

“How to Talk to Your Doctor” Pre-Class Questions

Your Name: _____

Circle your answers.

1. How confident are you at filling out medical forms by yourself?	1 Extremely	2 Quite a bit	3 Somewhat	4 A little bit	5 Not at all
2. How confident are you at being prepared to talk to your doctor?	1 Extremely	2 Quite a bit	3 Somewhat	4 A little bit	5 Not at all
3. How confident are you at telling your doctor everything he or she needs to know in a short visit?	1 Extremely	2 Quite a bit	3 Somewhat	4 A little bit	5 Not at all
4. How confident are you at repeating back what your doctor tells you in your own words?	1 Extremely	2 Quite a bit	3 Somewhat	4 A little bit	5 Not at all
5. How confident are you at taking your meds like the label says to?	1 Extremely	2 Quite a bit	3 Somewhat	4 A little bit	5 Not at all
6. How likely are you to take all your meds with you to your doctor visit?	1 Extremely	2 Quite a bit	3 Somewhat	4 A little bit	5 Not at all