

## **Watermelon Fire & Ice Salsa**

3 tablespoons freshly squeezed lime juice

3 tablespoons chopped fresh cilantro

2 tablespoons chopped green onion

1 ½ tablespoons chopped fresh jalapeno pepper

¼ teaspoon salt

½ cup diced green bell pepper

3 cups diced seedless watermelon

Combine lime juice, cilantro, green onion, jalapenos and salt in a small bowl and stir to mix. Add bell pepper and watermelon and stir gently. Cover and refrigerate until ready to serve.

Goes great with grilled fish, chicken or barbecue. Yield: 6 servings

Nutrition information per serving: Calories-30, Fat-0g, Sodium-98mg, Carbohydrate-7g, Fiber-0, Protein-1 g