



Home and Heart

Howard County Extension Homemaker Newsletter

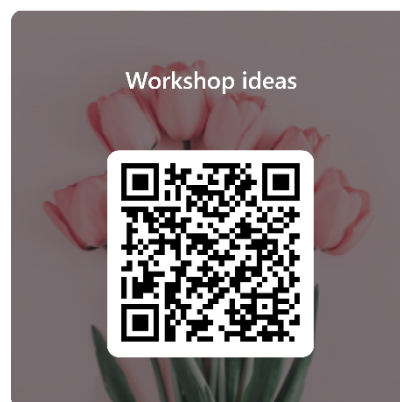
Summer 2026

Ideas for Future Workshops!

It's been a busy few months with even more to follow! June 2nd through 4th was the annual state EHC conference where there were workshops, learning opportunities, and networking. It was a great opportunity for everyone that attended and I want to encourage everyone to attend next year!

There will be some workshop information coming out soon so be on the lookout for that! I will post everything to my Facebook so if you're not following the page make sure to do so! The page is called Howard County Extension-FCS.

I would love to hear your ideas for future workshops! Please fill out this form with any suggestions you have. Keep in mind that my time and resources are limited, but I will consider every idea and work to make as many as possible a reality. Please enter this URL (<https://forms.cloud.microsoft/r/PnwnWCHm02?origi>) or scan this QR code.



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Upcoming Meetings

The EHC Leader Training meeting will be held at the EH house on July 28th at 10am. The Board Meeting will follow at 11am. The August Board Meeting will be August 18th at 10am.

Moonlight- August 4th at 5pm at the Center Point Community Center.

New Horizon- July 14th and August 11th at 1pm at the EH house.

Twilight- July 9th and August 13th at 3pm at the EH house.

Crochet/Quilting Workshop – July 31st at 9:00 am

Farmers Market

I will be at the Farmers Market with a food demonstration on July 24th and I would love to see you all there!

Howard County Fair

The Howard County Fair is scheduled for the week of August 24th through August 30th. *Note the date change from years past* You may set-up your booth on Monday, August 24th anytime during that day or on Tuesday, August 25th. Booths will need to be picked up on Sunday, August 30th starting at 2:00 pm. Please let the office know if you plan on having a booth. Volunteers will be needed to work the fair on Tuesday and Wednesday. Call the office and let Deb know if you plan on working.

EH Center Cleaning Schedule

July- Twilight

August- 4H

September- Moonlighters

Arkansas Extension Homemakers Update July 2026 New AEHC Officers

Congratulations to the new AEHC officers! Two-year terms begin July 1. Your 2026-2026 AEHC state executive officers are: President – Dot Dunn Hart (Jefferson County), President Elect – Darla Watts (Pope County), Vice-President – Darlene Holliday (Montgomery County), Past President – Deb Teague (Lawrence County), Secretary – Helen McCoy (Craighead County), Treasurer - Priscilla Johnson (Johnson County).

Statewide Service Project - Fabric Waste

EHC members will learn and share ways to reduce, reuse, and upcycle. Textile waste in the United States increased by over 50% between 2000 and 2018 (According to the U.S. Environmental Protection Agency). This project is a great opportunity to build awareness, learn creative skills, and contribute to a more sustainable community.

Crystal Bridges Exhibit

There's still time to visit the EHC exhibits at Crystal Bridges Museum of American Art in Bentonville. The museum is offering free admission for EHC members and Extension employees to attend the special exhibition

- *America 250 Common Threads*. Free admittance is offered July 1, 2, 3, 9,

11, 15, 16, 20, 23, 24, 25, 26. You must register at least two business days in advance of the date you will attend.

990-N: Form 990-N electronic submissions for clubs and councils should be made through IRS.gov and can only be submitted electronically. All clubs must file. Filers will be required to complete a short, one-time registration.

Recipe of the Month

This month's recipe comes from the University of Purdue Extension network. If you would like the nutrition information, you can find it on Purdue's Extension Foodlink.

<https://extension.purdue.edu/foodlink/recipe.php?recipe=Pasta%20Ratatouille>.

Recipe: Pasta Ratatouille

Ingredients:

8 oz. uncooked pasta (try rotini, penne, or bow tie noodles)

2 tablespoons vegetables oil

½ cup onion (chopped)

2 cloves garlic (finely chopped) or ½ teaspoon of garlic powder

1 medium green sweet pepper (chopped)

1 small zucchini (cubed)

1 small eggplant (cubed)

2 medium tomatoes (cubed)

¾ teaspoon salt

¾ teaspoon pepper

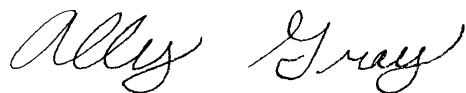
1 teaspoon dried basil

1 cup mozzarella cheese (shredded)

Directions:

1. Cook pasta according to package directions. Drain and set aside.
2. Heat oil in a large skillet over medium heat (300 F in an electric skillet). Add onion and garlic and cook until soft.
3. Add sweet pepper, zucchini, and eggplant. Cook for about 10 to 12 minutes.
4. Stir in tomatoes, salt, pepper, and basil. Cook another 2 to 4 minutes or until heated through.
5. Serve over pasta and top with cheese.
6. Refrigerate leftovers within 2 hours.

Sincerely,

A handwritten signature in cursive script that reads "Abby Gray". The ink is black and the signature is fluid and legible.

Abby Gray
County Extension Agent – FCS

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