Rice Play Dough

Yields: 8 golfball size portions of dough | Total Time: 15-20 minutes

What you will need:

1 1/4 cups white rice flour 1/2 cup salt 1 tsp cream of tartar 1 cup water 1 Tbsp oil 1/4 tsp vanilla extract Food coloring as desired (optional) Colored whole rice grains (optional) Wax paper



To Make:

Mix flour, salt, and cream of tartar in a large pot. Add water and oil. (Add food coloring to water for colored dough)

Cook over medium heat until the mixture pulls away from the sides of the pan and starts to form a ball (about 5 minutes), stirring constantly.

Add vanilla extract (for smell, not taste). Mix thoroughly.

Put play dough on a piece of wax paper. When cool enough to handle, knead lightly. If adding colored rice kernels, knead into dough.

Activity Additions:

Add grains of colored rice to the white play dough to add texture. This also allows each student to add what color they want rather than the instructor making several batches of different colored play dough.

The cooling process takes about 5 minutes. That provides a great time to talk about how rice is hypoallergenic, the process rice goes through to be turned into flour and the way rice is used around the world.