- Washington County—Bethel Grove EHC—Medical Teaching Dolls—The Bethel Grove members answered the call of ACH for medical teaching dolls. A total of 38 were hand sewn, stuffed, and taken to ACH. We hope that with the use of these dolls confused and upset children can understand more fully what is happening to them.
- Yell County Piece Makers EHC—Quilt for Veterans—The Yell County Piece Makers EHC created a quilt to be given away to a local veteran. The quilt was made from fabric with a patriotic theme. The quilt was given away at the Chambers Bank’s annual Veteran Day celebration. Each veteran attending got to enter the drawing.
- Yell County—Spring Creek EHC—Sharing and Caring—Spring Creek EHC helped provide food and support to the Sharing and Caring food pantry. Club members brought over 135 nonperishable items to the April club meeting for a “shower” for the food pantry.