

# EH NEWSLETTER

October 2023

## Ouachita District Rally

“Growing for Our Future” will be the theme of the Ouachita District EHC Rally scheduled for Tuesday, October 24 in Ashdown at the U of A Cossatot. Those attending include Tina Conzel, Joy Barr, Laura Dupree, Corliss Lewis, and Edith Deloney. However, Edith will not be able to attend. If anyone wants to go in her place, please let Jean know. A registration fee of \$25 will be charged to cover lunch and program supplies.

The group will leave the EH house at 8:00 a.m. and carpool to Ashdown. We will return around 3:00 p.m. that day.

This year, all counties are helping with the meeting. Howard County has been assigned to help serve the breakfast/brunch at the beginning of the meeting.

If you have any questions regarding this meeting, please call the office at 870-845-7517.

## Quilt/Crochet Day

**Howard County  
Extension Office**

**421 N. Main Street  
Nashville, AR 71852  
870-845-7517**

**Jean A. Ince –  
CEA-Staff Chair**

**Samantha Horn –  
CEA-4-H**

**Dawson Bailey -  
CEA – Agriculture**

**Deb Kreul –  
Administrative  
Specialist III**

The last quilt/crochet day for the calendar year is Friday, October 27. Those attending should bring a project to work on. There will not be an official project being taught. This day will be for all those “phantom” projects that have not been completed throughout the year. Or maybe you have a project stuck in the closet that needs to be completed.

This is a fun day to get together with friends and be creative. The group will start at 9:00 a.m. and sew until 4:00 p.m. If you can't come for the entire day but would like to participate for an hour or two, feel free to come.

With the holidays around the corner, the group decided not to meet anymore this year. They will resume after the new year on January 26.



## **October Board Meeting**

The October Board Meeting is scheduled for Tuesday, October 31 at 10:00 a.m. at the EHC Center in Nashville. Items on the agenda include:

- Old Fashioned Christmas
- Christmas Council Meeting
- Bake Sale – December 15??
- Plus, much more

Please make plans to attend this important meeting to take care of the business of your organization. All Council officers and club presidents are expected to attend. Any member may attend, but only voting members may vote.

## **Fixins & Nibbles for the Holiday Season**

Can you believe the holidays are here! Are you excited and looking forward to having a house full of family and friends? Do you have lots of holiday parties to attend? Or are you concerned over what you will be serving to eat? If so, you will want to attend this month's leader training lesson, "*Fixin's & Nibbles for the Holiday Season*".

This training will look at easy-to-prepare appetizers and party foods that you can serve. Many of the recipes will be those that can be prepared ahead of time and put together at the last minute for unexpected guests. They will also be great for guests to snack on while waiting for the big meal to be served. Many families are moving towards serving "finger foods" on Christmas Eve or Christmas day instead of serving a traditional meal. Both savory and sweet appetizers will be featured.



The training is scheduled for Tuesday, October 31 at 11:00 a.m. All food and nutrition leaders are encouraged to attend. Any EHC member is welcome to attend. Please note the date and time change! If you have any questions regarding this training, please contact the office at 870-845-7517.

## **Ol' Fashioned Christmas**

The Howard County EHC Educational Center will be transformed into a Christmas of days gone by on Saturday, November 4. An "*Ol' Fashioned Christmas*" scheduled from 2:00 to 4:00 p.m. will get you in the holiday spirit with tastings of new recipes, a look back at Christmas traditions, plus decorating ideas for the season. This special event will be similar to the Tinsel, Tin, and Treats from a couple of years back, or past holiday food shows, all with new ideas, new recipes, etc. It will definitely be one you will not want to miss.



Tickets for the event are on sale now and available from any EHC member or at the office. A limited number of tickets have been printed. You must have a ticket in order to attend. This event is open to anyone! The public is encouraged to attend.

Mark your calendar and plan to attend! All proceeds will go toward maintenance and upkeep of the EH House, which is used for educational programs including 4-H Youth Development programs and meetings, Agriculture programs, Family Consumer Science programs and Extension Homemaker programs. Howard County is very fortunate to have a center like this to conduct programming that benefits everyone in the county. Fundraising makes it possible. If you have any questions regarding this event, contact the Howard County Extension Office at 870-845-7517.

### **Preparation for Ol' Fashioned Christmas**

The committee for Ol' Fashioned Christmas has met several times to work on decorations, recipes, and other items to make the event a success. Now they need your help decorating and transforming the EHC house. The week of October 30-November 3 has been set aside to prepare for the event, which will be held on Saturday, November 4. Workers on the week of October 30, will need to be at the EH Center at 9:00 a.m. and on Saturday, November 4, they need to be there at 8:00 a.m. if helping with the food prep and at 1:00 p.m. for those who are helping serve. Any member who can help in any way is encouraged to come anytime that week. Maybe you can devote a couple of hours each day to help with preparations. Don't worry if you think you aren't creative, can't help with arrangements, decorating, or food preparation. There are plenty of jobs to do! We will find something you can do! Remember, this is a major fund-raiser for EHC.

### **Get Real – Here's the Deal**

The financial program, "Get Real-Here's the Deal" has been scheduled for Wednesday, November 29, at Nashville Junior High with 8<sup>th</sup> Grade students. This program gives students the opportunity to

experience real life financial decisions families must make each month.

Students learn basic budgeting, maintaining a checking account by making financial transactions which provide necessary needs like housing, transportation, food and clothing, insurance and more. Each student is given an occupation and a family. They make monthly financial decisions and learn to stay within their budget. They also learn the role education plays in determining future wealth.

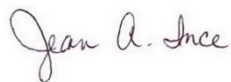


Help is needed to make this program a success. Volunteers are needed to man one of 12 stations ranging from housing to possible "bumps" that occur in family finances. If you would like to volunteer, please let Jean know as soon as possible. Volunteers who help always say, "This is a great program that teaches a much-needed life skill." Call the office at 870-845-7517 to volunteer.

## **EHC Christmas Council Meeting**

Mark your calendar for Monday, December 4 for the annual EHC Christmas Council meeting. All EHC members are encouraged to attend. Plans for the day will be made at the board meeting.

Sincerely,

A handwritten signature in cursive script that reads "Jean A. Ince".

**Jean A. Ince**  
County Extension Agent - Staff Chair

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