





# 2021 4-H ORAMA GUIDE



Division of Agriculture RESEARCH & EXTENSION University of Arkansas System

## WHAT IS 4-H O-RAMA?

For youth throughout the state, 4-H O-Rama is the culmination of a 4-H member's year of hard work and dedication. It is designed to supplement the county 4-H program and project work. Each year contests are held throughout the counties, the U of A Cooperative Extension districts, and at the state level. The District 4-H O-Ramas are held in each district. The State 4-H O-Rama is held on the U of A Fayetteville campus and over 2,100 youth and adults attend annually.

## DATES TO REMEMBER

4-H Outdoor Skills Events: Saturday, March 13, Prairie County Fairgrounds

4-H Indoor Competitive Events: Saturday, April 24, Prairie County Fairgrounds

Delta District O-Rama: Thursday, June 17, EACC Forest City

Arkansas (State) O-Rama: July 27-30, U of A Fayetteville

## **CONTACT INFORMATION FOR 4-H O-RAMA EVENTS**

General information, contest rules and resources can be found on the Arkansas 4-H website <u>https://4h.uaex.edu/youth/opportunities/orama.aspx</u> or by contacting the Prairie County Extension office.

Prairie County Extension Service (Located in the DeValls Bluff Courthouse) 183 Prairie Street DeValls Bluff, AR 72041 Phone: 870-998-2614 E-mail: smwilson@uaex.edu OR agtallent@uaex.edu

I pledge my HEAD to clearer thinking My HEART to greater loyality, My HANDS to larger service, and My HEALTH to better living, for my club, my community, my country and my world.

## **GENERAL INFORMATION**

The 2021 Prairie County 4-H O-Rama will be divided into two separate events this year. **Outdoor Skills Competitive Events** will be held on Saturday, March 13 at the fairgrounds in Hazen. Competitive activities will begin at 9:00 a.m.

Events will include:

**The 3 B's** – Bait Casting and Game Fish ID, Bicycle, and Gun Safety/BB Marksmanship

ID Contests – Crops and Weeds, Ornamental, and Wildlife

**Indoor Competitive Events** will be held on Saturday, April 24 at the fairgrounds in Hazen. Competitive activities will begin at 9:00 a.m.

Events will include:

## Illustrated Talks Performing Arts Vocal and Instrumental Fashion Revue Purchased and Constructed

Competition guidelines are provided in this guide to prepare 4-H members for each activity. For further information regarding an activity, let us know. <u>4-H'ers must pre-</u><u>register for competitive events at least 1 week prior. Contact Amanda Stark at 870-998-2614 or astark@uaex.edu\_to register your family for a time slot to compete</u>.

## **RULES AND GUIDELINES**

#### AGE REQUIREMENTS FOR 4-H O-RAMA

(BASED ON AGE AS OF JANUARY 1 OF CURRENT YEAR):

5-8 years old – Cloverbuds 9-13 years old – Juniors 14-19 years old – Seniors

Only 4-H'ers ages 9-19 will be eligible to *compete* in county activities. Awards will be given for 1st, 2nd, and 3rd places in each category for Juniors and Seniors. *Cloverbuds may participate in all activities on the county level EXCEPT BB Gun and ID contests. They will not be judged, but will receive a participation ribbon.* Cloverbuds must be accompanied by an adult if attending competitive events. Cloverbuds are not eligible to participate in competitive out-of-county activities.

## **OUTDOOR SKILLS O-RAMA COMPETITIVE EVENTS – March 13**

#### **Bait Casting and Sports Fishing**

Designed for youth to demonstrate their fishing knowledge and skills. P articipants will not only compete in casting accuracy, but in game fish, anatomy and tackle identification, fishing regulations and ethics and aquatic ecology.

#### **Bicycle**

Contestants are encouraged to bring their own bicycles and helmets for use in this event. The bicycle must properly fit the individual and meet accepted safety standards. This contest will include:

- Written examination 20 multiple choice and true-false questions
- Parts Identification Identify 10 parts
- Skill Riding Courses

#### Gun Safety and BB Gun Marksmanship

Three parts – gun safety session, written exam and target shooting. Each contestant will fire one round from each of the four basic shooting positions (prone, sitting, kneeling and standing), and one round from the position of the participant's choice from five meters away.

#### **ID CONTESTS**

#### **Crops and Weeds**

The activity will include an exam taken from the 2021 Arkansas Row Crops Quick Facts, identification of five common Arkansas field crops and 15 weeds and writing a fertilizer recommendation for the nutrients nitrogen (N), phosphorus (P) and potassium (K) expressed in pounds per acre when given a soil test report from a given row crop field. The 2021 fertilizer recommendations will be for Corn.

#### **Ornamental Horticulture**

Garden flowers, foliage plants, landscape plants and trees will be included for identification.

#### <u>Wildlife</u>

This activity focuses on the contestant's ability to identify wildlife species, identify foods these wildlife species consume and knowledge of wildlife management concepts. The contest includes wildlife identification and wildlife foods and management concepts.

Contact Amy (agtallent@uaex.edu) for study materials for these ID contests.

## INDOOR O-RAMA COMPETITIVE EVENTS – April 24

#### **ILLUSTRATED TALKS**

Illustrated talks should make full use of visuals and experience. The judges reserve the right to ask questions related to the topic discussed in the illustrated talk or method demonstration.

#### **Animal Science**

Each participant should be prepared to present an illustrated talk or method demonstration in an area of animal science such as animal genetics, production, nutrition, management or marketing practices. The presentation can deal with animal species such as beef, dairy, swine, poultry, goats, sheep and other livestock.

#### **Citizenship**

This activity consists of an illustrated talk that demonstrates a 4-Her's understanding of government, laws, history, citizen involvement, public policy or other topics related to citizenship in the United States.

#### **Entomology Talk**

Entomology activity consists of an illustrated talk and the collection of one insect pinned to specifications found in publication MP83 "Making an Insect Collection" or the subject specimen can be displayed in a properly labeled vial of alcohol. The illustrated talk must show that the participant has identified the insect and understands how it lives and works in the environment.

#### **Environmental Stewardship**

The activity consists of an illustrated talk or method demonstration which shows that the participant has an understanding of some aspect of environmental stewardship. Examples are the conservation and management of a particular natural resource or the interrelationships which exist among plants, including animals and non-living factors like soil, air and water in a particular environment.

#### Food Fair

**Juniors** – Develop an illustrated talk about one of the following foods: breads, eggs, healthy snacks, fruits and vegetables or Arkansas foods (poultry, rice, soybeans, beef, dairy, tomatoes, or catfish).

**Seniors** – Select a recipe that is consistent with the Dietary Guidelines for Americans and then present an illustrated talk describing the recipe and reasons for selecting it.

#### <u>Health</u>

To participate, each member should be prepared to give an illustrated talk or demonstration on some aspect of healthy living. All presentations should be based on scientific research rather than personal opinion. However, participants can use personal experiences or examples to help illustrate research-based information.

#### <u>Horse</u>

Each participant should be prepared to present an illustrated talk or method demonstration in an area related to the horse industry. Presentation can deal with topics related to horse science, safety, training, equipment, horsemanship, occupations related to the horse industry and horseback riding as a recreational activity.

#### Human Development

Participants should be prepared to give an illustrated talk or demonstration on some aspect of human development. Possible topics include the importance of optimism, child guidance skills, effective listening, character education or early brain development.

#### **Innovative Technology**

The Innovative Technology event allows 4-Hers to demonstrate their favorite electronic technology and give a quick overview of how it can be used. Using the device of their choice, 4-Hers can give an illustrated talk or method demonstration concerning some aspect of their favorite app, device or software sharing information such as the pros and cons, costs involved, privacy issues, benefits, impact, intended audience and even bugs!

#### **Safety**

Participants will present an illustrated talk on farm, home or traffic safety.

#### Vet Science

Each participant should be prepared to present an illustrated talk or demonstration on some area of veterinary science. Topics can include diseases, parasitism, toxicities, defects or normal physiological processes.

#### **Public Speaking**

The speech can cover the topic of your choice. Handheld notes and podiums may be used during your speech. Visuals, including posters, PowerPoints and use of dry erase boards or chalkboards are not allowed.

#### PRESENTATION AND CONTEST GUIDELINES:

In contests that use the <u>Method Demonstration and Illustrated Talk Score Sheet</u>, juniors 2–5 minutes and seniors 5–8 minutes. Cloverbud talks should be 1-2 minutes.

#### **POWER POINT GUIDELINES:**

- Use of commercially prepared slides or PowerPoint presentation is not allowed.
- Use of PowerPoint will be allowed at all Method Demonstrations and Illustrated Talks; however, all participants MUST save the presentation on a USB Flash Drive (thumb drive). Please note WIFI is not available.
- MUST load the presentation 15 minutes before the contest begins.
- MUST have three hard copies of their presentation.

#### PERFORMING ARTS

#### Up to 5 members per act, 1 act per division

<u>Vocal</u>: Youth will be judged on their vocal ability, stage presence and musicality. Youth must provide their own equipment, instruments, props or accompanist.

**Dance:** The Dance Division includes Dance Arts (tap, ballet, square dance, and clogging), Popular Dances, Break Dancing, Hip Hop and Modern Jazz. Note: acrobatics, gymnastics, martial arts and baton twirling will not be allowed.

**Instrumental:** The Instrumental Division includes both Classical and Non-Classical instrumental music. Music in the educated European tradition such as chamber music, opera, symphony, or jazz, country western, popular and rock are allowed. Note: No singing or vocal utterances will be allowed with instrumental.

#### **FASHION REVUE**

**Casual:** Garments for school and casual after school activities such as spectator sports, picnics and casual dates.

**Dressy:** Ensembles worn to dressy activities such as church, dinner dates, theater and job/scholarship interviews. No formal wear allowed.

**Purchased:** This activity consists of informally modeling garment(s) purchased by the contestant and a short, informal presentation detailing the cost, use (why the garment(s) were chosen) and how the contestant has cared for the garment(s) after the garment(s) were worn.

**Constructed:** The activity consists of informally modeling a garment constructed by the contestant and a short presentation detailing the cost, use and care of the garment. The fiber(s) and fabric(s) from which the garment(s) is/are made should be identified including reasons given for their choice.

## VIRTUAL CONTESTS (FOR YOUTH AGES 9-19)

#### **ROSS PHOTOGRAPHY CONTEST**

The Ross Foundation 4-H Photography Contest provides an opportunity for youth to demonstrate, compete, and exhibit their photography skills. Categories include: Color Living, Color Non-Living, Black & White Living, Black & White Non-Living.

#### **Photo Guidelines:**

- All photos that are exclusively plant-life (bushes, flowers, trees, etc.) should be entered in the non-living category. The living category is intended for people and animals.
- All scenes/subjects must be in Arkansas.
- Only one version of each photo can be entered.
- Use of photo editing is limited to "darkroom techniques" (cropping, dodging and burning, saturation, exposure).

A county winner will be selected for each category and submitted for consideration at the state level. County winners will receive \$10. First, second and third place state winners will be selected for each category. A Best of Exhibit will be chosen from all state winners. Cash prizes will be awarded for all places.

## Photos should be submitted by EMAIL to smwilson@uaex.edu with the subject "Ross Photo" no later than March 12.

#### 4-H POSTER ART CONTEST

Posters can be horizontal or vertical and can be created using any of the following mediums – ink, crayon, acrylic, charcoal, colored pencil, collage or digital. Posters should only contain original creations. Please refrain from using any copyrighted material.

Five junior winners (ages 9-13) and five senior winners (ages 14-19) will be selected and will receive a certificate, which will be presented at the District 4-H O-Rama's in June.

The poster themes for 2021 are: **4-H's Got Talent OR Open Theme** (create a 4-H theme and poster to go with it).

A photo of the poster should be submitted by EMAIL to smwilson@uaex.edu with the subject "4-H Poster Contest" no later than April 24. Email should include 4-H member's name, age, county, mailing address and brief interpretation of the poster.

#### FARM BUREAU DAIRY FOODS CONTEST

4-H members will submit a recipe, registration form, and a photo of the finished product. All recipes MUST be typed on  $8\frac{1}{2} \times 11$  sheet paper, using 14 pt. Times New Roman font with name and address at the top. Registration forms will be available on our website.

Two divisions: Party Ideas and Main Dish. There must be dairy product(s) in the recipe. Recipes will be judged on ready availability of ingredients, clearness and accuracy of recipe, serving suggestions and other ideas on entry recipe, originality, the recipe by use of dairy products, and photo of completed recipe/presentation.

Notice that the scoresheet includes "appearance of prepared food". Depending on what you make, you may want to photograph the whole prepared dish, or a portion on a separate platter, plate, dish, etc.

There will be a first, second, and third place winner in each of the categories and both first place winners will receive a prize from Arkansas Farm Bureau. Cash prizes will be awarded for all places, \$20, \$15 and \$10.

The two winning recipes will be sent to Little Rock for judging. The winners from each division from across the state will be selected to compete in the State Dairy Foods Contest, to be held later this year.

Entries should be submitted by EMAIL to smwilson@uaex.edu with the subject "Dairy Foods Contest" no later than April 24. Email should include registration form, recipe, and photo.

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