



Dear prospective 4-H family:

It's my pleasure to send you the enclosed information on the Lonoke County 4-H program. 4-H is a youth development program offered by the University of Arkansas Department of Agriculture Cooperative Extension Service. The mission of Arkansas 4-H is to provide opportunities for youth to acquire knowledge, develop life skills, form attitudes, and practice behavior that will enable them to become self directing, productive, and contributing members of society.

We aim to achieve this mission through 4-H clubs, club, county and state 4-H activities, camps, competitions, and project work – just to name a few. Included in this packet is a list of local Lonoke County 4-H clubs. Some clubs focus one specific project; other clubs conduct a variety of educational programs. The best way to learn about the club is to call the Volunteer Leader listed for the club and ask them specific questions. Once you find a club (or clubs) that sparks your interest, visit their next meeting.

After you find a club, it is time to enroll! 4-H enrollment is online at www.Arkansas.4Honline.com. Instructions for online enrollment are included, but if you need assistance, feel free to call me for help. Once you finish online enrollment: CONGRATS! You are now an official 4-H member!!

Thank you for your interest in the Lonoke County 4-H program. Please contact me if I can help you in any way.

Thanks,

Sara Beth Johnson

Sara Beth Johnson
County Extension Agent – 4-H



www.Facebook.com/LonokeCounty4H

WHAT IS 4-H?

4-H is the youth development program conducted by the University of Arkansas, Division of Agriculture, Cooperative Extension Service. The mission of 4-H is to provide opportunities for youth to acquire knowledge, develop life skills, form attitudes, and practice behavior that will enable them to become self directing, productive, and contributing members of society.

PROJECT AREAS:

Family Life, Fabrics And Fashions, Consumer Education, Housing And Home Environment, Foods And Nutrition, Health And Fitness, Safety, Bicycle, Arts And Humanities, Citizenship, Leadership, Communication, Photography, Agriculture, Animal Science, Beef, Dairy, Meat Goats, Horse, Meat Science, Pets, Poultry, Rabbits, Sheep, Swine, Plant & Soil Science, Gardening & Horticulture, Crop Science, Outdoor Adventures, Environmental Stewardship, Forestry, Shooting Sports, Sport Fishing, Wildlife Management, Wood Science, Veterinary Science, Energy Management, Electricity, Entomology, Technology and Engineering.

4-H OPPORTUNITIES:

4-H CAMPS – State Camps: Adventure and Challenge Camp, Arkansas State 4-H Junior Camp, Entrepreneur Camp, Equine Camp, Advanced Entrepreneur Camp, Forestry and Wildlife Camp, High Adventure, Leadership Workshop – Basic & Advanced. County Camps: Sewing Camp, Cooking Camp, Shooting Sports Camp, Cloverbud Camp, Junior Camp

LEADERSHIP OPPORTUNITIES – 4-H Teen Star, 4-H Ambassador, 4-H Teen Leader, Arkansas State 4-H Officer, Camp Counselor

4-H SCHOLARSHIPS – Over \$30,000 in scholarships offered at the state level

4-H TRIPS – Washington Focus, National 4-H Conference, National 4-H Congress

COMPETITIVE ACTIVITIES – Record Books, Broiler BBQ, Ross Photography, Giant Pumpkin & Watermelon, Shooting Sports, Wildlife Habitat Evaluation, Poultry Chain, County, District, and State Fairs, Horse shows, Forestry, and County, District, and State O'Rama

O'RAMA EVENTS – Public Speaking, Illustrated Talks, Fashion Revue, Performing Arts, Bicycle, Bait Casting, BB Gun, Crop ID, Wildlife ID, Ornamental Horticulture, Tree ID, Livestock Judging, Poultry Judging, Tractor, Photography, Food Bowl, Interior Design, Parliamentary Procedure, Consumer Judging

HOW DO I GET INVOLVED?

Choose a Lonoke County 4-H Club. Contact the club leader and find out when their next meeting is. Visit the meeting. Once you select a club, go online to Arkansas.4Honline.com and register as a 4-H member. Registration is free, and once you are registered you are eligible to participate in all activities and you will begin receiving monthly newsletters!



Welcome to Arkansas 4-H Online! Here's how to get started!

Enroll in 4-H

To register for an Arkansas 4-H event, you must register online using the Arkansas 4-H Online management system. You will need a computer, internet access, and a web browser.

1. Open your internet browser and go to <https://arkansas.4honline.com>.
2. Click "I need to setup a profile."
3. Select your county from the drop down menu.
4. Fill in the fields marked Email, Confirm Email, Last Name and create a password you will remember.
5. Select "Family" on the Role drop down menu.
6. Click "Create Login."
7. Follow the on-screen prompts and complete the Volunteer Section to register your family and all family members involved in 4-H as members or volunteers (this is for youth and adults). For example; if a youth serves as a club officer, on the Expansion and Review committee, etc. then mark "yes" on the volunteer section. If an adult is a club volunteer with completed youth protection forms on file in the county Extension office, then mark "yes" in the volunteer section. **Fields marked in bold are required.**
8. On the "Club" tab, select at least one club for membership. You may add additional clubs as needed. For example, select your community club and project clubs to which you belong.
9. On the "Projects" tab, you must select at least one 4-H project. You may add additional projects as needed. If you wish to order a project book, please contact your County Extension Office.
10. If you are a youth, your registration will be submitted to your county extension office, where an agent will review your application. If you have to make any corrections, they will contact you by e-mail. Once complete and correct, the agent will approve your enrollment.
11. After entering all family members, please log out of Arkansas 4-H Online.

Tip: Do not hit your browser's "Back" button while within the 4-H Connect system!

Register for Activities

1. When approved, you may log in to your account by clicking "I have a profile" and providing your email address and password.
2. On the "Member List" page, scroll to the bottom of the page and select a member from the "Register a member for an event" drop down menu. Select the event you are registering for. Only events that a member is eligible for will be shown.
3. After you register, your county extension agent will review your registration and approve.

LONOKE COUNTY 4-H CLUBS

Lonoke County 4-H Facebook page: www.Facebook.com/LonokeCounty4H

LoCo 4-H Club: Meets at the Lonoke Co. Extension Office

Club Leader: Nicole Emerson 870-830-3509

Facebook: bit.ly/LoCo4Hclub

Carlisle Country Clovers 4-H Club: Meets at Bancorp South

Club Leader: Nena Pasley 501-628-8233

Facebook: bit.ly/CCC4H

Rocking Horseshoe 4-H Club: Meets in Woodlawn area

Club Leader: Sally Walker 501-676-1120

Facebook: bit.ly/Rockin4H

Hog Wild 4-H Club: Meets at Tri Community Fire Department

Club Leader: Scharidi Barber 501-628-3168

Facebook: bit.ly/hogwild4h

4 Clovers 4-H Clubs: Meets at Cabot Library

Club Leader: Sara Beth Johnson 501-676-3124

Lonoke Co. 4-H Shooting Sports Club: Meets at UAPB Farm

Club Leader: Keith Perkins 501-944-0863

Facebook: bit.ly/LonokeSS

Lonoke Co. 4-H Teen Leader Club: Meets at Extension Office

Open to youth 13-19 years old

Club Leader: Sara Beth Johnson 501-676-3124