



Club Meetings

Bright Future

TBA
Salem Elem. Cafeteria
Leader: Ruthanne Shepherd
870-371-2716

Horse Club

TBA
Faith County Church
Leader: Christi Shaver
870-371-0660

Livestock Club

TBA
Fulton County Fairgrounds
Leader: Dakota Williams
870-847-4607

Outdoor Adventure

TBA
Leader: Amy Sanders
870-291-2010

Spring River Bears

TBA
Mammoth Spring Cafeteria
Leader: Laura Gaines
870-625-7261

Viola Loyal Longhorns

TBA
Viola Cafeteria
Leader: Letitia Olson
870-404-1767

IMPORTANT

4-H Club meetings are still pending at this time.

Fulton County Extension Office

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Salem, AR 72576
870-895-3301

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UPCOMING EVENTS

National 4-H Week

October 4-10, 2020



4-H Newsletter

You can view the newsletter posted on our Facebook page at <https://www.facebook.com/UAEX.Fulton/> or our county webpage at <https://www.uaex.edu/counties/fulton/>.



GROW WITH THE GREEN

October is 4-H promotion month & National 4-H Week is October 4-10, 2020. The theme is "Opportunity4All". As leaders in youth development, this week is a great opportunity to celebrate and promote 4-H in your county.

National 4-H Council has resources to help you promote National 4-H Week. The 2020 National 4-H Week Promotional Toolkit contains a wide variety of media relations and marketing tools to help you successfully promote National 4-H Week events and activities in your community.

The [National 4-H week toolkit](#) is now available with resources in both English and Spanish. To access the promotional resources, you must set up an account.

Suggested Activities

October 1-31- One Day of Service = A Month of Service (A.M.O.S) A.M.O.S enables each 4-H member to recruit friends to help make their communities better through adopting a service project. "One Day of Service" will be any day in October that you and your 4-H'ers choose! 4-H Promotion month is in October so what a perfect way to promote 4-H - by serving others. These projects can be done as individuals or as an entire county 4-H program. **** Due to Covid-19, please adhere to the COVID-19 restrictions and guidelines. ****

October 4- Healthy Living Sunday! Get ready for the week ahead by taking a moment to do something that makes you a little healthier! Share a picture or video of you doing some jumping jacks, fixing a healthy snack, or even going through a 4-H Yoga Flow. When you post on social media make sure you use the hashtag #AR4H and tag @Arkansas4H in your posts!

October 5-Media Monday! Let's share all about Arkansas 4-H through many media outlets! Provide the local newspaper with articles written by members, volunteers, alumni and donors; do a PSA about 4-H at your local radio station; or share a post/picture/video on social media that tells all about your 4-H experiences!

October 6 - 4-H Pets Day! Do you have a pet (alive or stuffed animal!) that you want to show off? Maybe they even have a 4-H Clover handkerchief, collar, or toy?? Post a picture or video of your pet & tell us all about them! Remember to use the hashtag #AR4H and tag @Arkansas4H in the post!

October 7- 4-H Spirit Day!!! (Show your 4-H pride & wear the Clover) Advertise a wear green day, emphasizing the 4-H Clover! Have a 4-H mask? Be sure to wear it! Use social media to announce the event and post photos. Encourage 4-H'ers, volunteer leaders, and anyone involved in your 4-H program to post a picture or video on social media showing off their 4-H Spirit; make sure they use the hashtag #AR4H and tag @Arkansas4H in the post!

October 8- Be a good Citizen Thursday! Host an "appreciation day" for police officers, the fire department, elected officials, city/county employees, teachers, or others. This year, especially, it's important to recognize the essential workers that have continued to help our communities thrive during the COVID-19 pandemic. Write letters or draw pictures for those essential works, make a donation, or post on social media, tagging the group if you can, thanking them for serving your community well.

October 9-Donor & Supporter's Recognition Day!!! Have 4-H'ers write thank you notes; mail them pictures or post pictures on social media of the past year's 4-H highlights. Tell them *Thanks for being a friend to 4-H*. If you post on social media, make sure that you tag your donors & supporter; then use the hashtag #AR4H and tag @Arkansas4H as well!

October 10- Local Restaurant Day!!!! Select 2 to 3 restaurants in your county and place 4-H promotional place mats in the restaurants.

If you have any questions, please feel free to call! We would be happy to assist you and your club.

Tips for Hosting a Virtual 4-H Club Meeting

Zoom is a popular option. With a free account it can be used for meetings 40 minutes or less. Volunteers can sign up for the free version here: <https://zoom.us/>.

It is important to follow 4-H policies and guidelines to keep everyone safe during a virtual club meeting. Always be the last to leave the meeting. This will ensure all youth have signed out of the meeting. Be flexible and understanding. If youth aren't able to participate, there shouldn't be any penalty. Virtual 4-H club meetings cannot be mandatory and cannot count against club attendance. If your club member cannot attend due to limited internet capabilities, you can still reach out to the members with updates and projects you are working on.



Dolly Parton's Stampede - Special Group Shows

Price is \$51.01 (with tax) + gratuity. Ages 3-9 price is \$31.50 (with tax) + gratuity. Groups of 20 or more are required to pay a deposit. Reservations MUST be made 30 days in advance. DATES FILL UP FAST!! If you would like to attend at the discounted rates, please contact Dixie Stampede 1-800-520-5101 to reserve your tickets. **THERE IS VERY LIMITED SEATING, CALL ASAP IF YOU WANT TICKETS!**

COVID-19

Everyone has to wear a mask. Well, almost everyone. The CDC says children under age 2 should not wear a mask. In [#Arkansas](#) it's OK for children under 10 to be mask-free. <https://bit.ly/33bT7UG>

Find our [#COVID19](#) resources here: <https://uaex.edu/covid19>.

[#Arkansas](#) [#ProtectYourselfProtectOthers](#) [#MandatoryMasks](#)



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RESEARCH & EXTENSION
University of Arkansas System

Your Resource for
COVID-19 INFORMATION
for Agriculture, Families & Communities
www.uaex.edu/COVID19

Fulton County Extension Office is [#StillOnTheJob](#). Please call us at 870-895-3301 and we will be glad to help anytime.