

Home and Heart

Howard County Extension Homemaker Newsletter



January 2026

I am still officially on the clock in Howard County so I thought I would write one last newsletter to my favorite Extension Homemakers! Most of you have heard my news, but just in case you haven't, I have accepted a position at the state 4-H office in Little Rock as the Civic Engagement/Leadership Instructor and will begin my duties on January 5. If you're ever in Little Rock, please call me and let's have lunch!

Bake Sale

Thank you to everyone who worked or brought something to the EHC Bake Sale in December. The total raised was \$1,041.50!

January EHC Board Meeting – January 27

The January EH Board Meeting will be held at the EH Center at 11:00 a.m. on Tuesday, January 27. Club representatives should pick up their education packet from the Extension office for the leader lesson.

Monthly Quilt/Crochet Workshop – January 23

The Quilt/Crochet Workshop will be held on Friday, January 23 at 9:00 a.m. at the EH Center.

EH Center Cleaning Schedule

JANUARY – Moonlighters

FEBRUARY – New Horizon

MARCH - Twilight

Dates to Remember

January 27 – Leader Training & EHC Board Meeting 10 & 11 a.m.

February 24th – Leader Training & EHC Board Meeting 10 & 11 a.m.

Howard County
Extension Office
421 N. Main Street
Nashville, AR 71852
870-845-7517

Samantha Horn –
CEA-4-H/Staff Chair

Dawson Bailey -
CEA – Agriculture

Angie Freel –
CEA – FCS
afreel@uada.edu

Deb Kreul –
Administrative
Specialist III

Save the Date – State EHC Spring Workshop – March 11, 2026

The 2026 statewide EHC Spring Workshop will be on Wednesday, March 11, at the Wyndham Riverfront Hotel in North Little Rock.

Craft Class Teachers Needed

If you are interested in TEACHING a Creative Skills Craft Class at the State Meeting on June 2-4, 2026, please fill out the form to the right & provide the following information by January 8, 2026:

- Name and picture of craft
- Name of teacher, district, county, club, and address
- Class size
- Cost of class
- Supplies for students to bring to class

Use this link to volunteer to teach a craft class:

https://uaex.co1.qualtrics.com/jfe/form/SV_0xk9OrTUZwYQe4



"Snowflakes are winter's butterflies." – Unknown

Nominations

We have a lot of talented EHC members in Howard County, and many of you would be great state officers! AEHC is accepting nominations for President-elect, Vice President, Secretary, and Treasurer. State officer nomination forms are due in the Little Rock State Office by May 1, 2026. Let the office know if you're interested!

Recipe of the Month

This month's recipe comes from the *Simply Delicious* cookbook from the Arkansas Association of Extension Home Economists published in 1991. Contributed by Susan Neeper, Garland EHC.

Potato Soup

1 quart water	1 T. flour
4 medium potatoes, chopped	2 Tablespoons peanut butter
¼ cup finely chopped celery	1 cup milk or cream
1 medium onion, finely chopped	2 slices bacon – cooked crisp and crumbled
Bacon Drippings from 2 slices cooked bacon	Salt & pepper to taste

Cook potatoes, celery and onion in water. Cook until potatoes are tender; stir briskly to break up. Add flour to bacon drippings; mix over low heat until well combined. Add

peanut butter and stir until well mixed. Add to potatoes. Bring to a boil; add milk or cream. Sprinkle with crumbled bacon. Add salt and pepper to taste.

Arkansas Extension Homemakers Council Creed

I believe in the Extension Homemakers Club program and accept the responsibilities it offers to be helpful to others and to provide for continuous improvement in all levels of living.

I believe that through working together in a group we can enlarge the opportunities, enrich the life of our people, and create a more contented family and community life. I believe in my own work as a homemaker.

I believe that the greatest force that molds character comes from the home, and I pledge myself to create a home which is morally wholesome, spiritually satisfying, and physically healthful and convenient.

Sincerely,

A handwritten signature in cursive script that reads "Angie Freel".

Angie Freel, EdD
County Extension Agent – FCS

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