

RICE! RICE! RICE!

K C Q V X R S A V O R Y F I E L D R
J A H E A L T H Y P E I W H I T E A
K S G V I Q I C H O P S T I C K S N
E S W H Q R C P L A I N O O X S M B
R E H Z Z O Q R U I S W W U X I C D
N R K A Q G B R O W N T I F P M E I
E O K C R W W A F P S B E L V M R S
L L K S O V P R O T I E N A D E E H
I E U A O O E R Y S W E E T M R A L
J N N U L F K S G N Z J S L F E L T
V Y H U L L T L T F R I E D Z R D V
C D S T I C K Y L X K O G R A I N H

FIND THE FOLLOWING WORDS IN THE PUZZLE

WORDS ARE HIDDEN → ↓ and ↘

| | | | | |
|-----------|---------|--------|---------|------------|
| CASSEROLE | FRIED | SIMMER | CROP | GRAIN |
| HEALTHY | SOUP | WHITE | HARVEST | SOFT |
| CEREAL | WILD | SWEET | KERNEL | DISH |
| STICKY | PROTIEN | PLAIN | SAVORY | HULL |
| BROWN | STEAMED | COOK | FIELD | CHOPSTICKS |