



SNOW AND ICE

Mother Nature's way to cancel the February Carroll County Master Gardener meeting!

The March 8th meeting will be held in St. Anne's Catholic Church Fellowship Hall in Berryville at 10:00 a.m.



Results of fog and below freezing temperatures – “hoarfrost”



March:

4th Karen Welch

6th Jennifer Hudspeth

26th Anita Rissler

26th Glenda Moore

Strong Women and Men Strength Training Program

STRONG WOMEN & MEN



The Strong Women & Men Program is a community-based strength training program targeted to midlife and older Arkansans.

Based on research conducted at tufts University, the program is designed to increase strength and improve balance and flexibility.

Why Strong Women & Men?

- Safe, structured and affordable
- Appropriate for all fitness levels
- Supportive group environment
- It's Fun!

You will need to bring a set of dumbbells, ankle weights and a bottle of water with you to the sessions. Sessions last approximately one hour. There is a \$12 fee for the 12-week class. Sessions start March 3rd, at 9:30 a.m. in the Fellowship Room of Freeman Heights Baptist Church, Berryville.

Pre-registration required
Contact:
Carroll County Extension Office
870-423-2958

The Arkansas Cooperative Extension Service offers its program to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.



2014 Master Gardener Events & Other Events of Interest



February

28 Orchid Show Reception Botanical Garden of the Ozarks 4703 North Crossover Road Fayetteville, AR 6:00 pm – 8:00 pm Cost: \$10.00
Contact: Judy Smith 479-750-2620



Enjoy drinks and light refreshments while viewing the beautiful array of orchids on display.

March

1 – 2 Orchid Show and Sale Botanical Garden of the Ozarks 4703 North Crossover Road Fayetteville, AR

Enjoy beautiful Orchids in the Garden at the Botanical Garden of the Ozarks. Tickets for the Show and Sale are \$5 each.

March 1, 9:00 a.m. – 5:00 p.m.
March 2 9:00 a.m. – 4:00 p.m.



8 – CCMG Meeting 10:00 a.m. at St. Anne's Catholic Church in Berryville

Nancy Plagge is to give a program on Terrariums following the business meeting.

8 – Union County Master Gardener's Dirt Friends Festival. G. Michael Shoup, Antique Rose Emporium, and Janet Carson, Horticultural Specialist, U of A Extension and Research.

8 - Baxter County Master Gardeners are offering a seminar to the public, 8:30 - 3:00 pm. The 20th "**Developing an Ozarks Green Thumb**" will be presented at Redeemer Lutheran Church Family Life Center, 312 W. North Street in Mountain Home, AR. The speakers this year include Mountain Home's own Master Gardener and Educator Lucinda Reynolds, Master Gardener Jackie Leatherman, Dr. Tamara Walkingstick, Steve Filipek, and Dr. Jody Grenga.

The seminar is for the public and offers horticultural education useful to gardeners of all skill levels. Cost is \$15 and an optional lunch is available for an additional \$5. Registration for the event is required, and there is limited seating. To register, send your name, address, phone number, email (if available) and check made out to BCMG, and mail to: Linda Westmoreland, 224 Vermont Drive, Mountain Home, AR 72653

9 – DAYLIGHT SAVINGS BEGINS



15 - Beginning Organic Gardening Botanical Garden of the Ozarks 4703 North Crossover Road Fayetteville, AR



Beginning Organic Gardening with Tiffany Selvey. Learn the basics of starting and maintaining a successful organic vegetable garden. Topics include preparing new garden spaces.

\$10 members; \$15 non-members

Information and registration – call 479-750-2620

17 - State Arbor Day Arkansas, and a few other states, celebrate Arbor Day earlier in the Spring than National Arbor Day to correspond with the best time of year for planting

trees. National Arbor Day is the last Friday in April. Arkansas uses the 3rd Monday in March.

There are 43 Tree Cities in Arkansas – Beaver is the smallest “city” (??) on the list.

Celebrate Arbor Day



Plant A Tree

If you can't plant one – hug one!

Can you name the Arkansas State Tree without looking it up?
Email me your answer: nsos@hbeark.com

20

Gardening on the Edge
Gourmet Dinner

2014 Arkansas Master Gardener Conference
May 29-31

5 Course Tapas meal prepared by:
Twisted Fork Chef Jeff Loving,
Wine Pairings provided by:
Vincent's Fine Wines and Liquors

Where: 5522 Summerhill Road,
Texarkana, TX 75503
When: March 20, 2014
Time: 7:00 PM, Cost: \$75 pp

U of A
DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System

Benefits the Arkansas Master Gardener program. Make checks payable to Red Dirt Master Gardeners.

The Red Dirt Master Gardeners are going all out to promote the 2014 conference. As a fund raiser, they are hosting a gourmet dinner at a new restaurant in Texarkana called the Twisted Fork on March 20 at 7:00 p.m. Tickets are available for \$75 and include a five course tapas meal with wines accompanying each course. You may email me jcarson@uaex.edu to reserve a ticket and then mail a check made payable to Red Dirt Master Gardeners to: Peggy Burson 1 Lambeth Place Texarkana, AR 75503 Seating is limited and prepayment is required.

22 “Beyond the Garden Gate” at the Inn of the Ozarks Convention Center – To register call 870-423-2958

29 - 30 Arkansas Daffodil Society 55th Anniversary in Little Rock (at the Doubletree)
For information: Gary McClure 870-575-2446 870-575-2444 gary@bgmclure.com

Plant Sales 2014

April

5 – Franklin County MG Plant Sale, Ozark, AR

11 & 12 – Fulton County MG Plant Sale

19 – Saline County MG Plant Sale, Benton, AR

25 – Botanical Garden of the Ozarks Plant Sale, Fayetteville, AR

26 – Baxter County MG Plant Sale

26 – Craighead County MG Plant Sale

26 – Garland County MG Plant Sale

26 - Montgomery County MG Plant Sale at the Heritage House Museum at 128 Luzerne St. , Mt Ida, AR. 7:30 a.m. to 1:00 p.m. For more information contact Charlie Graziano at 870-334-3010 or touchstone@wildblue.net.

May

10 CCMG PLANT SALE – more information to come



Gardening on the Edge

State Master Gardener Conference • May 29-31, 2014

Miller County
Texarkana, Arkansas

U.A. DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System

28-31

State MG Conference,

“Gardening on the Edge;” Texarkana, TX. As of February 12: we already have over half the spots filled. We can take 500 and we have 207 general registrants and 58 volunteers already registered. We are still in Active MG and County Agent ONLY phase for another full week. February 22 you will be able to start registering spouses and those sustainer and MGs on leave of absence. It is going to be a fantastic conference so register.

October

21 – 24 Southern Region Master Gardener Conference in Baton Rouge, LA
www.SouthernRegionMGConf014.com early registration is open.



Grow Your Own Vegetables!



Natural (Organic) Gardening Course

Sunday, March 16, 2014
Time: 8:30am – 5:00pm,
Rogers Seventh-day Adventist Church
301 N 33rd St, Rogers, AR

OR

March 8, or April 5, 2014
Time: 8:30 AM - 5:00 PM
Ozark Electric Community Room
3641 Wedington Dr, Fayetteville

Pre-registration is required. Class size is limited. The cost is \$75.00 per person, and includes the gardening book, *How to Grow More Vegetables...* by John Jeavons, and 60 pages of material prepared by the instructor. If you have the Jeavons book 8th Ed, deduct \$10.00. For couples, who want to share the book and other handouts, the cost is \$130.00. You can register by sending a check to Calvin Bey, 8779 W. Forest Hills Dr., Fayetteville, AR 72704. Please provide your name, address, telephone number, and email. Call Calvin at 479-527-6951, or email cfbey1936@cox.net for more information.

The course includes gardening concepts and practices with emphasis on growing NUTRIENT DENSE vegetables. The concepts apply to flowers and yards. Course material is documented, and includes practical tips from 50 years of gardening experience. Topics include soils, soil testing, soil biology, selecting the garden site, tools, double-digging, composting, plant spacing, fertilizing, watering, companion planting, mulching, vermiculture, compost tea, green manure crops, nitrogen fixing crops, winter cover crops, winter gardens, pest management, weeds,

paramagnetic effects, and organic gardening resources. See <http://harmonygardens.blogspot.com> There will be a garden tour later in the spring.

Who Should Attend: The course is designed for those with little to much gardening knowledge and experience. Get your AR soil test done before the course. Allow 3 weeks for the test results to be returned. Call Calvin for specific instructions. Calvin will assist students with soil test interpretations, and provide help on fertilizer recommendations. Call if you have questions regarding these items.

Instructor: Dr. Calvin Bey grew up on a farm in Michigan and is a retired USDA Forest Service scientist, with a deep concern about health and environmental issues. Over the past 50 years, he has gardened in ten different geographic areas, and has trained under John Jeavons using the Grow Biointensive® approach. He has studied gardening extensively and has grown more than 40 kinds of vegetables and fruits in his garden in Fayetteville, AR.



You are correct – it doesn't look like this right now!

CARROLL COUNTY FAIR GROUNDS

We had a great work party at the fairgrounds on February 15th. Members attending were Jean Erickson, Will Schell, Sandra Kaye, Paula Dupont, Barry Stuart, and myself.

We were pleased to have members of our latest class join in the project work.

In about three weeks we will have another work party at the fairground, weather permitting

Submitted by: Dan Ward.



Proven Winners Newsletter

Submitted by Mariellen Griffith

Top Ten Cold Hardy Shrubs

If you're like me, you're especially anxious for spring to see which plants made it through this tougher-than-normal winter. If Mother Nature strikes and you're left with a hole or two in the garden, try one of these shrubs, hardy to at least Zone 3.

1. **Pucker Up!**® Red Twig Dogwood
2. **Fire Light**™ Hardy Hydrangea
3. **Berry Poppins**™ Winterberry Holly

4. **Tiny Wine™** Ninebark
5. **Happy Face® Pink Paradise** Bush Cinquefoil
6. **Oso Easy® Fragrant Spreader** Landscape Rose
7. **Glow Girl™** Spirea
8. **Scent and Sensibility™ Pink Lilac**
9. **Anna's Magic Ball™** Arborvitae
10. **Blue Muffin®** Viburnum

For more information, read the original post: [Top Ten Cold Hardy Shrubs.](#)

www.springmeadownursery.com

National Garden Bureau Great Garden Inspirations

Garden inspirations from the members of National Garden Bureau.

2014 Perennial Plant of the Year™ *Panicum virgatum* 'Northwind'



Panicum virgatum 'Northwind' is the Perennial Plant Association's 2014 Perennial Plant of the Year™. *Panicum virgatum*, pronounced PAN-ic-um ver-GATE-um, carries the common name of switch grass or switchgrass.

Hardiness: USDA Zones 4 to 10

Light: Switch grass performs best in full sun and will tolerate light shade.

Soil: Panicum is famously adaptable to almost any soil.

Uses: Switchgrass is a stalwart selection in the full-sun, especially native, meadow or prairie gardens. Flower arrangers find the foliage and plumes useful for arrangements. Finally, this warm-season perennial grass offers golden fall color.

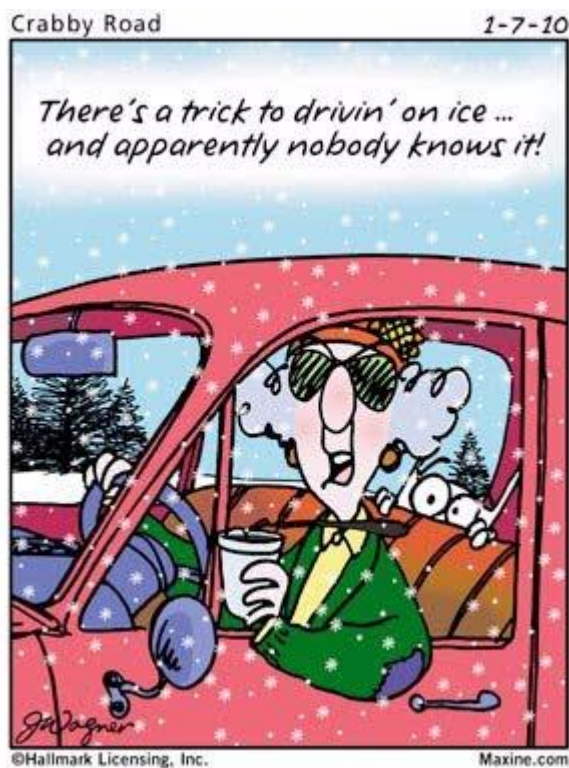
Unique Qualities: 'Northwind' is very easy to grow. It will enhance any sunny border, not just a native, meadow- or prairie-style garden. 'Northwind' has a refined, garden-worthy appearance and habit.

Maintenance: There are no serious insect or disease problems with Switchgrass. Plants are best divided in spring. 'Northwind' is not patented. It can be reproduced from divisions. Liners are available from numerous propagators, including members of the Perennial Plant Association.

This warm-season perennial grass has blue-green foliage and stands more erect than is typical of the species. 'Northwind' is only the third ornamental grass to be named Plant of the Year™ following *Calamagrostis* 'Karl Foerster', 2001, and *Hakonechloa macra* 'Aureola', 2009.

<http://www.perennialplant.org/index.php/education/plant-of-the-year>

Submitted by Mariellen Griffith



HOPEFULLY THESE DAYS ARE NOW OVER!

All meetings and activities announced in this newsletter are open to all eligible persons without regard to race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the County Extension Office (or other appropriate office) as soon as possible prior to the activity.

University of Arkansas, United States Department of Agriculture and County Governments Cooperating. The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.

Neta Stamps, Editor