Peach Cobbler

Ingredients:

2 teaspoons cornstarch 2 tablespoons cold water 1 (14.5 oz) can sliced peaches, in juice 1 cup baking mix 2 tablespoons brown sugar
¹/₂ teaspoon cinnamon
6 tablespoons skim milk
2 tablespoons vegetables oil
¹/₂ teaspoon vanilla extract



Directions:

Preheat oven to 400°F. Dissolve cornstarch in cold water in a square baking dish. Add peaches in their juice. Stir to distribute cornstarch. Combine baking mix, sugar, and cinnamon. Stir in milk, vegetable oil, and vanilla to make a soft sticky dough. Drop by tablespoon on top of peaches. Bake for 20-25 minutes until bubbly and baking mix brown.

Nutrition:

Serving Size: 1 cup 270 Calories, 8 gram of Total Fat, 1 gram of Saturated Fat, 5 grams of Protein, 45 grams of Total Carbohydrate, 3 grams of Dietary Fiber, 310 milligrams of Sodium

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