

# Impossibly Easy Cheeseburger Pie

## Ingredients:

- Non-stick cooking spray
- 1 pound lean or extra-lean ground beef
- 1 cup chopped onion
- 1 cup shredded reduced-fat cheddar cheese
- ½ cup reduced-fat baking mix
- 1 cup fat-free milk
- 2 eggs

## Directions:

Preheat oven to 400°F. Coat 9-inch pie pan with non-stick cooking spray. Cook ground beef and onion until beef is browned; drain off any grease. Spread in pie plate and sprinkle with cheese. In a medium bowl, stir baking mix, milk, and eggs until blended; pour into pie plate over beef mixture. Bake for 25 minutes or until knife inserted in center comes out clean.

## Nutrition Information:

Serving Size: 1/6 pie

210 Calories, 6 grams of Total Fat, 2 grams of Saturated Fat

24 grams of Protein, 11 grams of Total Carbohydrate

1 gram of Dietary Fiber, 300 milligrams of Sodium

