

Today's episode of
Made at Home

Cheap Tricks

Vegetable Stir Fry

VEGETABLE STIR FRY

1/2 Cup Mushrooms

1/2 Cup Squash

1/2 Cup Carrots

1/2 Cup Peas

1 tsp black pepper

1 tsp Ginger

1 tsp salt

1 tsp Oil

DIRECTIONS:

- Warm up pan on medium - high heat on stove top.
- Place oil on pan and add in vegetables.
- Add spices and let cook to tenderness.