



# Faulkner County 4-H

## Contest Guidelines and Policy Manual

**U of A**  
**DIVISION OF AGRICULTURE**  
**RESEARCH & EXTENSION**  
*University of Arkansas System*



# Faulkner County 4-H

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## **Faulkner County 4-H Clubs**

	Club Name	Club Leader	Leader Contact Number
1.	Cadron Creek 4-H	Angela Casey	501-472-3061
2.	Clover Bytes 4-H	Leonard Wilson	501-339-6052
3.	Cloverleaf 4-H	Dorothy Yeager	501-679-7464
4.	Conway Lucky Charms	Ann Wilson	501-339-6052
5.	Conway Clovers4-H	Anita Stevenson	501-358-1692
6.	Panthers 4-H	Milissa Hobbs	501-289-1733
7.	Guy Small Town 4-H	Diana Watkins	501-679-4837
8.	Saltillo Heights 4-H	Donna Kelley	501-796-3000
10.	Vilonia 4-H	Angie Rios	501-837-6363
11.	Faulkner County 4-H Dressage Dream Team	Donna Love Malinda Smith	501-679-1417 501-679-6695
12.	Faulkner County 4-H Livestock Club	Matt Barnett	501-733-2668
14.	Faulkner County Rabbit 4-H Club	Kim Rowlett	501-733-2609
15.	Faulkner County 4-H Shooting Sports	Sherry Brewer Jeff Jackson	501-849-2073 501-269-7224
16.	Hooves, Spurs, and Furs 4-H Show Team	Alicia Gammon Laura McNeel	501-796-4591 501-796-0131
17.	Lollie Bottoms 4-H Riders	Shannon Greenhaw	501-470-9181
18.	Mayflower 4-H Show Team	Scott Sewell	501-470-3846
19.	Mt. Vernon-Enola 4-H Livestock Club	Amanda Pearce	501-514-5580
20.	Shamrock Horseshoes 4-H Club	Starr Kaepfel Janice Thessing	501-328-2150 501-327-5727
21.	Faulkner County 4-H Racing Clovers *	Ann Wilson	501-339-6052
22.	Sewing in Style *	Debbie Landers	501-796-3923
23.	Champions 4-H Club	Erica Barrett	937-725-1404
24.	Vilonia 4-H Club	Angie Rios	501-837-6363

\*Denotes 4-H Groups

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# DAIRY RECIPE CONTEST

**When:** To Be Determined by Faulkner County Farm Bureau Womens' Committee  
**Where:** To Be Announced  
**Time:** To Be Announced  
**Who:** Junior and Senior 4-H members and Cloverbuds

**DAIRY RECIPE CONTEST** – Two divisions: Party Ideas and Main Dish. There must be dairy product(s) in the recipe. Recipes will be judged on ready availability of ingredients, clearness and accuracy of recipe, serving suggestions and other ideas on entry recipe, originality and enhancement of the recipe by use of dairy products. You will need to bring all of your own equipment. You must provide your own dish, plate, etc., to turn in your finished product to the judges. Notice that the score sheet includes “appearance of prepared food”. Depending on what you make, you may want to either turn in the whole prepared dish, or a portion on a separate platter, plate, dish, etc.

At our county contest there will be a first-, second-, third-, fourth- and fifth-place winner named in each division for both Junior and Senior members. Then an overall winner will be named in each division, (Party Ideas and Main Dish), and these two winning recipes will be sent to Little Rock for judging. The best in each division from across the state will be selected to compete in the state Dairy Recipe Contest to be held later this year (usually in June – National Dairy Month).

Cloverbud participation will be limited to the Party Idea division. **Cloverbud recipes should be simple and not require stovetop cooking, baking or microwaving.** Recipes to consider are dips, cheese balls or appetizers.

Cloverbuds will receive a special ribbon upon successful completion of the activity.

No parents, leaders or contestants will be allowed in the room while judging is being conducted. You could cause your child to be disqualified if you enter the room.

**NOTE:** Be sure to place your name, club, and whether you're a Cloverbud, Junior or Senior on the back of your recipe.

**CHECK COUNTY CALENDAR OF EVENTS AND CLOVER NEWS FOR  
PRE-REGISTRATION DEADLINE!**

 **EACH CONTESTANT MUST HAVE A COPY OF THEIR**   
**RECIPE IN THE EXTENSION OFFICE BY THE PRE-REGISTRATION DEADLINE!**

# Faulkner County 4-H Dairy Recipe Score Sheet

<u>Scoring Points</u>	<u>Possible Points</u>	<u>Score</u>
Ready availability of ingredients	5	_____
Clearness and accuracy of recipe	10	_____
Appearance of prepared food	20	_____
Taste appeal	20	_____
Serving suggestions and other items on entry blank	10	_____
Originality	15	_____
Enhancement of recipe by use of dairy products	20	_____
<b><i>Total Score</i></b>	100	_____

**General Comments:**

## Dairy Recipe Sign-Up Sheet

Party Idea \_\_\_\_\_ Main Dish \_\_\_\_\_


Name of Recipe: \_\_\_\_\_

Ingredients:

Preparation Instructions:

Serving Suggestions:

Cooking Time: \_\_\_\_\_ Oven Temperature: \_\_\_\_\_

Name, club and age level on back 



# 4-H DEMONSTRATIONS AND TALKS DAY

**When:** Tuesday, February 28, 2012  
**Where:** Needs Creek Missionary Baptist Church Family Life Center  
237 Highway 287, Greenbrier, Ark. 72058  
**Time:** Sign-in at 6:00 p.m.; Contest begins at 6:30 p.m.  
**Who:** Cloverbuds, Junior and Senior 4-H members

## Special information:

1. Each 4-H member may enter only one of the following listed activities.
2. All Cloverbud demonstrations or illustrated talks: 2 minutes or less  
All Junior demonstrations or illustrated talks: 2-5 minutes.  
All Senior demonstrations or illustrated talks: 5-8 minutes.
3. For more details on any of the categories listed below, consult the website: [www.uaex.edu](http://www.uaex.edu) (4-H Youth Development, 4-H Programs, Activities and Events, Events Packet, O-Rama Regional Activities).
4. Judges have the right to ask questions pertaining to demonstrations or talks.
5. All demonstrations and speeches will be judged on standard score sheets for method demonstrations and illustrated talks unless (except Agribusiness, Public Speaking, and Technology Showcase). Cloverbuds will not receive first- through fifth-place ribbons. They will receive a special Cloverbud ribbon for attempting and/or completing a talk.
6. All first-place winners in each Junior and Senior category have the opportunity to compete at district 4-H O-Rama in their respective category.
7. Once a Senior 4-H'er has won first place at state O-Rama, they can no longer compete in that event.

## **PRE-REGISTRATION DEADLINE: Tuesday, February 21, 2012!**

1. AGRIBUSINESS PUBLIC SPEAKING – Each participant should prepare a speech on one of the topics selected by the Mid-South Fair Agribusiness Committee. You should not state your name, county or club at the beginning of your speech, and you should not use props or charts during the speech. Use of props will result in disqualification. The speech must be factual and supported by at least three references that are cited during the speech.

### Junior Topics

- Balancing agri production and environmental concerns
- Affordable food at what cost
- America's food – safe and good
- Crop protection chemicals – friend or foe
- Open topic (it must be agriculture-related)

### Senior Topics

- Food safety, whose responsibility
- Balancing agriculture with industry
- Pesticides and our environment
- Are U.S. farmers overburdened with environmental regulations
- The future of the family farm
- Open topic (it must be agriculture-related)

2. **SAFETY ACTIVITY** – This activity is designed to give 4-H members an opportunity to stimulate a more active interest in farm, home or traffic safety. Cloverbuds and Juniors will present a show-and-tell discussion or an illustrated talk on a single phase of farm, home or traffic safety. Seniors will give an illustrated talk on a phase of safety.
3. **CITIZENSHIP ACTIVITY** – Each participant should be prepared to present an illustrated talk or method demonstration on a topic related to citizenship. Topics can fall into many areas, including but not limited to:
- Civic engagement
  - How to be a better citizen
  - Citizenship responsibility
  - Rule of law
  - Activism
  - Public policy
  - Respect for diversity
  - How to become a better citizen
  - Voter rights
  - Volunteerism
  - Flag etiquette
  - Community service
  - Local, state or national government

**RESOURCE MATERIAL (Examples)**

- o Ben's Guide to U.S. Government, U.S. Government Printing Office (<http://bensguide.gpo.gov>)
- o Kids in the House, Office of the United States Clerk (<http://clerkkids.house.gov/>)
- o Citizenship Adventure Kit Public Adventures (MI-7329), National 4-H Council Project Book
- o White House Kids, U.S. White House (<http://www.whitehouse.gov/kids/>)
- o The Official Kids' Portal for the U.S. Government, U.S. General Services Administration (<http://www.kids.gov/>)
- o U.S.A. Freedom Corps for Kids, U.S. White House (<http://www.usafreedomcorpskids.gov/kids/>)

4. **ANIMAL SCIENCE** – This activity is conducted to encourage participants to become familiar with scientific research and its influence on animal production, management and marketing practices.

Each participant should be prepared to present an illustrated talk or method demonstration in an area of animal science such as animal genetics, production, nutrition, management or marketing practices. The presentation can deal with animal species such as beef, dairy, swine, poultry and sheep. (Method demonstrations and illustrated talks related to horses must be presented in the 4-H Horse Activity). Illustrated talks should make full use of visuals and experience. A few suggested topics for the animal science activity are as follows:

- Grading of beef
- Selection of gilts for breeding
- The stages of egg incubation
- Dairy sire selection
- How to formulate feed rations
- The advantages of crossbreeding in beef cattle
- The value of performance records

**NOTE: PRESENTATIONS DEALING WITH ANIMAL ABNORMALITIES, DISEASE PREVENTION AND THERAPEUTIC PRACTICES, SURGICAL PROCEDURES, ETC., SHOULD BE GIVEN IN THE VETERINARY SCIENCE ACTIVITY.**

5. 4-H HORSE ACTIVITY – This activity provides young people with the opportunity to display their knowledge of the horse industry. Each participant should be prepared to present an illustrated talk or method demonstration in an area related to the horse industry. Presentation can deal with topics related to horse science, safety, training, equipment, horsemanship, occupations related to the horse industry and horseback riding as a recreational activity. A few suggested topics for the horse activity are as follows:

- |                                      |                                 |
|--------------------------------------|---------------------------------|
| - Rules of good horsemanship         | - Balancing rations for horses  |
| - Gaits of horses                    | - Functional anatomy and action |
| - Safety                             | - Physiology                    |
| - Fitting and showing                | - Nutrition requirements        |
| - Use and care of tack and equipment | - Horse psychology and behavior |
| - Training a horse                   | - Hoof care and shoeing         |

6. PET CARE AND TRAINING – This activity allows 4-H members to display knowledge of proper pet health, nutrition, grooming and training. Each participant should present an illustrated talk in an area of general pet care and training. The presentations can deal with species such as birds, cats, dogs, hamsters, rabbits or other small animal pets. A few suggested topics for the pet care and training activity are as follows:

- |                        |  |
|------------------------|--|
| - Pet health           | - Pet grooming                               |
| - Pet training         | - Selecting a pet                            |
| - Proper pet nutrition | - Responsible pet ownership                  |
| - Pet breed standards  | - Local government pet ownership regulations |

**NOTE: NO LIVE ANIMALS WILL BE USED IN THIS PRESENTATION. PRESENTATIONS DEALING WITH ANIMAL ABNORMALITIES, DISEASE PREVENTION AND THERAPEUTIC PRACTICES, SURGICAL PROCEDURES, ETC., SHOULD BE GIVEN IN THE VETERINARY SCIENCE ACTIVITY.**

7. VETERINARY SCIENCE ACTIVITY – This activity is designed to help young people develop a better understanding and appreciation of veterinary medicine and animals. Each participant will give an illustrated talk or demonstration in some area of veterinary science. This can be in conjunction with pet care, horse, beef, swine, dairy or poultry projects. Presentation may deal with normal physiological processes or abnormal processes such as diseases, parasitism, toxicities or defects. A few suggestions follow:

- |                                  |   |
|----------------------------------|---|
| - Laboratory procedures          | - Restraint of animals                        |
| - Drugs and their uses           | - Regulatory veterinary programs              |
| - Diseases of any animal species | - Internal/external parasites of any species  |
| - Immunology                     | - Diseases transmitted from animals to humans |
| - Herd health problems           | - Historical reviews of veterinary science    |
| - Surgical procedures            |   |

8. ENTOMOLOGY – “Let’s Talk About Bugs”

This activity consists of an illustrated talk and the collection of one insect pinned to specifications found in publication MP83 “Making an Insect Collection”, or the subject specimen can be displayed in a properly labeled vial of alcohol. The talk must show that the participant has identified the insect and understands how it lives and works in the environment.

**Possible insects collected and resulting presentations can include but are not limited to:**

- Monarch butterfly – How the monarch migrates
- Black cutworm – Why the black cutworm is a pest in corn and soybeans
- Green lacewing – Beneficial insects in your garden
- Dragonfly – Owners of the sky
- Green stinkbug – How I identified my bug
- Boll weevil – How to identify the boll weevil in your cotton

**With over 200,000 species of beetles ALONE, the topics can be limitless!**

9. ENVIRONMENTAL STEWARDSHIP – The activity consists of an illustrated talk or method demonstration which shows that the participant has an understanding of some aspect of environmental stewardship. Examples are the conservation and management of a particular natural resource, or the interrelationships which exist among plants, animals and non-living factors, like soil, air and water, in a particular environment.

Participants are expected to use visual aids (e.g. posters, models, props, PowerPoint slides). Topics should pertain to Arkansas natural resources and species that are native to Arkansas. Possible topics include, but are not limited to, the following:

- How to set up a compost bin for yard or animal waste
- How to build and erect a bird house or bird feeder
- How to landscape your yard using plants that attract birds
- How to manage a pond for fish, frogs, birds and other wildlife
- Habitat management for a particular wildlife species, such as managing forests for deer
- Recycling
- Forest insects and diseases
- Prevention and control of wildlife damage
- How to manage a forest for improving its economic, social and/or wildlife values
- Human population growth and its impact on the environment
- Water quality
- Water or energy conservation
- Watershed management

## 10. FOOD FAIR

### **Competitive Topic Areas:**

Fruits and vegetables  
Arkansas foods (poultry, rice, soybeans, tomatoes, catfish, beef, dairy)  
Breads  
Eggs  
Healthy snacks

4-H'ers must choose one of the topics listed above. Only one Junior and one Senior will be selected as winners in Food Fair instead of each category.

Junior Level: The activity will consist of an illustrated talk or method demonstration, 2-5 minutes in length.

Members should develop a talk about food(s) from one of the five **Competitive Topic Areas**. Because of time limitations, it is suggested that talks be focused on one specific aspect of the food and its use. Suggestions for possible topics include, but are not limited to:

- Use of the food in a recipe
- Contribution of the food in meeting MyPlate recommendations
- Nutritional value of the food and its contributions to a youth's diet
- Safety considerations in preparing, serving and storing the food

Senior Level: Prior to the district O-Rama, Seniors should select a recipe that is consistent with the Dietary Guidelines for Americans meeting the criteria for their competitive topic area.

**Participants should bring three copies of the recipe, neatly printed or typed on the attached form to the District O-Rama. Recipes should include nutrient analysis on a per serving basis. Seniors who fail to bring the three copies of the recipe will not receive any of the five bonus points possible for the recipe.**

The district activity will consist of an illustrated talk, five to eight minutes in length, describing the recipe and reasons for selecting it. Talk should also include a description of knowledge gained in preparing the product and in working with the recipe to prepare for O-Rama.

Participants should include the following in their presentations:

- Category they have chosen and why
- Reasons for selecting the recipe
- Use of the product in a menu and analysis of how the proposed menu fits into the MyPlate recommendations for teen boys and girls
- Suggestions for revising the recipe to make a healthier product or to add variety to the diet
- Major nutrients in the product and the importance of each nutrient to a teenager's health
- Economic and time management issues related to preparation of the recipe
- Safety practices in preparing, serving and handling leftovers of the product

## **CRITERIA FOR FOOD FAIR TOPICS**

### **Fruits and vegetables (FS-18)**

1. Must contribute at least one serving of a fruit or vegetable per recipe serving. A serving is a medium piece of fruit; 1/2 cup cut or cooked fruit or cooked vegetable, 3/4 cup (6 ounces) juice, 1 cup leafy greens, or 1/4 cup dried fruit.
2. A recipe may not include more than 30 percent calories from fat; not more than 10 percent calories from saturated fat; not more than 100 milligrams of cholesterol; and not more than 480 milligrams sodium per serving.

### **Arkansas foods (poultry, rice, soybeans, tomatoes, catfish, beef, dairy) (S-19)**

1. Recipes must contain at least 1/2 cup of rice, soybeans, or tomatoes per serving; 2 ounces cooked or 3 ounces raw beef, poultry or catfish per serving; 1 cup of milk or yogurt or 1 1/2 ounces of cheese per serving.
2. Participants should include information on the contributions of their Arkansas food to the state's economy when preparing a presentation in this food topic.

### **Breads (FS-20)**

1. Items made of flour and liquid with leavening and additional flavorings and baked. Recipes may be for either quick breads or yeast breads.
2. Recipes involving the use of purchased mixes will be disqualified.

### **Eggs (FS-21)**

To be considered an egg dish, a recipe must:

1. Include a minimum of:
  - ✓ One-half egg per serving if an appetizer or snack
  - ✓ One-half egg per serving if a dessert
  - ✓ One egg per serving if a main dish

(Note: Numbers above represent eggs to be broken; use of the entire egg is not required. For example, a dessert serving six may be made from three egg whites.)

2. Allow for adequate cooking of the eggs. Recipes containing uncooked eggs in the finished product are not acceptable (food safety).

### **Healthy Snacks (FS-22)**

A recipe may not include more than 30 percent calories from fat; not more than 10 percent calories from saturated fat; not more than 100 milligrams of cholesterol; and not more than 480 milligrams sodium per serving. This category includes any food that can be used as an appetizer or between-meal snacks.

**RECIPE**

Name\_\_\_\_\_County\_\_\_\_\_

Recipe Title\_\_\_\_\_


Circle Topic: Fruits and Vegetables	Arkansas Foods	Breads	Eggs	Healthy Snacks
FS-18	FS-19	FS-20	FS-21	FS-22

Number of Servings\_\_\_\_\_Serving Size\_\_\_\_\_

Ingredients (in order used)

Instructions:

Senior 4-H’ers complete and bring to O-Rama

Name, club, and age level on back 

11. **CONSUMER ECONOMICS** – This activity is designed to encourage 4-H’ers to share what they have learned about selection and use of consumer goods and services. It also gives 4-H members an opportunity to demonstrate competency in the management of resources (time, energy, money, credit, talents, etc.) and explain how individuals and families can use available resources to obtain desired results.

Each participant will present a demonstration or illustrated talk that is an outgrowth of project work in consumer economics or family resource management. Suggested topics include:

- Shopping with coupons
- Cost of having a pet
- Gift buying
- Organizing a yard sale
- Saving bonds and you

12. **HEALTH ACTIVITY** – The health activity (formerly Health and Fitness Leadership) is designed to help 4-H members make informed decisions related to health and promote healthy lifestyle choices. EVERY YEAR, A SPECIFIC TOPIC WILL BE ASSIGNED AS THE MAJOR FOCUS AREA FOR O-RAMA. Please use the following as a future example to go by. Please check the county extension office from year to year on the current topic for this competition.

**The following is the 2012 Health Topic: Improving Personal Health**

The topics can include, but are not limited to: good nutrition, exercise, reducing stress, adequate sleep, brain stimulation, etc. As long as the youth demonstrates in his/her presentation how his/her topic improves a person’s health, it will be accepted. Be sure every presentation has a demonstration that accompanies the presentation and is correlated to the topic. PowerPoint presentations are not necessary and should only be used when they enhance the presentation.

**Creativity, demonstrations, using the audience to interact with and persuasiveness are highly encouraged.**

**EXAMPLES OF TOPICS**

If the youth wants to give a presentation on healthy eating, he/she can talk about healthy snacks then demonstrate how to make “ants on a log” (celery, low fat peanut butter and raisins); or if he/she wants to talk about reducing unhealthy food choices, he/she can bring a sugar bowl and spoon out the number of teaspoons of sugar in a candy bar/soda/toaster pastry.

If the youth wants to talk about exercise and he/she is in a karate class, he/she can go through a routine, or if he/she wants to talk about stretching, he/she can lead the audience through a couple of stretches.

If the youth wants to talk about reducing stress, he/she can lead the audience through a relaxation technique such as deep breathing, or bring a large calendar and show how to color-code activities so they are easier to manage.

If the youth wants to talk about reducing head injury, they can show how to properly fit a helmet, or bring the different types of helmets and explain how there are different types of helmets for different activities.

Please do not limit the creativity to these few examples. The topic of personal health improvement is very broad. By including the demonstration, this insures that the health topic is something the youth, themselves, can participate in.



13. **HUMAN DEVELOPMENT** – To participate, each member should be prepared to give an illustrated talk or demonstration on some aspect of human development. (Juniors talk two to five minutes and Seniors talk five to eight minutes). Talks could be given on topics such as the importance of optimism, child guidance skills or effective listening. Other human development topics, such as character education or early brain development, can also be chosen.

All topics should be based on scientific research rather than personal opinion. However, participants can use personal experiences or examples to help illustrate the scientific principles. Participants should be able to answer questions pertaining to the demonstration or talk.

**SUGGESTED TOPICS FOR A DEMONSTRATION OR ILLUSTRATED TALK**

- The keys to a strong and healthy family
- What the research says about happiness
- Fun times with senior citizens
- Teaching responsibility to children
- What I do to stay at home alone more safely
- Developing character in children
- Importance of exercise
- How to help a child learn
- How to test young children's toys for safety
- Appropriate toys to help children grow and learn
- Making your town more friendly to persons with disabilities
- How family diversity and similarities make communities strong
- Helping children through a divorce
- Making a home safe for children
- Preparing for healthy adult relationships
- Building friendships
- Puppets can teach many things
- Making playgrounds safe
- How to share music with children
- This is what youth ages 5-8 are like
- How to change your TV-watching habits

14. **TECHNOLOGY SHOWCASE** – The technology showcase event is based on a project that utilizes technology to benefit the community. The product will be a community service project that was accomplished through the use of technology. Some examples include the design of a webpage for a local non-profit organization, a leaflet publicizing a community event, using GPS to map a local nature trail, or perhaps creating a mobile audio tour for a local historical site.

4-H'ers may compete in this competition as an individual or as a team (2-4 members).

The Technology Showcase activity consists of four parts: community involvement (30 points), a technology finished "product" (30 points), conference judging (30 points) and display board (10 points).

Community Service (30 points): The contestant or team should find a technological solution to a community problem by working with community leaders.

Product (30 points): The contestant or team is responsible for exhibiting a product. The finished "product" should be the end result of technology. Examples:

- Multimedia presentation
- Computer-generated newsletter
- Digital photography
- GPS mapping
- Computer-generated graphics, posters, programs, etc.
- Evidence of community service using technology
- Spreadsheets
- Web page
- Audio tour

Conference (30 points) – Each individual or team will be required to "conference" with the

judges for no more than five minutes for Juniors and eight minutes for Seniors. During that time, the judges will ask the 4-H members questions regarding their product. Questions may include:

- What community leaders did you work with to establish this product?
- How do you feel about your product?
- What technology did you use to create this product?
- What problems did you have?
- How did you decide to select this product?
- How is this product to be used?
- Could you have created this product without the use of technology?
- Can you create other products using what you have learned?
- What are some of the other things we use every day that use the same technology?

Display Board (10 points) – Each participant/team will be required to prepare a “hard copy” display showcasing their product. The contestant will be responsible for exhibit materials and preparation of the display. All equipment must be supplied by the 4-H participants for this event. An LCD projector is not required for presentations. A flat table area will be provided. Name and county must be listed on the display board.

The contestant’s/team’s display must include the finished technology related project as well as a required poster board containing name, county and list of resources. The display will be judged on neatness, originality, simplicity and the ability of the display to “showcase” the product (finished appearance). Photographs and other items may be placed on the poster to enhance the display. Resources listed on the display board should include software program resources as well as personal contacts (community leaders) used in developing the project.

Assemble the hardcopy display **at least 30 minutes prior** to the beginning of the competitive events in the room where judging will be held. 4-H’ers should have their equipment set up and ready to present their project when the activity is scheduled to begin. 4-H’ers are responsible for any equipment left in the room.

**4-H Technology Showcase  
Junior or Senior Score Sheet**

Name \_\_\_\_\_ County \_\_\_\_\_

Subject \_\_\_\_\_ Judged by \_\_\_\_\_

**Community service – Total 30** (15 points each)

\_\_\_\_\_ Used technology to supply a community need  
 \_\_\_\_\_ Worked with community leaders to develop the project

**Product – Total 30** (10 points each)

\_\_\_\_\_ Appropriate use of technology for the intended purpose  
 \_\_\_\_\_ Effective product performance / finished product  
 \_\_\_\_\_ Used professional style and design

**Conference – Total 30** (6 points each)

\_\_\_\_\_ Demonstrated a sound understanding of the technology used  
 \_\_\_\_\_ Questions answered accurately  
 \_\_\_\_\_ Voice clear, distinct and used correct grammar  
 \_\_\_\_\_ Showed confidence, poise, enthusiasm  
 \_\_\_\_\_ Dressed appropriately

**Display board – Total 10** (2 points each)

\_\_\_\_\_ Originality  
 \_\_\_\_\_ Neatness  
 \_\_\_\_\_ Simplicity  
 \_\_\_\_\_ List of resources included  
 \_\_\_\_\_ Name and county included

Community service \_\_\_\_\_

Product \_\_\_\_\_

Conference \_\_\_\_\_

Display board \_\_\_\_\_

**TOTAL** \_\_\_\_\_

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15. PUBLIC SPEAKING – The public speaking category gives youth the opportunity to express themselves in a formal public presentation is an asset that will be valuable to you throughout life. Most 4-H members at some time will be called on to make a talk or an oral report. The more professionally you can present these, the greater will be the response by others and the more opportunities you will have to become involved in like activities.

This activity targets life skill including: self esteem, marketing, character development, critical thinking, communication and responsible citizenship.

Use Project Book C-202, "4-H Public Speaking" as a guide. Do not state your name and club and do not solicit questions at the end of the speech.

Your speech should cover the topic of your choice. For the public speaking activity, you should refer to the following publications:

- ✓ BU8156: Communications Express Yourself – Picking Up the Pieces
- ✓ BU8157: Communications Express Yourself – Putting It Together Level 2
- ✓ BU8158: Communications Express Yourself – Putting It Together Level 3

Visuals are not allowed, including posters and use of dry erase boards or chalk boards.

Juniors will be allowed two to five minutes and Seniors from five to eight minutes for their presentation. A penalty of five points will be assessed against participants who do not stay in the time limits.

## METHOD DEMONSTRATIONS – ILLUSTRATED TALKS

Name of 4-H'er	Subject	Judged By
----------------	---------	-----------

Other Information:

## HOW TO SCORE:

## I. Presentation

## A. Introduction (15)

1. Introduced self and demonstration
2. Caught attention of audience and created interest
3. Gave purpose of presentation and told why selected subject

Comments: \_\_\_\_\_

**B. Body** (40)

1. One idea presented
2. One idea thoroughly developed
3. The idea communicated to audience
4. Important points clearly stated
5. Presented information in a logical order
6. Interesting and useful
7. Educational
8. Used accurate and up-to-date information

Comments: \_\_\_\_\_

**C. Summary** (15)

1. Major points reviewed
2. Short and concise
3. Practical questions answered accurately

Comments: \_\_\_\_\_

**D. Use of Equipment and/or Visuals** (10)

1. Well-selected, neat and organized
2. Used effectively

Comments: \_\_\_\_\_

## II. Demonstrator (20)

- A. Appearance – neat, well-groomed
- B. Good posture
- C. Voice clear, distinct and used correct grammar
- D. Showed confidence, poise, enthusiasm

Comments: \_\_\_\_\_


III. Time – 5 points penalty for over \_\_\_\_\_ under \_\_\_\_\_ Subtotal \_\_\_\_\_  
 Total \_\_\_\_\_

University of Arkansas, United States Department of Agriculture,  
and County Governments Cooperating

4-H PUBLIC SPEAKING RATING SHEET

CES-611

Name of Participant \_\_\_\_\_ County \_\_\_\_\_

CATEGORY		RATING (circle one)						COMMENTS
APPEARANCE (Appropriate for occasion and audience)		1	2	3	4	5		
OPENING (Attention-getting, led into topic)		1	2	3	4	5		
BODY OF SPEECH (Logical flow, points supported by examples)		1	2	3	4	5		
CONCLUSION (Effective)		1	2	3	4	5		
PREPARATION (Organization, rehearsal)		1	2	3	4	5		
SPEECH VALUE (Original, interesting)		1	2	3	4	5		
VOICE (Volume, variety)		1	2	3	4	5		
ARTICULATION		1	2	3	4	5		
MANNER (Confidence, assurance, sincerity, enthusiasm)		1	2	3	4	5		
PHYSICAL ACTIONS (Gestures, body movements, eye contact, facial expression)		1	2	3	4	5		
TIME (Juniors 2-5 minutes) (Seniors 5-8 minutes)		-5						
		Over/Under						

Judge \_\_\_\_\_ Total \_\_\_\_\_

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# PERFORMING ARTS AND FASHION REVUE CONTESTS

**When:** See Calendar of Events  
**Where:** See Calendar of Events  
**Time:** 6:00 p.m. – Fashion 7:30 p.m. – Talent (or at the conclusion of Fashion)  
**Who:** Cloverbud, Junior and Senior 4-H members may enter one Talent Contest activity AND one of the Fashion Revue categories.

**TALENT CONTEST** – A 4-H member may enter in only one of the following divisions as an individual or group: Vocal, Instrumental, and Dance. Groups can have up to eight members (must all be same age level.) All acts are limited to five minutes. **Performers must provide their own equipment, instruments, props and accompanist.** The only exception is a piano. A piano will be available for vocal and instrumental acts. Vocal and instrumental 4-H'ers should be prepared to introduce their number by giving the title of the piece they will perform. The introduction is not included in the five-minute time limit. This is a district O-Rama qualifying event for Juniors and Seniors.

- A. **VOCAL** (solo, duet, trio, etc.) No pantomimes will be allowed. RECORD OR TAPE WITH VOCAL UTTERANCES IS ALLOWED, BUT SHOULD NOT OVERPOWER THE VOICE OF THE PERFORMER. IF, IN THE OPINION OF THE JUDGES, THE VOCAL UTTERANCES ARE OVERPOWERING, THE PERFORMER WILL BE DISQUALIFIED. Instrumental accompaniment by self or others is allowed, but must assume the pure character of accompaniment. The test will be whether the performance would stand alone if the accompaniment were removed. Accompaniment is not considered as part of the act and will not be considered in judging.
- B. **INSTRUMENTAL** – The Instrumental division includes both classical and non-classical instrumental music. Music in the educated European tradition such as chamber music, opera, symphony or jazz as well as contemporary music, country western, popular, and rock are allowed. Note: No singing or vocal utterances will be allowed with instrumental acts.
- C. **DANCE** – The Dance division includes dance arts (tap, ballet, square dance and clogging), popular dances and modern jazz. Break dancing will be allowed. The performer must provide any equipment needed for the act. **Note: Acrobatics, gymnastics, baton twirling and martial arts will not be allowed.**

**4-H PERFORMING ARTS CONTEST SCORE SHEET**  
**VOCAL**

Name(s) \_\_\_\_\_

Number of participants in Act \_\_\_\_\_ Jr. or Sr. Act \_\_\_\_\_

Club \_\_\_\_\_ County \_\_\_\_\_

Name of Vocal Number \_\_\_\_\_

<u>Possible Areas to be Judged</u>	<u>Points</u>	<u>Score</u>
<b>VOCAL TECHNIQUE AND EXECUTION</b> Breathing and phrasing done correctly. Correct notes sung.	20	_____
<b>QUALITY OF VOICE AND DICTION</b> Voice clear and pleasing to ear. Words of song pronounced clearly and could be understood.	15	_____
<b>RHYTHM</b> The song was performed smoothly and with the music.	10	_____
<b>INTERPRETATION</b> Created a mood appropriate to the vocal number performed. Consider facial expressions, body movements, etc.	15	_____
<b>STAGE PRESENCE</b> Poise, posture, confidence, charisma, etc.	10	_____
<b>APPROPRIATENESS OF CLOTHES, COSTUMES, PROPS, ETC.</b> Clothes, costumes, props appropriate and enhanced the performance.	5	_____
<b>DEGREE OF DIFFICULTY</b>	15	_____
<b>OVERALL EFFECTIVENESS OF PERFORMANCE</b>	10	_____
	<b>Subtotal</b>	<b>100</b>
<b>TIME</b> 5 point penalty for over time limit.		_____
	<b>Total</b>	_____

**COMMENTS**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

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**4-H PERFORMING ARTS CONTEST SCORE SHEET**  
**DANCE – DANCE ARTS / POPULAR DANCE**

Name(s) \_\_\_\_\_

Number of participants in Act \_\_\_\_\_ Jr. or Sr. Act \_\_\_\_\_

Club \_\_\_\_\_ County \_\_\_\_\_

Name of Vocal Number \_\_\_\_\_

<u>Possible Areas to be Judged</u>	<u>Points</u>	<u>Score</u>
<b>DANCE TECHNIQUE AND EXECUTION</b> Used dance steps and movements appropriate to dance being performed. Steps & movements performed correctly.	<b>15</b>	_____
<b>CONTINUITY OF ROUTINE AND RHYTHM</b> Routine well planned. The dance was performed smoothly and to the beat of the music.	<b>15</b>	_____
<b>INTERPRETATION</b> Created a mood appropriate to the dance performed. Consider facial expressions, body movement, etc.	<b>15</b>	_____
<b>STAGE PRESENCE</b> Poise, posture, confidence, charisma, etc.	<b>15</b>	_____
<b>CREATIVITY OF ACT</b>	<b>10</b>	_____
<b>APPROPRIATENESS OF CLOTHES, COSTUMES, PROPS, MUSIC, ETC.</b> Clothes, costumes, props appropriate and enhanced the performance.	<b>10</b>	_____
<b>DEGREE OF DIFFICULTY</b>	<b>10</b>	_____
<b>OVERALL EFFECTIVENESS OF PERFORMANCE</b>	<b>10</b>	_____
<b>Subtotal</b>	<b>100</b>	_____
<b>TIME</b> 5 point penalty for over time limit.		_____
<b>Total</b>		_____

**COMMENTS**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**4-H PERFORMING ARTS CONTEST SCORE SHEET**  
**INSTRUMENTAL – CLASSICAL / NON-CLASSICAL**

Name(s) \_\_\_\_\_

Number of participants in Act \_\_\_\_\_ Jr. or Sr. Act \_\_\_\_\_

Club \_\_\_\_\_ County \_\_\_\_\_

Name and/or Type of Instrumental Performance \_\_\_\_\_

<u>Possible Areas to be Judged</u>	<u>Points</u>	<u>Score</u>
<b>INSTRUMENTAL TECHNIQUE AND EXECUTION</b> Fingering, phrasing, breathing, etc., done correctly. Correct notes played.	<b>20</b>	_____
<b>QUALITY OF SOUND PRODUCED</b> Sound clear and pleasing to ear.	<b>15</b>	_____
<b>RHYTHM</b> The number was performed smoothly and at a tempo appropriate to the song performed.	<b>10</b>	_____
<b>INTERPRETATION</b> Created a mood appropriate to the instrumental number being performed.	<b>15</b>	_____
<b>STAGE PRESENCE</b> Poise, posture, confidence, charisma, etc.	<b>10</b>	_____
<b>APPROPRIATENESS OF CLOTHES, COSTUMES, PROPS, ETC.</b> Clothes, costumes, props appropriate and enhanced the performance.	<b>5</b>	_____
<b>DEGREE OF DIFFICULTY</b>	<b>15</b>	_____
<b>OVERALL EFFECTIVENESS OF PERFORMANCE</b>	<b>10</b>	_____
<b>Subtotal</b>	<b>100</b>	_____
<b>TIME</b> 5 point penalty for over time limit.		_____
<b>Total</b>		_____

**COMMENTS**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

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# FASHION REVUE

There are two Fashion Revue competitions: Purchased and Constructed. Both competitions have two categories: Casual and Dressy. A 4-H'er may enter only one fashion competition. This is a district O-Rama qualifying event for Junior and Senior members. Cloverbuds may participate in purchased categories at county contest.

**Purchased:** The activity consists of informally modeling garment(s) purchased by the contestant and a short, informal presentation detailing the cost, use [why the garment(s) were chosen], and how the contestant has cared for the garment(s) after the garment(s) were worn. The fabric(s) from which the garment(s) is/are made should be identified and reasons given for their choice. Presentations should be one to two minutes and are delivered without the benefit of notes.

## Categories:

1. **Casual**, for school and casual afterschool activities, such as spectator sports, picnics and casual dates. Examples are pants, jeans, skirts or shorts and tops, jumpsuit, casual or sporty dresses, skirts or pants with casual/sporty jackets, school coats and coordinated separates. **(No swimwear.)**
2. **Dressy**, for ensembles worn to dressy activities such as church, dinner dates, theater and job/scholarship interviews. **Note: This category does NOT include garments worn for formal evening events and formal weddings. Any youth wearing a formal garment will be disqualified immediately upon sign in.**

Competition garments must be a complete ensemble and must include a top and bottom. **Ensemble must fit into one of the categories as outlined above.** Accessories such as ties, belts, scarves, shoes, etc., should be used appropriately to enhance the garment.

**Constructed:** This activity consists of informally modeling a garment constructed by the contestant and a short presentation detailing the cost, use and care of the garment. The fiber(s) and fabric(s) from which the garment(s) is/are made should be identified and reasons given for their choice. Presentations should be one to two minutes and delivered without the benefit of notes.

## Categories:

1. **Casual**, for school and casual afterschool activities, such as spectator sports, picnics and casual dates. Examples are pants, jeans, skirts or shorts and tops, jumpsuit, casual or sporty dresses, skirts or pants with casual/sporty jackets, school coats and coordinated separates. **(No swimwear.)**
2. **Dressy**, for ensembles worn to dressy activities such as church, dinner dates, theater and job/scholarship interviews. **Note: This category does NOT include garments worn for formal evening events and formal weddings. Any youth wearing a formal garment will be disqualified immediately upon sign in.**

Competition garments must be complete ensemble and must include a top and bottom. (Exception: Full-length coats entered in the Construction division may be worn over ready-to-wear garments.) Ready-made shirts, blouses, body suits, sweaters, etc., are **not** allowed in the **Constructed** garment division of the activity, except when worn under a full-length coat (as noted above). **Ensembles must fit into one of the categories as outlined above.** Accessories such as ties, belts, scarves, shoes, etc., should be used appropriately to enhance the garment and do not have to be home-sewn. No additional garments may be carried with the exception of props (i.e., tennis racket, golf club, corsage, teddy bear).



## 4-H O-Rama Fashion Revue Constructed Scorecard

Name of Entry Number:			
Division:	Constructed Garment (Activity Code AS-17)		
Garment Category: (Check One)	<input type="checkbox"/> Casual <input type="checkbox"/> Dressy		
<b>Factors to Consider</b>		<b>Point Value</b>	<b>Score</b>
<b>Knowledge of fiber and fabric characteristics, uses, care (20%)</b>			
Identification of fiber source, generic name, and characteristics		5	
Identification of fabric weave or knit, fabric type, and fabric characteristics		5	
Knowledge of garment care		10	
<b>Comments:</b>			
<b>Ability to evaluate garment quality and apply knowledge (60%)</b>			
Garment style makes good use of the fiber and fabric characteristics and is appropriate for the intended use of the garment		15	
Garment is well made (plaids and seams match, edges smooth, hem even, closures neat, well pressed)		25	
Garment is a good value for its cost		10	
Garment meets the competition eligibility requirements (division, category, complete garment or ensemble)		10	
<b>Comments:</b>			
<b>Appearance, fit, and fashionability (20%)</b>			
Fit compatible with current fashion trends and garment style		5	
Accessories fashionable and appropriate for the garment		5	
Modeling and presentation skills, poise, and grooming		5	
Becomingness of outfit, appropriate for wearer and intended occasion		5	
<b>Comments:</b>			
<b>Total Score</b>		<b>100</b>	
<b>Judge's Signature:</b>			

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## 4-H O-Rama Fashion Revue Purchased Scorecard

Name of Entry Number:			
Division:	Purchased Garment (Activity Code AS-16)		
Garment Category: (Check One)	<input type="checkbox"/> Casual <input type="checkbox"/> Dressy		
<b>Factors to Consider</b>		<b>Point Value</b>	<b>Score</b>
<b>Knowledge of fiber and fabric characteristics, uses, care (30%)</b>			
Identification of fiber source, generic name, and characteristics		10	
Identification of fabric weave or knit, fabric type, and fabric characteristics		10	
Knowledge of garment care		10	
<b>Comments:</b>			
<b>Ability to evaluate garment quality and apply knowledge (30%)</b>			
Garment style makes good use of the fiber and fabric characteristics and is appropriate for the intended use of the garment		5	
Garment is well made (plaids and seams match, edges smooth, hem even, closures neat, well pressed)		10	
Garment is a good value for its cost		10	
Garment meets the competition eligibility requirements (division, category, complete garment or ensemble)		5	
<b>Comments:</b>			
<b>Appearance, fit, and fashionability (40%)</b>			
Fit compatible with current fashion trends and garment style		10	
Accessories fashionable and appropriate for the garment		10	
Modeling and presentation skills, poise, and grooming		10	
Becomingness of outfit, appropriate for wearer and intended occasion		10	
<b>Comments:</b>			
<b>Total Score</b>		<b>100</b>	
<b>Judge's Signature:</b>			

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# BROILER BARBECUE CONTEST

**When:** See Calendar of Events  
**Where:** See Calendar of Events  
**Time:** Sign-in, Set-up and Instructions at 9:00 a.m.; Competition begins at 9:30 a.m.  
**Who:** Junior and Senior 4-H members

Each contestant will barbecue one or two broiler halves (your option) and will turn in the one of their choice for the judging competition. Broiler halves for competition, weighing approximately 1½ pounds, each will be provided at the county activity. Contestants are allowed 1 hour and 30 minutes cooking time. Time starts counting when you pick up your chicken, so have your grill hot and ready to cook on before picking up your chicken. One point for each five minutes over the allowed time will be deducted. 4-H'ers should bring their own grill, sauce, charcoal and starter to the county activity, along with any other necessary barbecuing items. Presoaked or ready-to-light briquettes are not permitted in the 4-H Barbecue Contest. Injecting of chickens is not allowed. **There is a complete guide and checklist available at the extension office.**

Ribbons will be given to the top five Juniors and to the top five Seniors. The top five scores, regardless of age, will be eligible to compete at the district Broiler Barbecue contest.

Cloverbuds will not be able to participate in the barbecue contest due to safety.

**SEE CALENDAR OF EVENTS FOR PRE-REGISTRATION DEADLINE!**



## Official Score Card for Judging Broiler Barbecue Contest



Contestant's Number: \_\_\_\_\_

	Points Possible	Points Earned
<b><u>Equipment</u></b>		
Practical and efficient?	1	
Was the equipment clean at the start?	1	
Is the operator skilled in its use?	3	
<b><u>Starting Fire</u></b>		
Was the method of lighting safe?	2	
A minimum of objectionable fumes, smoke, flame?	2	
Charcoal takes fire promptly?	3	
<b><u>Controlling Fire</u></b>		
Proper heat maintained?	3	
No excessive ash dust stirred up with control measures?	1	
No excessive smoke?	2	
<b><u>Timing</u></b>		
Chicken done in prescribed time?	12	
(1½ hour allowed from time contestant picks up chicken. Deduct 1 point for each 5 minutes late)		
<b><u>Appearance of finished chicken</u></b>		
Nicely browned?	5	
Uniform in appearance?	5	
Not burned or blistered?	5	
Not speckled with ash or dust?	2	
Skin not torn?	3	
<b><u>Doneness</u></b>		
Chickens thoroughly done when so declared by contestant and not overcooked. Drumstick ____ Wing ____ Breast ____	25	
<b><u>Taste of Finished Chicken</u></b>		
Good chicken taste – no foreign odor or taste	10	
Salt – enough, not too much or too little	5	
Flavor – pleasing, not too spicy	5	
Texture – moist and tender	5	
<b><u>TOTAL:</u></b>	<b>100</b>	

**Judges Comments:**

# Big “B” DAY

**When:** See Calendar of Events

**Where:** See Calendar of Events

**Time:** 1:00 p.m. – Awards will be given immediately following conclusion of events

**Who:** Junior and Senior 4-H members and Cloverbuds

<b>Cloverbuds May Enter All Five!</b>	<b>Agriculture Contest Juniors and Seniors May Enter Three</b>	<b>Skill Contests Juniors and Seniors May Enter Four</b>
1. Bait Casting	1. Crop and Seed Identification	1. Bait Casting and Fish ID
2. Bicycle Contest	2. Entomology Collection	2. Bicycle Safety and Skills
3. Crop and Seed ID	Ornamental Horticulture	3. Gun Safety and BB Gun Marksmanship
4. Entomology	4. Horticulture Crops Judging	4. Reel Into Sport Fishing
5. Horticulture Crops		

Cloverbuds are encouraged to enter all five of their events. They are age-appropriate; not as complicated as the Junior and Senior contests. Cloverbuds do not bring an insect collection for entomology.

For more details for the activities listed below, contact the extension office.

## SEE CALENDAR OF EVENTS FOR PRE-REGISTRATION DEADLINE

### AGRICULTURAL CONTESTS

1. CROP AND SEED ID – The 4-H Crops Judging activity consists of seed identification and judging farm crops for their quality and market value. The activity will include the following:
  - A. Seed Identification – Identify 25 samples of seed selected from a standard 50-sample set. This may be checked out from the extension office. Five hundred points possible.
  - B. Crops Judging Contest – Planting seed: soybeans, rice and grain sorghum. Three hundred points possible.

Each of the judging classes will consist of four samples. A new study guide can be obtained from the extension office that tells how to judge seeds and gives other useful information to help prepare you for the contest. The top Junior and Senior 4-H members will represent White County at the district 4-H O-Rama.



2. ENTOMOLOGY – The entomology activity will consist of an

INSECT IDENTIFICATION TEST (100 points)

Junior and Senior members identify 10 insect specimens as to order and common name. The insects to be identified will be **common insects native to Arkansas**. Color photos will be used in the competition. The county Junior and Senior winners will represent White County at the district 4-H O-Rama. Those winners who go on to compete at district O-Rama will be required to have an entomology collection. For more information on collection requirements, go to:

[http://www.kidsarus.org/go4it/Activities\\_Events/events\\_packet/j-district\\_qualifying\\_orama/entomology\\_collection.pdf](http://www.kidsarus.org/go4it/Activities_Events/events_packet/j-district_qualifying_orama/entomology_collection.pdf).

3. FORESTRY ACTIVITY – The Forestry activity will consist of the following:

A. Identify 15 trees common to Arkansas. Color photos will be used in this contest.

Junior and Senior 4-H members are encouraged to enter this contest. The top two scoring Junior and Senior 4-H members will represent White County at the district 4-H O-Rama. Those 4-H'ers going on to compete at district will be required to determine the diameter and merchantable height of up to five trees each.

4. HORTICULTURAL CROPS JUDGING ACTIVITY

A. Judging:

1. Six classes of four plates each composed of available vegetables from the veg. list
2. Two classes of four plates each composed of available fruits from the fruit list
3. Plates in each class will be placed from top to bottom
4. Judging will be based on those items of quality and other characteristics listed under judging standards as outlined in the 4-H Horticultural Crops Judging manual.

***NOTE: This activity is no longer a regional or state activity***

5. ORNAMENTAL HORTICULTURE – This activity is designed to help Junior and Senior 4-H members develop some knowledge of and appreciation for plants used to beautify and enhance the home and home surroundings. Senior 4-H'ers will identify 10 shrubs, 10 trees, 10 flowers, and 10 houseplants. Junior 4-H'ers will identify five of each. The complete, correctly spelled common name will be required for the answer. Color photos will be used in this competition for identification instead of live plants.

References suggested are: A CD-ROM is available for participants to use in learning to site identify the plants. Participants are encouraged to visit greenhouses, nurseries and gardens where the plants on the following lists can be seen in live form. Pairing up with a Master Gardener may be a good way to facilitate learning the plants on the list.

6. GRASSLAND EVALUATION – Contestants should be prepared to identify photographs of plant specimens which will include: different grasses, legumes, forbs, and woody plants.

### SKILLS CONTESTS

1. **Bait Casting and Game Fish ID** – Equipment needed will be provided for each participant, or you may bring your own rod/reel. Regulations are outlined in 4-H leaflet S-303 (updated 2007). **Each contestant will be judged on accuracy in casting; three casts made standing and three made from a sitting position. Each Junior contestant will also be required to identify five and each Senior contestant will also be required to identify 10 common Arkansas game fish and five anatomical features of a fish.**
2. **Bicycle** – Participants will have an opportunity to demonstrate their knowledge of the bicycle and the rules associated with its operation, as well as demonstrate their skills in bicycle riding. Safety will be stressed throughout the contest. **The use of bicycle safety helmets is required.** References include: "Bicycle Skill Tests for District and State Competition", and 4-H Curriculum Bicycling for Fun BU8334, Wheels in Motion BU8335, and Don't Get Stuck: Fix It DVD BU7505.

This contest will include (time limits as shown):

A. Written examination – 20 multiple-choice and true-false questions taken from the 4-H curriculum. (*15 minutes*)

B. Parts Identification – Identify 10 parts in five minutes (*5 minutes*)

C. Skill Riding courses will be chosen from the following list for district and state events:

- a. Double obstacle test
- b. Double zigzag obstacle test
- c. City streets
  - i. Four-way intersection
  - ii. Railroad crossing
  - iii. Scanning
- d. Figure-eight steering

**All riders must ride a bicycle that fits them (not too small or too big for your height; you should be able to get on and off the bike by yourself with no assistance). All participants must wear an approved bicycle helmet. If you do not have one, the county will have one you can borrow.**

3. **Gun Safety and Gun Marksmanship** – This activity will consist of three parts:

1. A general gun safety session where these topics will be discussed:
  - a. Gun safety rules
  - b. Safe handling and care of guns
  - c. The four basic shooting positions
  - d. Shooting range procedure
2. A brief written examination

**DO NOT BRING A GUN. ONE WILL BE PROVIDED FOR YOU.**

4. **Reel into Sport Fishing** – Each contestant will be judged on tackle and fish identification, water safety, aquatic ecology and knot-tying. In addition, seniors will also be required to know information about specific Arkansas fish species and determine the best location (habitat) and equipment to catch each of the fish. **Both Junior and Senior activities at the regional and state level will be conducted based on information in the 4-H leaflet**
5. **S-208: “4-H: Reel Into Sport Fishing for District and State Level Competitions”** (revised 2007). Additional study material may be found in the Level One 4-H Sport Fishing Project Activity Guide titled “Take the Bait” (BU7598). Specific information found in the book, including fishing methods, safety and aquatic ecology will be suitable material for the competitions. Additional information regarding fish identification, habitat, and fishing methods can be found in “Beginner’s Fishing Guide”, and “Arkansas Sport Fish Identification Pocket Guide”, both published by the Arkansas Game and Fish Commission, and available at 1-877-676-6963.

# ROSS FOUNDATION 4-H PHOTOGRAPHY CONTEST

**WHEN: Due to County Office by May 1**

NOTE: Each 4-H'er, Cloverbud, Junior or Senior member may enter a total of four photographs, one in each of the following categories:

- I. Color – Living
- II. Black and White – Living

Examples of the living division are people, animals, insects, birds, fish, reptiles and wildlife. Flowers are considered non-living.

- III. Color – Non-Living
- IV. Black and White – Non-Living

Examples of the non-living division are buildings, landscapes, still-life scenes, plants, flowers, conservation scenes, weather scenes, scenic views, etc. Scenic views may include people, but the people should not be dominant.

Each photograph must be identified with the 4-H member's name, age, county, category entered, date taken, **and location in Arkansas**. Please write information on a small piece of paper. Do not write on the back of photos. Put picture, negative, and paper in small zip-top bag. Photographs must have been taken from **April 1 of the previous year through April 1 of the current year**. A negative or a computer disk must accompany each entry. Please do not cut negatives apart. **DO NOT MATTE OR FRAME ENTRIES.**

First- through third-place winners will be named in each of the four categories. Juniors and Seniors compete together.

**Advantix cameras are allowed, but you must submit the film canister with the photo. This year we will allow digital cameras. You should use at least a 2-megapixel camera on the highest-quality setting. For judging, we need your picture on photo-quality paper. A CD-ROM disk containing the .JPEG photo must also be submitted.**

The county first place winners in each category will receive \$10 and the opportunity to compete in the state contest. State winners will receive: first – \$200, second – \$100 and third – \$50. Cloverbuds will receive ribbons for completing the activity rather than cash prizes.

**All photos submitted for county competition need to be 8" x 10" prints.**

# 2012 4-H CAMPS AND EVENTS

All listed ages in chart are as of January 1 of the current 4-H year.

All events held at Arkansas 4-H Center unless otherwise noted.

Deadlines noted are the date the applications must be in county extension office.

Please note the following cancellation policy:

## **County**

If you and the Faulkner County 4-H Foundation send said fees to the state office and you decide not to attend the activity, you will get reimbursed only **if** the 4-H Foundation gets reimbursed. If the 4-H Foundation does not get reimbursed, you will be billed for the 4-H Foundation's portion. If the 4-H Foundation does not receive the initial portion you are billed for, you will not be allowed to attend any state or national activities, until we receive your portion.

Exceptions to this refund policy will be based on personal or family illness or death in the immediate family. If this happens, you must call the extension office and they must notify the event at time of check-in, or a refund will not be made.

## **State**

The following **REFUND POLICY** will apply to all 4-H events, except those which have specific refund guidelines listed in the information for that specific event:

**100% refund – 15 working days before the first day of the event**

**50% refund – 7-14 working days before the day of event**

**No refund – 0-6 working days prior to the event**

**Exceptions to this refund policy will be based on personal or family illness or death in the immediate family.**

**\* See Faulkner County 4-H Foundation Payment Policy for further details.**

## 2012 4-H CAMPS AND EVENTS

Event	Date	Age	Your cost	Deadline	Location
Camp Leadership Workshop (formerly Teen Counselor Training)	Jan 20-21	15-19	TBA	Dec.	Arkansas 4-H Center
State 4-H BB Championship	Feb. 3-4	TBA	TBA	TBA	TBA
Entrepreneur Camp (Regular) Entrepreneur Camp (Advanced)	Feb. 10-12	9-14 13-19	TBA	Jan. 30	Arkansas 4-H Center
Ambassador Workshop	Feb. 17-18	Current Ambassadors	TBA	Feb 1	Arkansas 4-H Center
Camp Leadership Workshop Advanced (Camp Counselor Training-advanced)	April 20-21	15-19	TBA	Feb. 17	Arkansas 4-H Center
State Equine Camp	March 19-22	12-18, must bring own horse	TBA	March 1	Arkansas 4-H Center
Shooting Sports Instructor Training	March 16-17	21 and over	TBA	March 5	Arkansas 4-H Center
Kansas City Global Summit 2012	March 14-17	15-19	TBA		Kansas City, Mo.
4-H 5K Run/Walk	April 14	Any	TBA	TBA	Arkansas 4-H Center
Parent/Volunteer Forum	April 13-14	Adults	TBA	TBA	Arkansas 4-H Center
District 4-H Horse Show – Searcy	June 26	5-19	TBA	TBA	White County Fairgrounds
YHEC Shooting Sports	June 7-9	9-19, must qualify	TBA	May 14	Arkansas 4-H Center
Teen Leader Conference	June 13-15	14-19	TBA	TBA	Arkansas 4-H Center
District O-Rama	June 20	9-19	\$0	TBA	Batesville
Livestock Judging Camp	TBA	9-19	TBA	TBA	U of A – Fayetteville
Forestry and Wildlife Camp	Sept. 28-30	10-13	TBA	Sept. 3	Arkansas 4-H Center
Weeklong Junior Camp	June 24-30	9-12	TBA	June 1	Arkansas 4-H Center
Citizenship Washington Focus (CWF)	July 7-14	14-19			Washington DC
State Horse Show	July 17-19	9-19, must qualify at district	TBA	TBA	White County Fairgrounds
Cloverbud Camp	July 6-7	5-8, plus an adult	TBA	June 1	Arkansas 4-H Center
State Camp (Faulkner)	July 9-11	9-12	TBA	June 1	Arkansas 4-H Center
Adventure and Challenge Camp (Faulkner)	July 9-11	13-15	TBA	June 1	Arkansas 4-H Center
Shooting Sports State Competition	July 12-14	9-19, must qualify	TBA	June 25	Arkansas 4-H Center

State O-Rama	July 25-27	14-19	TBA	July 2	U of A – Fayetteville
Southern Region 4-H Horse Show	July 31-August 5	9-19; must qualify at state	TBA	TBA	Perry, Ga.
High Adventure Backpacking, Pecos Wilderness, N.M.	July 29-August 5	13-19	TBA	January 30	Pecos, N. M.

# FAULKNER COUNTY 4-H

## POLICY MANUAL

**VERY IMPORTANT –  
PLEASE READ!!!**





# **Faulkner County 4-H Constitution**

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University of Arkansas, United States Department of Agriculture and County Governments Cooperating.  
The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.

# **FAULKNER COUNTY 4-H CONSTITUTION**

## **ARTICLE 1 – NAME**

This organization shall be known as Faulkner County 4-H.

## **ARTICLE 2 – PURPOSE**

The primary purpose of this organization shall be to help develop the young people of the county into better individuals and better citizens. As a means of achieving this purpose, the organization will strive to help improve educational and social opportunities for young people in the community and will carry out a well-planned program of club meetings, club activities and project work.

## **ARTICLE 3 – COUNTY EXTENSION AGENTS**

The organization, program and activities of the club shall be under the general direction of the county extension agents of the Cooperative Extension Service, University of Arkansas System Division of Agriculture.

## **ARTICLE 4 – TYPES OF 4-H CLUBS**

A 4-H club is an organized group of a minimum of eight youth (ages 5–19) that have a planned meeting calendar that meets a minimum of six times throughout all or most of the year. 4-H clubs are advised by two non-related volunteer leaders. They elect officers, meet in public locations accessible to all potential members and offer opportunities to learn life skills through a variety of project experiences. 4-H clubs also offer opportunities for leadership and citizenship/community service.

Community Club is an organized continuing group with elected officers, adult leaders and planned programs throughout the year. They are multi-project clubs.

Project Club is an organized group with elected officers, adult leaders and planned programs. They focus on one project that the entire membership experiences together.

Project Group is a group of youth and leaders interested in learning a specific project. This group does not follow the guidelines of an organized club, but meets regularly to learn specific information in a specific project area. It does not have elected officers.

After-School Club is organized within childcare settings. It has officers and planned activities. It is an organized group of youth led by adult volunteer/staff. Each club participates in community service and project activities. Club meetings include business conducted by officers, education programs and group-building or recreational activities, and may vary by site. All 4-H activities focus upon positive youth development.

In-School Club is a club that meets during school hours. It has officers and planned activities. This club operates much the same as community clubs, but a teacher may serve in the role of a club leader.

## **ARTICLE 5 – MEMBERSHIP**

### **Section a – General Requirements**

This organization shall be composed of clubs throughout Faulkner County. Any boy or girl between the ages of 5 and 19 years, regardless of race, color, national origin, sex, age or handicap who is interested in 4-H and willing to accept supervision of trained adult leaders, may be considered for membership.

Youth less than nine years of age on January 1 will be considered Cloverbud 4-H members for the year. A youth can join anytime after their fifth birthday.

A 4-H member will be a Junior 4-H member if the age is 9 –13 on January 1.

A Senior 4-H member is ages 14 – 18 on January 1.

Clubs must have a completed 4-H enrollment card on file through the Arkansas 4-H Online System for all members. 4-H members must also complete the 4-H Health Card, Code of Conduct and Publication Release by the annual 4-H membership deadline. 4-H members with an active enrollment card will be eligible for competitions and participation in club, county, state and national events.

4-H members must declare a “home county” for membership. A 4-H member cannot compete for awards in qualifying activities in more than one county. Only one county can report membership for a 4-H member at a time.

### **Section b – Active Membership**

Active Membership is defined as current enrollment records must be on file for University of Arkansas Cooperative Extension Service records. The annual 4-H enrollment period will be October 1 of the current year through February 1 of the following year. Open enrollment will be available for new members and transferring membership. Club members are encouraged to turn in a 4-H Journal each year.

### **Section c – Requirements for Community and Project Clubs**

All community and project club members must meet requirements in sections A and B and adhere to the following attendance requirements:

New members must attend two consecutive meetings before joining.

The first meeting is to express a desire to join, and the second to join.

Prospective members may participate in non-competitive 4-H activities.

Members absent from three consecutive regular club meetings are to be removed from club roll and from active member status with the following exceptions:

- School activity
- Illness
- Other county 4-H activity that has been publicized through email or newsletter

- Other: to be brought before the club's Executive Committee for approval  
Sports excuses should be limited as determined in club by-laws

In order to receive exemption, the club member must contact the club leader before the regularly-scheduled club meeting.

Club main leaders must submit a "drop form" to the Cooperative Extension Service Office to move a 4-H member from active to inactive status.

Clubs must have at least six regular club meetings per year and elect officers. Clubs must be represented at a minimum of three county activities per year. Community 4-H clubs may expand the county requirements and have additional requirements of the membership.

Failure to comply with the county requirements for membership will be reviewed by an appointed 4-H Review Committee for determination on membership status.

Clubs must have a recorded copy of the club bylaws or standing rules on file in the extension office. These bylaws must include new member attendance requirements, attendance policies, requirements for officers, and 4-H Journal requirements.

#### **Section d – Requirements for Faulkner County Teen Leader Clubs**

Members must be ages 13–19 as of January 1 of the year applying.

Selection is based on:

- Journal submission for judging during the current year, (no non-judged books unless a previous state journal winner)
- A completed Teen Leader application
- Two recommendations (one from the club 4-H leader they are a member in and one from a teacher or youth group)
- An interview with a panel composed of one 4-H alumni, one 4-H Foundation member, one 4-H leader and a non-voting extension advisor
- 4-H member for at least one full year at time of application.

Members absent from two consecutive regular club meetings are to be removed from club roll and from active member status with the following exceptions:

- School activity
- Illness
- Other 4-H activity
- Other: to be brought before the club's Executive Committee for approval
- Sports excuses should be limited

In order to receive exemption, the club member must contact the County Extension Agent-4-H before the regularly scheduled club meeting.

### **Section e – Transferring Club Membership**

Members moving his or her membership to a different club in Faulkner County, and he/she is a member in good standing, can submit a “transfer form” to the Cooperative Extension Service office.

4-H members changing clubs, who are not currently a member in good standing, must adhere to the two regular monthly meetings prior to becoming an active 4-H club member.

### **Transferring Membership from another County:**

In order to gain immediate active status, a 4-H'er must submit a recommendation from their previous county extension office stating that he/she was an active member in the previous state or county program. It should also contain contact information allowing for local extension staff to follow up on the youth's previous 4-H experiences.

### **Section f - Cloverbuds**

4-H Members at least 5 years of age and less than 9 years of age as of January 1 of the current year will be considered Cloverbud 4-H members. Cloverbud members may not compete in 4-H organized competitions. All recognition for Cloverbud members will be for participation only. Cloverbud members are not eligible to receive county, district or state awards designating one winner over others. Voting privileges will be determined by individual clubs.

Research indicates that this age group's comprehension of competition or judging one over the other is limited and may be harmful to development of a positive self-esteem.

## **ARTICLE 6 – ADULT LEADERSHIP**

### **Section a – Club Leadership**

The adult leadership of the club shall consist of at least two non-related leaders, with as many other leaders as are needed to carry out specific responsibilities. To be an adult leader, you must have fulfilled the child protection requirements along with the following annual paperwork:

Code of Conduct and Volunteer Agreement (MISC-120)

Each club must have at least one main, organizational leader. All club leaders shall have specific responsibilities and are to work with or under the direction of the main leader. If a co-leadership team is in place, the leaders will determine their specific responsibilities. Main leaders are responsible for providing updates to members and maintaining compliance of the general policies by individual 4-H members in their respective clubs.

Main leaders are responsible for having representation (themselves or another adult leader from their club) at the quarterly Parent and Leader Meetings (PALs) or as announced.

If a club is not represented at two consecutive leaders' meetings, the club charter will be put on probation for the next two consecutive PALs meetings. If a meeting is missed during the probation period, the club charter will be reviewed and possibly revoked.

In the event of a vacancy in an office, the club will follow their club procedure (bylaws) for selection: a) nomination, b) election, c) promote next person in line—based on prior election results.

#### **Section b – Leader Definitions**

4-H Certified Adult Volunteer Leader: is defined as a parent or adult who has completed a volunteer enrollment card, child protection packet, provided three letters of recommendation, passed the child registry form, annually attends at least three leader trainings and annually renews his/her volunteer enrollment card. (4-H Club Organization/Main Leaders should annually meet the Certified Adult Volunteer requirements)

4-H Adult Volunteer Leader: is defined as a parent or adult who has completed a volunteer enrollment card, child protection packet, provided three letters of recommendation, passed the child registry form and annually renews his/her volunteer enrollment card.

4-H Parent: is defined as a parent of a bona fide 4-H member who attends regular monthly meetings with their youth and assists their child(ren) with project work at home.

#### **Section c – Quorum**

A quorum of the adult leaders is defined as two-thirds of the clubs represented at the current meeting.

#### **ARTICLE 7 – CONDUCT**

Members – 4-H members must annually read and sign the Arkansas 4-H Code of Conduct. If a member breaks a conduct rule, a written statement detailing the issue must be submitted. Depending on the severity of conduct, a grievance committee or executive committee or a county extension agent will determine consequences.

Adult Volunteers – Adult volunteers will adhere to the guidelines of the Arkansas Youth Protection program and read, sign and follow the behavior guidelines for adult volunteers.

#### **ARTICLE 8 – 4-H OFFICERS**

The official officers of the clubs shall be: (a) President, (b) Vice President, (c) Secretary, (d) Treasurer and (e) Reporter.

The president shall preside at all club meetings, appoint committees, call special meetings, assist in planning programs and other duties of a presiding officer. When more than 50 percent of club members are present, the club can transact business. (Quorum)

The vice president shall be chairman of the program committee and shall preside in the absence of the president.

The secretary shall: 1) keep minutes of regular club's meetings and other club records as outlined in the secretary's book, 2) call or check roll and read the minutes at each regular meeting, 3) serve on the program committee and as chairman of the club's history committee, 4) handle correspondence for the club and 5) preside in the absence of the president and vice president.

The treasurer shall: 1) work with adult leader to complete all financial guidelines required of club, 2) give monthly treasurer's reports, 3) keep track of all monies coming in and out of the club account and 4) any other duties outlined in the treasurer's book. The reporter shall prepare news items on the activities of the club, which should be sent either to the county extension office or directly to the newspapers. The reporter shall serve on the club's history committee.

Additional officers may be elected or appointed as needed or desired by the club. Other possible offices include: photographer, song leader and recreation leader. Officers shall be elected annually and serve until their successors are elected and installed. Club officers are to be elected every August-September and encouraged to attend the annual County Officers training.

#### **ARTICLE 9 – COMMITTEES**

Committees shall be appointed to serve for the club's year. Suggested committees include: (a) program, (b) recreation, (c) history, (d) fundraising, (e) community service, (f) grievance and (g) executive. Additional committees may be organized as needed.

Clubs should have regularly-scheduled educational programs as part of the monthly club meeting.

Clubs should have recreational activities in addition to the recreational activities during club meetings.

Clubs are encouraged to conduct fundraising activities to assist in activity costs and to allow for enriched activities for the members.

Clubs are encouraged to participate in community service activities throughout the year. Clubs are encouraged to submit a community service report for county and district recognition.

Clubs are encouraged to establish a grievance committee consisting of the club president, main leader, advisory board and a non-4-H community member.

Clubs are encouraged to use the executive committee, which consists of the club officers, to assist in leading the club and in determining exemptions for members.

#### **ARTICLE 10 – FINANCES AND ASSETS**

There are no dues for membership in Faulkner County 4-H. Individual clubs may require a fee to cover incurred club cost such as insurance or program supplies.

Fundraising activities by 4-H clubs may be held when authorized by a vote of the club and when the purpose is in agreement with the objectives of the 4-H program.

The county extension office should be notified of all club fundraising activities involving soliciting of monies or donations before the fundraising begins.

4-H funds should be kept in a financial institution in the name of the 4-H club or foundation. When opening the account, the club or organization will be required to provide an Employer Identification Number (EIN). Application for Employer Identification Number (IRS Form SS-4) may be obtained at the IRS web site. Volunteers should not use a Social Security number when opening the account, and funds should not be kept in any individual's personal account.

Clubs must submit audited financial records annually to the extension office by October 1 of each year.

No part of the net earnings of a club shall be to the benefit of, or be distributable to its members, trustees, officers or other private persons except that the club shall be authorized to pay reasonable compensation for expenses and to make payments and distributions in furtherance with the objectives of the Faulkner County 4-H program hereof. Detailed receipts regarding all club financial transactions should be written and filed for future reference.

**Dissolution:** In the event of the dissolution or final liquidation of a 4-H Club, after all liabilities and obligations of the club has been paid, satisfied and discharged, or adequate provision made therefore, all remaining property and assets (including cash and equipment) of the 4-H club shall be distributed, conveyed, assigned or transferred to the Faulkner County 4-H Foundation.

#### **ARTICLE 11 – USE OF 4-H NAME AND EMBLEM**

The official 4-H emblem consists of a green four-leaf clover with stem and the letter “H” in white or gold on each leaflet. The four-leaf clover with the stem and letter “H” in white or gold on each leaflet may also appear, if necessary, in other colors and still be considered the official 4-H emblem. For example, when it is not possible to use the color green for the emblem, as in printing on fabric, plaques and trophies, other colors may be used.

When the 4-H emblem is used, the following wording (exactly as printed below) will be displayed to the right of the base of the stem and under the lower right leaf:

18 U.S.C. 707

The **ONLY** exception will be when the wording “18 U.S.C. 707” becomes too small to be legible. In computer-generated samples, it appears that as long as the 4-H emblem is at least three-fourths of an inch in size, the writing is legible.

When large versions of the 4-H emblem are used (e.g., T-shirts, poster and banners), the statement can be somewhat smaller in proportion to the emblem.

When used, the 4-H club name and emblem shall be given a position of prominence. It is not permissible to superimpose any letter, design or object on the 4-H emblem or to alter its shape in audiovisuals, on stationery over which a letter is written or typed, certificates, publications, etc.



For complete guidelines on use of the 4-H Clover, see the Arkansas 4-H Policy Guide located at [www.uaex.edu](http://www.uaex.edu).

#### **ARTICLE 12 – SPECIAL EVENTS, TRIPS AND AWARDS**

**Scholarships** – A current journal is required for Seniors applying for a Faulkner County 4-H scholarship.

**Trip Funding** – A youth member may participate in a regional, national or international event (events which are financially sponsored by the Faulkner County 4-H Foundation) only one time per event. The member is not limited to how many times he/she wishes to participate in an event; however, only how many times they receive partial expenses paid by the 4-H Foundation. A member may only receive partial funding by the Faulkner County 4-H Foundation for one regional, national or international trip per year. The Faulkner County 4-H Foundation will determine if a member is qualified to receive funding assistance for out of county trips.

**\*\*Refer to the Faulkner County 4-H Foundation Payment Policy Guide for information regarding payment assistance for specific 4-H activities and events.**

#### **ARTICLE 13 – AMENDING BYLAWS**

These bylaws may be amended with one month notice, at any adult leader meeting when a quorum is present.

Club bylaws may be amended with one month notice, at any regular club meeting when a quorum of county-wide 4-H clubs are present. A current copy of the club bylaws must be filed in the county extension office within one week after amendment has been made.

## **Faulkner County 4-H Foundation Activity Payment Policy**

The Faulkner County 4-H Foundation supports 4-H youth membership by providing financial support to attend and participate in county, state, regional and national 4-H activities and events.

The 4-H Foundation Board consists of Faulkner County community and business leaders with an interest in 4-H. These leaders are elected for a three year period and may be reelected to the position.

These individuals conduct an annual fund drive. Each previous donor receives a letter asking for continued assistance and support of the fund drive efforts. 4-H members benefit from the drive by receiving funding to attend and participate in various county, state, regional, and national events.

**\*ALL MEMBERS MUST HAVE CURRENT ACTIVE ENROLLMENT ONLINE ON FILE WITH EXTENSION OFFICE TO PARTICIPATE IN ANY EVENT.**

### **Regional and State Competitive Events**

#### ***Regional 4-H O-Rama\*\****

The 4-H Foundation will pay registration fees for qualifying members in good standing\*

#### ***State 4-H O-Rama***

The 4-H Foundation will pay the registration fee for 4-H members in good standing\* and that have participated in at least three county activities (competition and/or workshop).

#### ***Shooting Sports***

In order to receive half funding for state Shooting Sports competitions (YHEC – Youth Hunters Education Competition and Range Events), 4-H member must be in good standing\* and have participated in at least two county competitive events during the current year and /or submitted a county 4-H Journal for the current year.

#### ***State Horseshow\*\****

The Faulkner County 4-H Foundation will pay half of the event registration, for up to three events if a member is in good standing. In order to receive funding for state horse show, and have participated in at least two county competitive events during the current year and/or submitted a county 4-H Journal for the current year.

## **State Events and Workshops**

### ***Ambassador Workshop\*\****

The Faulkner County 4-H Foundation will pay half of the expenses each time if the individual submits a current 4-H Project Journal by annual deadline.

***State 4-H Camp\*\****(includes Junior Camp, Bring A Big Person to Camp (Cloverbud Camp), Adventure and Challenge, Equine Camp)

The Faulkner County 4-H Foundation will pay half expense for first-time participants, one-quarter expenses the second-time and participant is responsible for full expense thereafter.

### ***State Basic Camp Leadership Training\*\****

The Faulkner County 4-H Foundation will pay half expense for first-time participants.

### ***State Advanced Camp Leadership Training\*\****

Faulkner County 4-H Foundation will pay half expense for first-time participants and one-fourth for second-time participants. Participants attending training must serve on County Camp Planning Committee.

### ***Teen Leader Conference\*\****

The Faulkner County 4-H Foundation will pay half of total fees for first-time participants. The Foundation will pay one-fourth for second-time participants, and one-fourth for participation thereafter.

### ***Shooting Sports Instructor Training***

Effort will be made by the Faulkner County 4-H Foundation to pay 100 percent of cost for new and active leaders, provided the necessary funds are available. If the funds are not available, effort will be made to pay half of expenses. Leaders must conduct at least one county youth or adult workshop prior to receiving funding for additional forum participation.

## **Adult Volunteer Training**

### ***Shooting Sports Instructor Training***

The Faulkner County 4-H Foundation will reimburse total of registration fees (does not include lodging and travel) for new and active leaders who have completed current volunteer certification requirements. Provided necessary funds are available. If funds are not available, every effort will be made to pay half of registration fees. Reimbursements will be made upon receipt of instructor certificate. Leaders must conduct at least one county youth or adult workshop prior to receiving funding for additional instructor training workshops.

### ***District and State Adult Leaders Forum\*\****

The Faulkner County 4-H Foundation will reimburse 100 percent of cost for new and active leaders, provided the necessary funds are available. If the funds are not available, effort will be made to pay half of expenses. Leaders must conduct at least one county youth or adult workshop prior to receiving funding for additional forum participation.

### **Regional, National and International 4-H Events\*\***

A 4-H member is eligible to receive half funding for regional, national or international 4-H events (events which are financially sponsored by the Faulkner County 4-H Foundation) one time per event once individual activity requirements are met. The member is not limited to how many times he/she wishes to participate in a respective activity; however, they are limited in the number of times they receive half expenses paid by the 4-H Foundation.

### ***4-H Citizenship...Washington Focus\*\****

A 4-H member is eligible to receive funding assistance (as mentioned above) if they have submitted a 4-H Journal during the year application is made, and have completed an interview with the extension staff chair and two Faulkner County 4-H Foundation Board members. Applicants not wishing to be interviewed may attend by paying the full registration fee.

### ***4-H High Adventure Program\*\****

A 4-H member is eligible to receive funding assistance (as mentioned above) if they have submitted a 4-H Journal during the year application is made, and have completed an interview with the extension staff chair and two Faulkner County 4-H Foundation Board members. Applicants not wishing to be interviewed may attend by paying the full registration fee.

### ***Kansas City Global Conference\*\****

A 4-H member is eligible to receive funding assistance (as mentioned above) if they have submitted a 4-H Journal during the year application is made, and have completed an interview with the extension staff chair and two Faulkner County 4-H Foundation Board members. Applicants not wishing to be interviewed may attend by paying the full registration fee.

### **Faulkner County 4-H Foundation Need-based Scholarship\*\***

A 4-H member may apply for a needs-based scholarship for one regional or one state activity per year. The member must meet all requirements of being an active 4-H member in Faulkner County.

### **County Refund Policies**

The following **REFUND POLICY** will apply to all 4-H events, except those which have specific refund guidelines listed in the information for that specific event:

100 percent refund – 15 working days before the first day of the event

50% refund – 7-14 working days before the day of event

No refund – 0-6 working days prior to the event

Exceptions to this refund policy will be based on personal or family illness or death in the immediate family.

This refund policy is used by the county 4-H program when charging participants for registration cancellation, or when a participant merely does not show up for an event. Exceptions to this refund policy will be based on personal family illness or death in the immediate family. Notify the extension office immediately regardless of

date. **\*\*PLEASE NOTE THAT ALL 4-H FOUNDATION PAYMENTS ARE DEPENDENT UPON AVAILABILITY OF FUNDS, AND THIS CAN CHANGE AT ANY TIME.**

#### **Faulkner County and 4-H Finances**

1. Upon the dissolution of the 4-H club or 4-H Foundation, unless contrary instructions are specified in the bylaws or the incorporation documents, the board of directors or officers shall dispose of all of the assets of the entity exclusively for the purposes of the 4-H program. If a 4-H club ceases to exist, the 4-H club will transfer cash and equipment to another 4-H club or to the county 4-H Foundation in the same county and of good standing as determined by the University of Arkansas Cooperative Extension Service assistant director for 4-H. If a county 4-H Foundation ceases to exist and does not have a dissolution clause in its bylaws or incorporation documents, the assets would be used to conduct 4-H programs in the county for which the foundation ceased to exist. Any such assets not so disposed of shall be disposed of by the University of Arkansas Cooperative Extension Service, exclusively for such purposes or to such organization or organizations as the assistant director for 4-H shall determine which are organized and operated exclusively for the 4-H program.
2. If a club or group becomes inactive or ceases to exist, the appropriate county extension agent has the obligation and authority to ensure the appropriate disposition of any remaining assets.
3. Teaching children and youth the proper way to handle funds is an important component of the 4-H experience. Youth should be involved as much as possible in all phases of fundraising under the supervision of an adult: setting goals, choosing projects, collection, accounting and distribution of funds. Each club should elect a secretary-treasurer and follow the accounting guidelines listed in the Arkansas 4-H Treasurer's Record Book. Adults should teach their 4-H members how to use committees to develop plans and how to use parliamentary procedure to make decisions.
4. All funds that have been raised in the name of 4-H belongs to 4-H, and not an individual or group of individuals. Because donors are allowed a tax deduction for their gifts, it is imperative that the funds be used only for appropriate and authorized purposes.

5. The 4-H club program in the United States, by definition of the Extension Committee on Organization and Policy (ECOP), operates under the 501 (3) status of the Internal Revenue Code. This means that 4-H club and foundations are tax-exempt in both state and federal. This does not mean that the clubs are exempt from paying sales tax, unless authorized by state law. Currently, the Arkansas 4-H Foundation does have a sales tax exemption.
6. Each county 4-H Foundation and each individual 4-H club or unit should request their own EIN. The Arkansas 4-H Foundation federal ID number should never be used by a county or club to establish a bank account.
7. The Internal Revenue Service has assigned a federal income tax group exemption number to 4-H organizations and affiliated groups when requesting an EIN number and when filling the Annual Information Return (IRS Form 990) if required.
8. It is not essential that a 4-H organization be incorporated or have any type of formal organization to be eligible for inclusion under the group ruling. Many 4-H clubs, 4-H special-interest groups and county 4-H leader councils function on a rather informal basis. However, there are certain advantages to a legally incorporated county 4-H Foundation, and many county 4-H Foundations in Arkansas are incorporated. For more information, see Arkansas 4-H state policy online at <http://www.kidsarus.org/4hpolicy/default>.

## Faulkner County 4-H Foundation Annual Scholarships

The Faulkner County 4-H Foundation annually awards thousands of dollars in monetary scholarships to graduating high school seniors and freshmen who have been active in the Faulkner County 4-H Program. Applicants must have completed and submitted a 4-H Project Journal for the year in which applying for the scholarship. Individuals may only apply for and receive a Faulkner County 4-H Foundation scholarship, twice.

The following individual scholarships are awarded each year:

- ✿ Dennis Wilcox Memorial Scholarship
- ✿ Stanley Russ 4-H Scholarship
- ✿ Caufield Memorial 4-H Scholarship
- ✿ John Hawks Memorial Scholarship
- ✿ Faulkner County 4-H Foundation

Scholarship amounts vary depending on ranking of application and availability of funding.

Applicants must complete the Faulkner County 4-H Foundation Scholarship application and submit all application and all required documentation by the annual March 1 deadline. Applications are available through the Faulkner County Extension Office or by visiting [www.uaex.edu/faulkner/4h](http://www.uaex.edu/faulkner/4h).

For more information on the Faulkner County 4-H Foundation Scholarship Program, call (501) 329-8344.



## WHAT IS 4-H?

4-H is the official youth organization of the Cooperative Extension Service, a division of the University of Arkansas. It is an informal education program for boys and girls. 4-H is conducted locally by volunteer leaders in cooperation with county extension personnel.

4-H has young people sharing, doing and learning together in all kinds of projects, events and activities, with guidance from their families, volunteer leaders and extension personnel. Members choose projects that interest them and everyday activities that they experience where they live. Group activities such as meetings, workshops, tours, camps and competitive activities provide additional learning experiences.

All meetings and activities are open to all youth between the ages of 5 and 19 without regard to race, color, national origin, religion, gender or disability. Persons with disabilities who require alternative means for communication or program information (large print, audiotapes, etc.) should notify the county extension office as soon as possible prior to the activity. Most 4-H clubs meet once or twice a month. During these meetings, they conduct business, share ideas, learn new skills, participate in decision-making and enjoy recreational activities. 4-H members develop self-confidence, leadership and become involved in community service activities.

## PURPOSE OF 4-H

The purpose of 4-H is twofold:

- \* To provide the opportunity for parents and other interested adults to work with youth in their development.
- \* To provide real life experiences for youth through a fun, learn-by-doing, action-oriented and practical program.

Volunteers serve as 4-H leaders to plan and carry out organized learning experiences with youth. Many of the learning experiences are at the local club level. The many county, regional and state activities supplement and support those activities carried out at the local level.



## 4-H PROJECTS

A 4-H project consists of what a 4-H'er learns, makes or does. For example, some projects are to learn to grow a garden, make a dress or train a dog.

4-H members should take at least one project each year and complete records for that project. Younger 4-H'ers should limit themselves to one or two projects per year. Older 4-H'ers may want to take three or four.

Your 4-H club will try to locate a project leader when there are three or more members enrolled in a project. The project leader will notify members when and where the project meetings will be held. When there is no project leader, the member will be expected to work individually. As a family, you can use the 4-H project literature to guide your learning.

The family of a 4-H'er should take an active interest in his/her project. They should assist, encourage and offer advice, **but remember, the 4-H'er learns by doing.**

## HOW WILL CHILDREN BENEFIT FROM 4-H MEMBERSHIP ?

From a child's perspective, 4-H'ers benefit from membership because they:

- \* Learn, make or do things that appeal to and are meaningful to them.
- \* Make friends, belong to a group, give and receive acceptance and affection.
- \* Have a good time—which makes learning appealing and enjoyable.

From an adult perspective, 4-H is beneficial because each 4-H'er will one day become a contributing and caring member of his or her community through the knowledge and life skills he or she learned in 4-H. These youngsters will learn how to:

- \* Develop an inquiring mind and a desire to learn
- \* Make decisions and solve problems
- \* Relate to and work with other people
- \* Develop a concern for their community and the people in it
- \* Build their self-confidence

## 4-H AWARDS AND REWARDS

4-H offers a variety of awards and rewards such as trophies, ribbons, certificates, pins, trips and cash scholarships.

In addition to these material awards are the personal rewards of accomplishment and self-satisfaction that result when a child knows that he/she has done his/her best.

A special 4-H Recognition Banquet held annually honoring our 4-H members and volunteer leaders. It recognizes 4-H'ers who excel in their projects and activities. Leaders are also recognized for their contributions to 4-H.

## WHY AND WHEN DID 4-H ORIGINATE?

4-H work, as we know it, began around the year 1900 as a means of reaching adults with improved farm and home practices. American farmers had experienced poor economic times for 30 years. To try a "new" recommended farm practice would have been risky business for the farmer of that day. In 1902, a few schoolteachers developed some crop demonstrations with their students who, in turn, shared their successes with their parents.

These school projects developed into small groups covering a single topic such as beef, corn, gardening and canning. By 1903, they were called 3-H clubs, and in 1911, the name 4-H was finally adopted.

The first 4-H type club in Arkansas is reported to have been in White County in 1908. It was a corn club with 40 members. Corn clubs, cotton clubs, pig clubs and canning clubs were all in operation in Arkansas by 1914.

Have the 4-H objectives changed since the early days? Yes! Today, members are no longer limited to agriculture projects. 4-H offers the urban as well as the rural young person the opportunity to learn, to develop leadership abilities and become informed and effective citizens.

## **4-H PARENT RESPONSIBILITIES**

Parent interest and encouragement are major contributions to young 4-H'ers. If parents are involved right from the beginning, chances are significantly greater for a successful 4-H experience for the child or teen.

- **Assist** your child in selecting a 4-H project he/she can do and will enjoy.
- **Read** the project book your child receives. You'll find ways you can help your child with the project.
- **Attend** 4-H club meetings and activities with your child. This will help you understand the type of assistance your child needs.
- **Read** the 4-H mail that comes to your home. This will help keep you up-to-date, and you will be able to remind your child of upcoming events and due dates.
- **Encourage** your child to attend 4-H meetings and activities. See that your child has transportation to get to the events.
- **Offer** to assist the 4-H club leaders with specific tasks.
- **Provide** light refreshments for your child's club meeting when asked.
- **Lend** your kitchen, backyard, living room, garage or basement for an occasional 4-H meeting when requested.
- **Share** a hobby, skill or interest of yours with 4-H club members during a meeting workshop.
- **Assist** your child in keeping records on his/her 4-H work. 4-H members must keep a written record of what they do in 4-H; this record is turned in to the county extension office on the fourth Monday in January. The journal includes 4-H project work, demonstrations, awards received, leadership positions held and community service involvement. (See page 10 for more on record-keeping.)
- **Guide and encourage** your child, but avoid doing the project for him/her. Working on a project together can be fun for both you and your child.

## 4-H MEMBER RESPONSIBILITIES

### **Some of the major responsibilities of the 4-H member are:**

- Complete an “Application for 4-H Membership” form and give it to the 4-H leader.  
Enrollment forms are due annually by October 1 of the current year.
- Select one or two 4-H projects with the help of your parents.
- Read the 4-H project book related to your project(s) and complete the activities in the book. (Members are not limited to activities in the book and may want to do other activities relating to the project.)
- Attend and participate in 4-H club activities, community service and fundraising.
- Help plan and support 4-H club activities, community service and fundraising.
- Read 4-H mail that comes to your home. Share the information with your parents.
- Keep a current, up-to-date 4-H calendar of meetings and activities. Ask parents to remind you of upcoming events and due dates.
- Ask your parent, relative or other adult to serve as a 4-H project helper.
- Serve as a club officer or on a committee when asked.
- Take an active part in the 4-H club meeting.
- Prepare a written record of your 4-H project work and turn it in to the 4-H leader at the proper time.
- Share a hobby, skill or interest of yours with other 4-H members at a meeting or a workshop.
- Keep parents informed about 4-H meeting, projects and activities.
- Do at least one method demonstration or illustrated talk on your 4-H project.
- Conduct yourself at all times in a manner that would be a credit to you, your family, your 4-H club and your county.
- Talk about 4-H to friends and invite them to become 4-H members.

- Develop an exhibit about your 4-H project. Take it to your club meeting to show what you have accomplished in your project.

## 4-H JOURNALS

The Arkansas 4-H Journal is one place to show others what you have accomplished in your 4-H career. Completing the journal is much like completing a portfolio. Through your journal, you exhibit your accomplishments and how you have developed responsibility by keeping records. Throughout your 4-H career, you will find your journal useful in evaluating past achievements and in making improvements in future plans.

The Arkansas 4-H Journal was formally known as the 4-H Record Book. It is now referred to as the Arkansas 4-H Journal. This restructuring took place in 2006 for the 2007 4-H Journal judging. There are still four levels of journal guidelines: Cloverbud (ages 5–8), Beginner (9–12), Intermediate (13–15), and Advanced (16–19). All four levels have specific guidelines. These guidelines are included with each report form, which can be downloaded from our website at [www.uaex.edu](http://www.uaex.edu) or obtained in the county office. Report form covers are available for \$2.50 at the county extension office.

Beginning with the Advanced Record Book winners named in 2000: Advanced Journal winners must apply for Category B scholarships (available to current or former state advanced journal winners only) the year they will graduate from high school. To be eligible for these scholarships, graduating high school seniors or those already in college or a post-secondary institution **MUST** submit a completed scholarship application (due Feb. 1) and must have submitted an application to the college or institution of higher learning of their choice. If an advanced winner is applying for a journal scholarship in a year **AFTER** the year they are named a journal winner, he or she will only submit a scholarship application.

4-H journals should be filled out completely, accurately and neatly. Parents may oversee the child's work and may even type the book for the 4-H'er; however, **the activities must be done by the 4-H'er**. Encourage your child to work in their 4-H journal throughout the year. 4-H Journals are due in the county extension office in January—check with your leader and in the 4-H Clover News for the exact dates. The 4-H reporting year is from January to December of each calendar year.

4-H'ers submitting journals are invited to participate in special 4-H recognition activities. Everyone who turns in a journal is invited to attend the 4-H Achievement Banquet at no cost to them. Senior books are submitted for state judging and may qualify for state and national awards, which include trips and scholarships.

## 4-H ACTIVITIES AND EVENTS

### COUNTY AND STATE ACTIVITIES/ EVENTS:

#### **Fashion and Fine Arts**

Performing Arts—Instrumental, Vocal and Dance (Arts, Popular and Modern Jazz) Competition. Constructed and Purchased Fashion Review. Contest information is found in the Arkansas Events Packet. Winners are eligible to go on to regional competition.

#### **Dairy Foods and BBQ Competition**

4-H'ers entering this contest prepare their favorite, original dairy foods dish. Winners are eligible to compete at the state competition and also receive cash prizes. Contest information can be found in the Arkansas 4-H Events Packet.

#### **Activity Skills Day (Big “B” Day)**

This is a skills competition in, bicycle riding, bait casting, BB shooting, gun safety, sport fish ID, and sport fishing. Study materials are available through the county extension office. Winners are eligible to go on to regional competition.

#### **Project Workshops**

Educational workshops relating to various projects are conducted throughout the year. Workshops feature a variety of projects or may feature in-depth training on one topic. Past topics include beef heifer workshops, illustrated talk and public speaking trainings, Cloverbud camps (for youth 5-8 years of age), journal workshops, food preservation and club officer trainings.

#### **Faulkner County Shooting Sports**

4-H Shooting Sports is one of the fastest-growing programs in 4-H today. The Faulkner County Shooting Sports program emphasizes the safe and responsible use of firearms, while teaching the fundamentals of using the pellet rifle and pistol, .22 rifle, shotgun, muzzleloader and archery equipment. A goal of the program is to improve the self-confidence, self-discipline and personal growth of the 4-H member while also improving his or her skills with the firearms. County and state competitions are scheduled to test and improve those skills.

#### **Faulkner County Teen Leaders Club**

Members of this countywide club must be at least 13 years old or older. Members must be 14 as of January 1 in order to vote. Many of the members are actively involved with various community 4-H clubs in the county. Members plan and participate in community service projects as well as assist and facilitate at county and promotional events. This club fosters relationships between 4-H teen members within the county, developing and polishing leadership skills of each 4-H teen.

## **O-Rama**

4-H O-Rama allows members an opportunity to showcase their talents and knowledge through a variety of competitions with members from across Arkansas' northwest region. 4-H'ers must qualify at the county level in order to compete at the district competition. Activities range from Method Demonstrations, Illustrated Talks and Public Speaking in various project areas as well as fine arts and fashion, gun safety and marksmanship, bicycle skills and LOTS more! County winners are eligible to compete and represent Faulkner County at regional competition held during June.

## **Regional O-Rama**

This is a competitive activity for 4-H'ers who have qualified through numerous county competitions. Senior members then qualify to compete at state 4-H O-Rama.

## **District Horse Show**

Any 4-H'er owning a horse(s) and enrolled in the horse project are eligible to compete in a district horse show. Members must compete in a qualifying district 4-H horse show in order to compete at the Arkansas 4-H Horse Show. Faulkner County shows as a part of the Southeast District 4-H Horse Show held during June. Entries are usually due during late April to early May.

## **Arkansas 4-H Horse Show**

State competition for 4-H'ers who have entered district 4-H shows. Winners may qualify for the Southern Regional 4-H Horse Show. State 4-H Horse Show entries are usually due during June immediately following the conclusion of the district 4-H Horse Show.

## **Ross 4-H Photography Contest**

All 4-H'ers have the opportunity to increase their photography skills and exhibit those skills by entering color or black-and-white photographs they have taken. Photos must be taken in Arkansas during the past year. One county winner in each division is eligible to compete in the state competition. Cash awards are given for winning state photos. The county photos are usually displayed at the county library during the summer months.

## **Arkansas State 4-H O-Rama**

Held on the University of Arkansas at Fayetteville campus, 4-H O-Rama is a multi-day event, involving 40-plus competitive activities for senior members. 4-H'ers will usually qualify to attend through regional O-Rama. Educational workshops, tours, "state-only" competitive activities and recognition programs are conducted throughout this event.

## **Arkansas State Fair**

Special 4-H activities are conducted on 4-H Day (one day during the state fair). 4-H'ers in animal projects enter the junior livestock shows. The student must be a member in good standing of a local 4-H club in order to participate as a 4-H member in the junior livestock shows. 4-H'ers may enter the Arts and Crafts competition that is open to the public. (There is no separate competition for 4-H.)

### **State Camp**

Held at the C.A. Vines Arkansas 4-H Center. This is a two- or three-day camp opportunity where 4-H'ers, 9-12 participate in workshops, recreation and other learning activities.

### **State Camp—Adventure Track**

Held at the C.A. Vines 4-H Center. This is a two- or three-day camp opportunity where 4-H'ers 13-15 participate in workshops, ropes course, rock climbing wall, recreation and other learning activities.

### **Adventure and Challenge Camp**

4-H'ers have the opportunity to enjoy four action-packed days of fun, adventure, education and leadership for 13-19-year-old 4-H'ers. This camp is held at the C. A. Vines Arkansas 4-H Center.

### **Teen Leader Conference**

This is a three-day conference for Senior 4-H'ers devoted to leadership training. 4-H'ers discuss current societal issues and plan specific statewide initiatives for teen clubs within their county. This conference is held during June at the C.A. Vines Arkansas 4-H Center.

### **High Adventure Camp**

Involves hiking and backpacking on a 10-day trek. Several training sessions and pre-trip preparations are required. Applications are due into the county office during January of the activity year.

### **Forestry and Wildlife Camp**

4-H members ages 11-13 participate in a camp at the Arkansas 4-H Center loaded with hands-on activities that apply to 4-H project work in forestry, fisheries, wildlife and conservation.

### **State 4-H Tech Team**

State tech team is similar to the county tech team, except it is for Senior members only. 4-H'ers attend five two-day workshops throughout the year at the C.A. Vines Arkansas 4-H Center. The 4-H'er must complete an application and submit it at the time stated in the Arkansas 4-H Events Packet. The team is designed to excite young people to learn more about technology and networking with other 4-H'ers from around the state.



## **NATIONAL 4-H ACTIVITIES AND EVENTS:**

### **Citizenship Washington Focus**

CWF is a six-day intensive summer citizenship program involving a bus trip to Washington, D.C., and a stay at the National 4-H Center for youth ages 15-19. Delegates will learn about the democratic process and their role as citizens while they experience our nation's capital. They will get the inside scoop about how government really works from prominent guest speakers. In addition, college-age program fellows lead bill-writing workshops, a national issues forum, mock elections and congressional sessions that prepare you for leadership now and in the future.

### **National 4-H Conference**

Held in Washington, D.C. in the spring, four Arkansas delegates, 16-19 years old, are selected to participate in this conference.

### **Kansas City Global 4-H Conference**

A career-oriented conference involving 4-H'ers from five states. This conference is four days in Kansas City, Mo., and is for Senior 4-H members.

### **National 4-H Congress**

Held annually in Atlanta, this conference can be attended only by those 4-H'ers who are state project record book winners or be one of five selected to participate. All expenses are paid. 4-H'ers may only experience this, the ultimate of all 4-H experiences, once in their 4-H career. This is the goal that all 4-H'ers should strive to reach.

**INTERNATIONAL 4-H OPPORTUNITIES:** Several international exchanges are available through 4-H. LABO, IFYE, and Bavarian exchanges are currently available to Arkansas 4-H families. More information can be obtained from your leader or the county extension office.

# **WHO'S WHO IN FAULKNER COUNTY 4-H?**

## **4-H Member**

Any youth between the ages of 9 and 19 (as of January 1 of the current year) who participates in a 4-H community club, a 4-H school or special interest program, or a 4-H project group or club.

## **Junior and Senior 4-H Members**

4-H members are divided into two divisions for most competitive activities. Junior members must have reached their 9<sup>th</sup> birthday and have not passed their 14<sup>th</sup> birthday, as of January 1 of the current year. Senior members must be 14 on or before January 1 of the current year and must not have passed their 19<sup>th</sup> birthday by January 1.

## **4-H Cloverbuds**

Any youth age 5, 6, 7 or 8 who participates in any of the above clubs or groups. Cloverbud members are not eligible to compete in district competitive activities. However, they may participate in educational activities and special Cloverbud events. All county activities have a Cloverbud division.

## **Main or Organizational Leader**

A volunteer who is responsible for the organizational part of a 4-H club. All leaders must complete required Youth Protection Policy paperwork. Main leaders attend regularly scheduled leaders meetings and trainings.

## **Project Leader**

A volunteer who helps 4-H members as they learn, make, or do something. This person can be a 4-H parent who agrees to help with a project. This may also be a teen leader or a person from the community who has knowledge in a particular subject matter or project area.

## **Teen Leader**

A 4-H member who is 13 years of age or older is eligible to be a teen leader. They take an active part in helping the younger members in the club. By doing this, they grow, mature and develop leadership skills.

## **4-H Agents**

Professionals who guide, teach and administer the 4-H program. They are faculty members of the University of Arkansas.

## **4-H TERMS AND GLOSSARY**

**Project**—the topic or subject that the 4-H'er wants to learn about.

**Main Project**—4-H'er shows the most interest in and does the most work on.

**Project Book**—guides the 4-H'er on a certain topic.

**Journal**—summary of what 4-H'ers have accomplished. See page 9 for a detailed explanation.

**County Activities**—competitive activities held throughout the year.

**Arkansas 4-H Events Packet**—a book with all Arkansas 4-H events, requirements, state due dates and registration forms—available from the county extension office.

**Arkansas Competitive Events Packet**—a book with all Arkansas 4-H competitive activities listed along with activity guidelines, purpose, and awards.

**Registration Deadlines**—for most activities and events, pre-registration and/or application is required. Deadlines are usually a week prior to the activity for county activities. Refer to the Calendar of Events for dates.

**Arkansas 4-H Leaders Association**—state-wide organization for 4-H volunteers. Dues are \$5 per year.

**4-H Leader's Retreat**—Spring and fall training for volunteers conducted by the 4-H Leaders Association.

**4-H Leader Training**—meetings held to help 4-H leaders learn more about working with clubs and members, and Faulkner County leaders' meetings in conjunction with this training.

**Leader's Guides for Projects**—some projects have Leader's Guides to help volunteers and/or parents in working with 4-H'ers with their projects.

**4-H Project Guides**—some projects have guides to help 4-H'er in selecting and doing project activities.

## **MISCELLANEOUS**

**Due dates, published in the monthly newsletter (Faulkner County 4-H Clover News) sent to all 4-H families, will be enforced.**

**We reserve the right to make changes, as necessary, to this “Calendar of Events and Policy Guide”.**

**The rules and guidelines in this “Contest Guidelines and Policy Manual” supersede the Arkansas 4-H Policy Manual.**

**For additional information on 4-H events, policies, and forms go to [www.uaex.edu/faulkner/4h/](http://www.uaex.edu/faulkner/4h/), then click on Activities and Events.**



## **4-H Emblem**

A four leaf clover with the letter “H” on each leaf.  
The four “H’s” stand for the head, heart, hands and health.

## **4-H Motto**

To Make the Best Better!

## **4-H Pledge**

I pledge my head to clear thinking,  
my heart to greater loyalty,  
my hands to larger service,  
my health to better living,  
for my club, my community, my country, and my world

## **4-H Colors**

**GREEN** – Nature’s most common color; symbolizes  
springtime, life and youth

**WHITE** – Symbolizes purity and high ideals

The White County 4-H offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.), should notify the White County Extension Office as soon as possible prior to the activity.

The Cooperative Extension Service is part of the University of Arkansas Division of Agriculture.  
University of Arkansas, United States Department of Agriculture and County Governments Cooperating.