

## SUMMER SAVINGS SERIES

## **DIY to Save**



1

#### In the Kitchen

This is a great place to start!

- Cook from scratch, instead of mixes
- Bake your own bread/muffins/biscuits/etc.
- Eat at HOME, not at a restaurant or drivethrough
- Make your own chicken broth
- Cut up your own vegetables, fruits, meats.
- Cook dry beans yourself
- Use cloth napkins and towels, rather than disposable napkins and paper towels
- Drink water instead of sodas and juice
- Substitute
- Use leftovers in a creative way have a contest, make your own gourmet casserole, etc.
- 2

#### **Around the Home**

You can do more than you may think!

- Fix it yourself! YouTube is a great help.
- Make your own homemade cleaning products
- Make your own laundry detergent
- Make gifts yourself use your skills!
- Grow your own food in a garden
- Take care of what you have
- Decorate using what you have
- Sew your own pillows, curtains, napkins, etc.

# 3

### Use a Budget!

Make a plan for your money

- Be realistic
- Consider all expenses and income
- Build in a margin of safety by overestimating expenses and underestimating income.
- Keep trying until you find what works for you
- Distinguish between wants and needs. Buy what you NEED first. The wants belong in the "what's left over" category.



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