

Graham Cracker Castles

Help your kids be little engineers! These graham cracker and peanut/almond butter structures allow your child to create an edible structure and stretch their minds while filling their bellies.



Ingredients:

4 full sheets Graham Cracker
2 Tablespoons Peanut or other nut butter (almond, soy, sunbutter, etc.)

Butter knife or spoon
Wax paper, paper towel, or plate

Directions:

Give plate, paper towel, or wax paper, butter knife or spoon to each child. Younger children may prefer to use fingers.

Give each child graham cracker sheets. Depending on the age of the children, you may want to go ahead and break some in half. Older children will be able to do this.

Give scoops of peanut butter (or alternative) to each child.

Demonstrate how to spread peanut butter (or alternative) on the edges of the graham crackers so they will stick together.

Watch your children create and enjoy!!

