



ARKANSAS LOCAL PRODUCE

FRUIT & VEGETABLE HARVEST CALENDARS

A wide variety of produce is grown in Arkansas, and the **Arkansas Grown®** trademark will help you spot it in the retail outlets. If you see the trademark, you can be sure the food was grown or produced in Arkansas.

Looking for Local? Check out:

- arkansasgrown.org
- littlerock.locallygrown.net/growers/list
- ar.foodmarketmaker.com

ARKANSAS FRUIT HARVEST CALENDAR

	MAY	JUNE	JULY	AUG	SEP	OCT
Apples		●	●	●	●	●
Blackberries		●	●			
Blueberries			●			
Cantaloupe			●	●	●	●
Grapes			●	●		
Muscadines				●	●	
Nectarines			●	●		
Peaches		●	●	●		
Plums		●	●	●		
Raspberries		●				
Strawberries						
Watermelon			●	●	●	



ARKANSAS VEGETABLE HARVEST CALENDAR

	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Asparagus				●	●							
Beans (Green)						●	●	●	●	●		
Beets				●	●						●	●
Broccoli					●	●	●				●	●
Butter Beans							●	●	●	●		
Cabbage	●			●	●	●					●	●
Carrots					●	●					●	
Cauliflower					●							
Chard				●							●	●
Collard Greens	●	●	●	●	●			●	●	●	●	●
Cucumbers					●	●	●	●	●	●		
Eggplant						●	●	●	●	●		
English Peas				●	●						●	●
Greens, Leafy										●		
White Potatoes					●	●	●					
Kale			●	●							●	●
Lettuce				●	●	●	●				●	●
Okra						●	●	●	●	●		
Onions					●	●						
Peppers						●	●	●	●	●		
Pumpkin									●	●		
Radish			●	●	●	●					●	●
Black-Eyed Peas							●	●	●	●		
Spinach			●	●							●	●
Summer Squash						●	●	●				
Sweet Corn						●	●	●	●			
Sweet Potatoes								●	●	●		
Tomatoes					●	●	●	●	●	●		
Turnip Greens	●	●	●	●							●	●
Winter Squash								●	●	●	●	●