## **Locally Grown Produce**



A wide variety of produce is grown in Arkansas, and the Arkansas Grown<sup>®</sup> trademark will help you spot it in the retail outlets. If you see the trademark, you can be sure the food was grown or produced in Arkansas. For more information on buying Arkansas produce, go to http://www.arkansasgrown.org, http://littlerock.locallygrown.net/growers/list\_and http://ar.marketmaker.uiuc.edu/search.php.

Below and on the next page you will find listings of fruits and vegetables grown in Arkansas and the months in which they are harvested.

	May	June	July	August	September	October	
Annles			1,4				
Apples							
Blackberries							10.00
Blueberries							0.0
Cantaloupe						T.	
Grapes							
Muscadines							1-1-N
Nectarines							
Peaches							210 X 4
Plums							
Raspberries							
Strawberries							10 m
Watermelon							







	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Asparagus												
Beans (Green)												
Beets												
Broccoli												
Butter Beans												
Cabbage												
Carrots												
Cauliflower												
Chard												
Collard												
Cucumbers												
Eggplant												
English Peas												
Greens, Leafy												
White												
Potatoes												
Kale												
Lettuce												
Okra												
Onions												
Peppers												
Pumpkin												
Radish												
Black-Eyed												
Peas												
Spinach												
Summer												
Squash												
Sweet Corn												
Sweet												
Potatoes												
Tomatoes												
Turnip Greens												
Winter												
Squash												
Indicates su	mmer mo	onths.								178		

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