



# Chi Epsilon Sigma

October 2023  
Chi Epsilon Sigma  
Beta Chapter  
The National Support  
Staff Fraternity

## Message from the President

Greetings Chi Epsilon Sigma Members!

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## Happy Fall Ya'll!

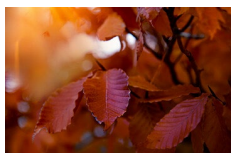


*Nyatyla Salter*  
Chi Epsilon Sigma President

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"Fall Shows us how  
beautiful it is to let  
things go."

Unknown



## Chi Epsilon Sigma – Beta Chapter 2023-2025 Officers

President.....	Nytalya Salter, LRSO
President-Elect.....	Abby Hilton, LRSO
Past President.....	Shaura Ivy, Drew County, Delta District
Secretary.....	Cindy Whiteside, Lincoln County, Delta District
Treasurer/Membership Chairperson.....	Angela Berryhill, Hot Spring County, Ouachita District
Administrative Advisor.....	Spring Sneed, AES
Annalist.....	Genean Butler, LRSO
Delta District Director.....	Sandra McGinnis, Lawrence County
Little Rock State Office District Director.....	Lisa Barnes, LRSO
Ouachita District Director.....	Lisa Lynn, Columbia County
Ozark District Director.....	Robbie Rye, Pope County

## 2023-2025 Committees and Chairs

### **Activities Committee: Administrative Advisor – Chair – Spring Sneed**

Cindy Whiteside	Lincoln County, Delta District
Beverly Brown	Dallas County, Ouachita District
Genean Butler	LRSO
Nancy Morehead	Washington County, Ozark District

### **Recognition & Awards Committee: Treasurer – Chair – Angela Berryhill**

Diane Cunningham	Monroe County, Delta District
Rose Dearin	Baxter County, Ozark District
Tammy Farnam	Perry County, Ouachita District
Jo Ann Fish	Pulaski County, LRSO

### **Nominating & By-Laws Committee: President Elect – Chair – Abby Hilton**

Lisa Barnes	LRSO
Kelly Thomason	Calhoun County, Ouachita District
Mindy Beard	Faulkner County, Ozark District
Burnita Hearn	Crittenden County, Delta District

### **Scholarship & Professional Improvement Committee: Past President – Chair – Shaura Ivy**

Katie West	Greene County, Delta District
Robin Hollis	Bradley County, Ouachita District
Robbie Rye	Pope County, Ozark District
Amy Hedges	LRSO

### **Silent Auction Committee: Chair – Nytalya Salter**

Donna Crumpler	Ouachita County, Ouachita District
Felicia Cope	Ashley County, Delta District
Abby Hilton	LRSO



## What Is Chi Epsilon Sigma?

Chi Epsilon Sigma is the Beta Chapter of The National Extension Support Staff Fraternity. The purpose of this Fraternity is to maintain the standards and ideals; uphold the morale, prestige and respect of the Cooperative Extension Service support staff; and to develop an effective professional working relationship and a spirit of fraternal fellowship among the employees of the Cooperative Extension Service. Any Extension clerical support staff member (50 percent or more) is eligible for membership. The officers, board of directors and members of Chi Epsilon Sigma encourage all eligible support staff members to become a part of this organization. Our goal is to have 100 percent membership. Membership is on a calendar year basis. Dues are only \$10 if paid by January 31. After January 31, dues will be \$15. For new members \$10 and Emeritus dues are \$5. Use the form below to renew, rejoin or become a new member.

### CHI EPSILON SIGMA MEMBERSHIP FORM

Name \_\_\_\_\_ Title \_\_\_\_\_

Office Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

County \_\_\_\_\_ District \_\_\_\_\_ Office Phone \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_

Date Employed with Extension (mm/dd/yy) \_\_\_\_\_ Birth Date (mm/dd/yy) \_\_\_\_\_

Wedding Anniversary (mm/dd/yy) \_\_\_\_\_ Spouse's Name \_\_\_\_\_

Membership Renewal ☐ New Member ☐ Rejoining ☐

**Dues by January 31 – \$10 (this is a savings of \$5!!!)**

**Dues after January 31 – \$15**

**Dues New Members \$10**

**Dues Emeritus \$5**

Make check payable to **CHI EPSILON SIGMA**, write "For Deposit Only" on back.

Send your check to: Angela Berryhill  
Chi Epsilon Sigma Treasurer  
1415 Smith St.  
Malvern, AR 72104

# Recipe of the Quarter

## Apple Cake by Rose Dearin-Ozark District

### INGREDIENTS

#### CAKE

- 3 cups all-purpose flour
- 1/2 teaspoon salt
- 1 teaspoon baking soda
- 2 teaspoons cinnamon
- 1/2 teaspoon nutmeg
- 3 eggs
- 1 1/2 cups granulated sugar
- 1/2 cup light brown sugar, lightly packed
- 1 1/8 cups canola oil
- 2 teaspoons pure Vanilla extract
- 4 cups baking apples, peeled and cut into small cubes, (about 3 large)\* (granny smith or honey crisp)
- 1 cup raisins, regular or baking
- 1 1/4 cups coarsely chopped pecans or walnuts



#### PRALINE ICING (optional)

- 1/4 cup (1/2 stick) unsalted butter
- 1/2 cup light brown sugar, lightly packed
- 3 tablespoons milk (maybe a tiny bit more for spreading or drizzling consistency)
- 1 teaspoon pure vanilla extract
- 1 cup powdered sugar, sifted

### INSTRUCTIONS

Preheat oven to 350 degrees. Oil and flour pan (preferable a bundt)

#### CAKE

1. In a medium bowl, sift together the flour, salt, baking soda, cinnamon, and nutmeg and set aside.
2. To a large mixing bowl, add the eggs, sugars, oil, and vanilla and mix on medium speed until well combined. Add the dry ingredients and mix just until the flour is almost incorporated. Add the apples, raisins, and nuts and mix again, just to incorporate.

## Delta District

**Randolph County** is now winding down from a highly successful county fair, during which we proudly contributed to raising over \$29,000 for the Livestock Youth's Blue-Ribbon sale. It was a fantastic event that showcased the community's commitment to our youth's livestock projects. However, as we celebrate this accomplishment, we're already gearing up for our next endeavor: Randolph County 4-H's annual fundraiser, the Elk Hunt Draw Down Dinner. This event plays a crucial role in securing financial support for our 4-H program, enabling our young members to participate in enriching experiences like camps, O-Rama's, conferences, and leadership training.

2023 Randolph Co Fair Blue Ribbon Sale



Elk Hunt Draw Dinner  
Mike Andrews Staff Chair assisting 4-H'er Nicole with prepping raffle ticket.



By Heather Akins

### Greetings from **Lincoln County**

I hope this finds everyone doing well. Lincoln County is buzzing with all thing's extension. We now have a full-time 4-H Agent and there are a lot of activities going on with that. The 4H kids are super excited. As the farmers are gearing up for Harvest our Ag Agent is busy with demo's, traps etc. Our new FCS agent has hit the ground running and has already done some programs and has many more on the schedule. Of course, I am staying busy keeping up with the running of the office and making sure reports and deadlines aren't missed along with soil sampling, feed sampling etc. We have all been busy getting ready for our County Fair which is September 25-30. The residents of Lincoln County look forward to the fair and stay busy all year making Exhibits and Preserving. The Barn will be filled with all sorts of animals and the 4H and FFA kids are looking forward to showing them. It should be a fun time for all.

On a personal note, I found out we will have a new grandbaby coming in February. This baby will be born to my son and his wife and will be my first one with one of my kiddos. I have 5 of them from my bonus kids and they all call me Emmy. My daughter is getting married on December 16<sup>th</sup> and we had her Wedding Shower on Saturday. They received so many nice things. My husband had a motorcycle wreck on August 15<sup>th</sup> and totaled the bike. He broke two bones in his left leg. He had surgery and has been off work and wheelchair bound ever since. He will be non-weight bearing until at least December 12<sup>th</sup>. The doctor's goal is to have him ready to walk down the aisle in December. I pray that happens. He hit a truck in a curve, and he is very blessed to not have gotten hurt any worse than he was. I have learned that we take for granted what all our spouses do on a day-to-day basis because I am now having to do all of that and take care of him. I told him that the vows say for Better or for Worse. That's all for now, I hope you all stay healthy and happy.

Cindy Whiteside

## Lawrence County – Sandra McGinnis

The Lawrence County Fair was in August, and the 4-H kids walked away with lots of blue ribbons. Entries were down this year in the education building. Our Scrappers EH Club's booth on mental health won the grand prize ribbon. Fair week is always exciting and busy.

The Ag agents have been busy with plot fields and demo fields. Farmers are busy harvesting. Our subcommittees have met, and we are preparing for the year-end reviews. The Interpretative Event for our county will be held next month, and preparations are being made to host the quorum court members here at our office.

On a personal note, I vacationed with my kids and grandchildren for a week in Florida. We all traveled to Panama City, where we rented a house by the beach and relaxed and explored. We try to enjoy at least one family getaway each year.

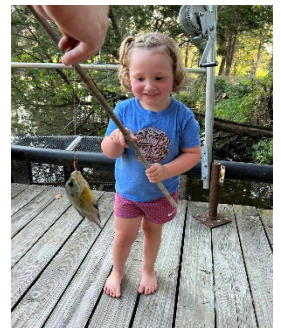
Of course, I can't send an article without pictures of the grandkids!



Oldest – Addison - 13



Baby Sawyer – Youngest Grandson 6 months



Youngest Granddaughter Reagan 3

Oldest Grandson Remington “5”



Summertime Fun! Fishing, Birthdays, and Fun with the horses!

Just 6 months difference in these two boys. Best Buds!

Middle Grandson – Gunner “5”



## Drew County News

The fiscal year, FY23, has ended and now it's time for program reporting. Agents and program assistants are working on AIMS, impact statements, and other reports, so they won't miss the deadlines for submitting the necessary paperwork in October. It's always a joy to get feedback from the community concerning the services that Extension provides.

Our office is now preparing for the Drew County Fair that will be held on October 3-7, 2023. Citizens are always happy to attend the parade, view the submitted exhibits and ride the carnival rides in the fall air. Our EHC and Master Gardeners are still working on volunteer projects around the county and are always eager to assist in any capacity needed during our county fair.

The EHC scholarship committee just awarded scholarships to 5 deserving students who started attending UAM this fall. Heavenly Bodiford was awarded a \$1000 scholarship for the 2023-24 school year. Ali Jo Cruce and Evelyn Delacruz won \$200 scholarships. LeeAnn Wilhite received \$150 and a \$100 scholarship was awarded to Alivia Cook. I hope these students have much academic success this school year.

Hazelene McCray, FCS agent, just returned to the office on Monday, September 11<sup>th</sup> after 7 weeks. Her husband, James, had emergency triple-bypass heart surgery after suffering a heart attack on Monday, August 28<sup>th</sup>. He is recuperating quite well and has even returned to driving, although he is taking his recovery slowly.

Lynn Lanthrip, 4-H Program Assistant, is preparing to get back into the schools after the summer break. Some of the county 4-H clubs start back meeting in the fall, while the crochet and cooking clubs have been meeting during the summer. Her son, Sykes Lanthrip, recently won 1<sup>st</sup> place in archery during the 4-H State O'Rama in July. Another 4-Her, Chloe Russell, won 2<sup>nd</sup> place in WHEP. We are excited for many more accomplishments from our 4-H group in the upcoming year. Ag agent, Scott Hayes, has been very busy with soybean, rice, corn, and cotton verification fields and IPM work. He even planted a Diamond variety trial demo of various flowers at the Monticello Sports complex. The last couple of weeks, he and the local producers who have verification fields have been harvesting crops. So far, the weather has been favorable for crop production, unlike the last few years where the fields were either plagued by floods or droughts.

I recently celebrated my 8-year anniversary with Extension on August 17<sup>th</sup>. I can now see how many Administrative Assistants retire after 30-45 years with our organization. It literally seems like I just sat in the chair 2 weeks ago!

Shaura Ivy

## Ozark District

### Rose Dearin-Baxter County

Hello from Baxter County home of the Ozark mountains and lakes!

We are proud to have Amanda Rychtarik as our new 4H Agent! Amanda came to us from Norfolk school and has hit the ground running. Being from this area, she knows everyone so that is a good thing. We had our County Fair in August so she jumped right in and did a great job. LeeAnn our FCS Agent is in Rhode Island at the NEAFCS Conference. She has been sending me pictures of lighthouses, other beautiful landscapes and the ocean.

I am a lover of fall and winter weather. I love it because I can ride my horses after a miserable hot, dry summer.

These are my horses Cisco and Shelly.

Rose



## Ouachita District

### Bradley County

We have just wrapped up our County Fair, which was held September 6-9. Our home exhibits were down, but the livestock exhibits were up. Our Premium Sale brought in \$31,575 for 32 junior exhibitors. Overall, this year's fair was a success. Our office is now busy with annual reports, programs, etc.

On a personal note, my husband and I are planning a trip to Pigeon Forge and Gatlinburg in November. After the year we have had, we are both looking forward to getting away. I am still in the process of working with the editor and illustrator to get my late son's last book published. It looks like it will probably be sometime after the new year before that is complete.

Happy Fall to everyone and I hope we all find time to enjoy the beautiful colors of the season!

Lisa Lynn

## Secretary-Cindy Whiteside

Greetings from Lincoln County

I hope this finds everyone doing well. Lincoln County is buzzing with all thing's extension. We now have a full-time 4-H Agent and there are a lot of activities going on with that. The 4H kids are super excited. As the farmers are gearing up for Harvest our Ag Agent is busy with demo's, traps etc. Our new FCS agent has hit the ground running and has already done some programs and has many more on the schedule. Of course, I am staying busy keeping up with the running of the office and making sure reports and deadlines aren't missed along with soil sampling, feed sampling etc. We have all been busy getting ready for our County Fair which is September 25-30. The residents of Lincoln County look forward to the fair and stay busy all year making Exhibits and Preserving. The Barn will be filled with all sorts of animals and the 4H and FFA kids are looking forward to showing them. It should be a fun time for all.

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Cindy Whiteside

## Annalist-Genean Butler

My husband and I are about to embark on a trip of a lifetime. In one week we will be flying to London, England to catch a cruiseship to take us on a carousel of countries. We will make three stops in Scotland with the 1<sup>st</sup> being Edinburgh. I am most looking forward to this stop because I am a superfan of the Starz series "Outlander". We will be completing an excursion that travels to several filming spots.

After Edinburgh, we will move to Inverness and Kirkwall. We are hoping like many others to see the infamous Loch Ness Monster. From there we will be sailing to Ireland. We will stop in Belfast and Dublin. We will be moving down the coast and glens of Antrim. The next stop will be in Amsterdam, Netherlands to see all the windmills and go to the edam cheese factory. From there we will stop in Romantic Brugges, Belgium. I know that most of you would want to grab up some Belgium Chocolate but I am not a chocolate fan so we will take a tour down the canal in a boat to check out the beautiful architecture. Our last stop before returning to London will be Paris, France. I am sure we will do the Eiffel Tower, Louvre Museum and Arc de Triomphe and possibly Notre Dame. Everyone keep us in your prayers because I am not a fan of long plane rides. Remember the A-Team? I told my husband to knock me out because I am going!

### NEWS ON THE HOMEFRONT

My grandsons turned One and we have been partying hard. Until I see you next time! Chao!



**Oakley Tate**



**Aiden Michael**