

BLUE LETTER

June 2023 No. 3854



FROM THE DIRECTOR

Continued Progress

I was fortunate enough to attend all three district O-Ramas this year and am already looking forward to state O-Rama in July! As always, I was impressed with the talent on display by our 4-H youth and the professionalism of our staff and volunteers in putting on these events. I am touched by those of you who take time out of your schedules to assist with O-Rama with no official appointment to do so. In the Cooperative Extension Service, we all do 4-H! I will also say that even though I know our numbers have been higher in the past, it is good to see the numbers coming back up from the last couple of years after COVID.

It was also good to see the numbers for the Master Gardener State Conference and be there to hand out awards. My compliments to Randy Forst and everyone in Pope County who hosted this event. Master Gardeners is one of our most popular programs and responsible for countless hours of volunteer service to Arkansas communities.

Our intern program (version 2.0) is in full swing for the summer, and I am getting great reports, pictures and seeing for myself what they are up to. I am immensely proud of this program, which is now 15 strong and more diverse than it was last year. I commend the district directors for their efforts and buy in with this program.

I especially want to thank Carla Due for her leadership with this group. We have already hired a couple of new agents from this pool, and there are more to come. The word is out, and I am expecting applications to increase next year.

We continue to fill key positions at the state and faculty level. Our FCS assistant vice president search has yielded three candidates and interviews are set. We have completed interviews for a new forage specialist in the Animal Science Department. Many others are in various stages of development and advertising. It is a busy time as usual for hiring.

Finally, I hope you will join me in expressing gratitude to the other members of the upper administration leadership team, and especially our vice president, Dr. Fields, for the recently announced salary incentive program. This is a long-overdue pay increase for some of our lowest paid employees, as well as higher starting salaries for several positions that will hopefully make us more competitive in the job market. This program also includes a 2% cost of living adjustment (COLA) and an average 3% meritbased, one-time increase that most employees will benefit from. I hope that the COLA helps with some of the compression created by our increase in starting salaries. It will not fix everything, but it is a start. ■

INSIDE SCOOP

- 2. Summer Interns
- 3. NEAFCS Leadership Experience Opportunity 6. PPC Re-entry Simulation and Awards
- 4. Leadership Log
- 5. APW Annual Competition

 - 7. Tech Corner...And much more!





BL Summer Interns **Are Here!**

The C. A. Vines Arkansas 4-H Center has eight summer interns who are volunteering their time with overnight camps, day camp, Arkansas Outdoor School and ExCEL. They represent eight universities, 8 majors, five states,

and some are earning college credit for their time. While you are at the Vines Center, this summer, please introduce yourself to the interns and share a little bit about the Division with them.



Left to right: Back row: Zane Shaner (Hendrix College), Abby Frizzell (Oklahoma State University), Taryn Schilder (Henderson State University), Jasmine Rymer (University of Central Florida), Khuyler Hardy (U of A Cossatot), Sierra Puckett (University of Central Arkansas); Front row: Liam Funk (Eastern Kentucky University) and Tylin Russell (University of Arkansas at Pine Bluff).

Saving Safe Food

The Science of Food Preservation

FCS agents recently completed Food Preservation inservice training June 1-2 to get the latest evidence-based information and hands-on skills for food preservation.

The 2023 Food Preservation in-service training successfully trained 10 new agents and an FCS intern in food preservation techniques, including water bath canning, pressure canning, jam and jelly-making, dehydrating, pickling and freezing. Representing all three Extension districts, these agents are now equipped with the knowledge and skills to conduct food preservation workshops

Participants included Amber Hairston, Ashley Co.; Michelle Carter, Bradley Co.; Terrie James, Hempstead Co.; Julian Carpenter, Independence Co.; Brenda Cox, Poinsett Co.; and Shannon Autrey, Conway Co. (not pictured)

and classes in their own communities across the state. Guided by the National Center for Home Food Preservation, our trained agents can assist with questions and concerns related to food safety and food preservation for Arkansas families. ■

Leadership Experience Opportunity

The National Extension Association of Family & Consumer Sciences (NEAFCS) Leadership Experience is an opportunity for seasoned NEAFCS members to come together with eager to learn, new members to provide mentorship and support.

Five Family & Consumer Sciences professionals from Arkansas have been accepted into the 2023 program. Joy West, CEA-FCS from Jackson County and Mary Ann Kizer, CEA-FCS from Jefferson County are serving as mentors in the program. Mentees include Tristin Bolton, CEA-FCS Crawford County; Trudy McManus, CEA-FCS Benton County; and Christine Sasse, nutrition instructor.

The Leadership Experience is designed to build confidence in

leadership at a local, state and national level, and for our more experienced members to help others continue to grow as Extension professionals.

The program offers professional development on:

- Leading Yourself
- Leading in Your Community
- Leading in Family and Consumer Sciences
- Leading in NEAFCS

NEAFCS is an extension family and consumer sciences organization that builds future leaders, provides professional growth and development opportunities, and recognizes and promotes excellence in scholarship and programming.

2023 Arkansas NEAFCS Awards

We proudly recognize the following state awards submitted for regional and national awards.

Continued Excellence

Leigh Ann Bullington

Distinguished Service

- JoAnn Vann
- Joy West

SNAP-Ed/EFNEP Educational Program

Team: Cathy Love, Josh Phelps, Keith Stathum-Cleek, Jacqueline Silva Katie Reid, Cynthia Martin, Vivian Okanume

Human Development /Family Relationships

Team: Kristal Draper & Rebecca Simon

Human Development /Family Relationships

Team: Anna Goff & Trudy McManus

Educational Curriculum Package

Team: JoAnn Vann, Amy Simpson, Cindy Ham,

Cassidy Reeves

Team: Heather Wingo, Emily Davis, Kristal Draper, JoAnn Vann

Communications Educational Publications

Brittney Schrick

Communications Educational Publications

Anna Goff

Communications Newsletter Alta Lockley

Communications Written Media LaTeshia LeeAnn Blevins

Podcast

Team: Tristin Bolton, Rachel Chaney, Tracy Courage, Alison Crane, Casey Ford, Julie Goings, Kaitie Golden, Mary Ann Kizer, Pamela Luker, Pam Pruett, Valerie Turner

Community Partnership

Team: Heather Wingo, Tameria Brewster, Leigh Ann Bullington, Juliann Carpenter, Millie Collins, Tracy Courage, Kasin Davis, Lauren Fields, Misty Kendrick, Bryan Mader, Stacia Massey, Emilee Moody, Julie Thompson, Valerie Turner, Joy West, Nelda West **Individual:** Amy Monk

Food Safety

Individual: Michelle Carter

Team: Torrie Smith, Tamera Allen, Billie Collins

Environmental Education

Team: Anna Goff, Trudy McManus, Jane Maginot

Early Childhood Child Care Training

Team: Anna Goff, Trudy McManus, Caramie Edwards,

Rebecca Simon

Team: Ashley Foster & Lourdes Yanez

Excellence in Teamwork

Team: Anna Goff, Trudy McManus, Jane Maginot

Program Excellence Through Research

Team: Anna Goff, Rebecca Simon



Marketing Package

Team: Anna Goff, Trudy McManus, Jane Maginot

Mary W. Wells Memorial Diversity

Team: Anna Goff, Trudy McManus

Family Health & Wellness

Team: Anna Goff, Trudy McManusFlorence Hall Joy West and national team

Extension Disaster Education

Anna Goff

School Wellness

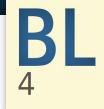
Team: Tristin Bolton, Sarah David, Katie Holland, Josh Phelps, Amy McClelland, Lindsey Sexton

Innovation in Programming

Team: Casey Ford, Alison Crane, Tristin Bolten, Rachel Chaney, Tracy Courage, Julie Goings, Kaitie Golden, Mary Ann Kizer, Pamela Luker, Pam Pruett, Valerie Turner

Past Presidents' New Professional

Pamela Luker ■



LEADERSHIP LOG



iLEAD Welcomes Cohort III

Fourteen employees have been selected to participate in the next Internal Leadership Education And Development (iLEAD) program. iLEAD is a one-year intensive leadership development program for UADA employees. Cohort III participants include:

- **Griffiths Atungulu**, Associate Professor & Director University of Arkansas Rice Processing Program
- Jesse Bocksnick, 4-H Outdoor Skills Instructor
- Genean Butler, Associate for Administration
- Patricia Johnson, Human Resources Specialist
- Daniela Kidd, Department Administrative Manager
- Ryan Kivett, Computer Support Analyst
- Taylor Knox, Program Associate, 4-H Center Programs
- Sun-Ok Lee, Associate Professor
- Mike McGowan, Division Forester
- Kim Rowe, CEA Hempstead County
- Brian See, CEA Staff Chair, Marion County
- Rebecca Simon. Instructor FCS
- **John Thomas**, Arkansas 4-H Foundation Managing Director
- Valerie Turner, CEA Staff Chair, Monroe County

For more information about the iLEAD program contact Dr. Julie Robinson, jrobinson@uada.edu or Lisa Davis, ldavis@uada.edu. ■

Leadership Lunch and Learn

The May 2023 Leadership Lunch and Learn (LLL) book review featured *Tribe: On Homecoming and Belonging* written by Sebastian Junger and reviewed by Kristi Farner, extension program and staff development specialist – staff development, University of Georgia. Read details or watch the recording here.

LeadAR



LeadAR Class 20 kicked off in May at the C.A. Vines Arkansas 4-H Center. Angelique Cooper, community partnerships for Southern Bancorp, shares her thoughts about her experience. ■

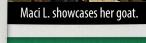


Four Drew County 4-H members recently showed goats at the Arkansas Goat Producers Association Spring Quad Show

held at the State Fairgrounds in Little Rock.









APW Annual Competition

12 Awards Received

Seven University of Arkansas System Division of Agriculture staffers shared a dozen awards in the 2023 Communications Contest held by Arkansas Press Women.

Mary Hightower, chief communications officer for the Division of Agriculture, received the APW's highest honor, the Communicator of Achievement. Hightower is now among 15 finalists for the National Federation of Press Women Communicator of Achievement.

Kristin Netterstrom Higgins of the Public Policy Center won five awards, including two first-place honors for her electronic newsletter and blog. Julie Thompson, Chris Meux, Kerry Rodtnick and Stacey McCullough, shared second-place honors in the category of public service campaigns.

Hightower also won third- and firstplace award for writing for agriculture and feature stories respectively.

Fred Miller, science editor of the Division of Agriculture's Arkansas Agricultural Experiment Station, won five honors, including first place in the environmental and science writing categories.

The first-place entries advance to the national competition.

For a complete list of the award recipients throughout the state please visit https://arkansas- presswomen.org/apw-celebrates-2023-award-winners/.





COMMUNICATIONS STATION

We're Growing

new people. Ashi Franke is our new Accessibility Manager. Contact her at accessibility@uada.edu. Sarah Cato is our new Communications Specialist for Ag & Natural Resources. Contact her at Scato@uada.edu.

Video - What's New

- Small Ruminants Field Day Video.
- 2023 Code of Conduct Video -Spring Video Crew Training 4-H.
- Jackson Country Extension Center -New Building Virtual Tour.
- Support Staff Conference We Can Make a Difference Video.

Follow our UADA YouTube Channel to access more videos.

Publications

Many of Extension's 1500+ publications are more than 10 years old. Comms is developing a "sunsetting" process to update or delete these out-of-date pubs. We'll be contacting department heads to have their staffs review specific for outdated author information, outdated content, old logo or contact information, and broken links. We need your help to make sure our website resources are accurate and up to date.

In the News

- 4029 TV interviewed Dr. Vic Ford June 9 for an air quality segment related to the Canadian wildfires.
- KARK Channel 4 and Fox 16 visited the Arkansas 4-H Center for the Gold Star Kids Camp which serves campers who have lost a parent in the military. The <u>segment</u> aired June 16 at 6 p.m.

See what we're writing about and sending to media: June Stories. Got a story idea? Email tcourage@uada.edu.

Print Shop

We can print stickers (round or square). We can do large quantity runs or rolls, strips or singles. And we print envelopes — color or black/white; with optional return address on back flap, and variable data for addressing. Need printing? Request a quote from our Print Shop: printshop@uada.edu. ■





Ashi Franke

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Public Policy Center

Launches Arkansas Re-Entry Simulation

A new simulation offered by the Public Policy Center highlights the hurdles people recently released from prison encounter when trying to rejoin a community and provides local leaders a tool to use when discussing the complex issues surrounding re-entry.

Nearly everyone who goes to prison eventually leaves prison. Pair that reality with county governments in Arkansas spending more than one-third of their budgets on public safety, it becomes clear prison re-entry affects many Arkansans.

"Walking in the shoes of someone with a felony record for four "15-minute weeks" is one way to raise awareness about the personal impact re-entry has as well as the larger community impact," said Kristin Higgins, Public Policy Center program associate.

Adapted from the West Virginia Department of Justice, the Arkansas Re-Entry Simulation involves participants assuming the identity of a person reporting to probation, trying to find work, paying off debts and avoiding going back to prison.

"The simulation gave participants more understanding and sympathy for those in re-entry after gaining a better perspective on what they go through on a daily basis," said Debbie Watts at the SHARE



Foundation, which hosted the simulation April 26.

Extension county agents in more than 25 counties work with local courts and organizations to provide re-entry education, ranging from healthy eating to stress management. The simulation tool can be used with elected officials, employers, landlords, and community groups to learn about what re-entry involves.

Jam and Jelly Workshop

Janet Cantrell of Sevier County recently conducted a Jam and Jelly Workshop with Josie Miller's Family and Consumer Science class. Students learned safety and proper food preservation techniques. Youth were engaged through hands-on instruction and were successfully educated on the importance and value of extension and FCS agents. ■









Tech Corner



Public Wi-Fi Dangers



Many Wi-Fi users choose to use public networks instead of their devices' data plans for accessing the internet remotely. But the convenience of public Wi-Fi can be risky. If you're not careful, hackers may quickly access your connection and compromise sensitive information stored

on your device and in online accounts. Here are some steps you can take to minimize the risk:

- Check the validity of available Wi-Fi hotspots. If more than one hotspot appears claiming to belong to an establishment that you're in, check with the staff to avoid connecting to an imposter hotspot.
- Make sure all websites you exchange information with have "https" at the beginning of the web address. If so, your transmitted data will be encrypted.
- Install an app add-on that forces your web browsers to use encryption when connecting to websites, even well-known sites that may not normally encrypt their communications.
- Adjust your smartphone's settings so it does not automatically connect to nearby Wi-Fi networks. This gives you more control over where and when you connect.
- If you use public Wi-Fi hotspots on a regular basis, consider using a virtual private network, which will encrypt all transmissions between your device and the internet.

- Many companies offer VPNs to their employees for work purposes, and individuals may subscribe to VPNs on their own.
- When transmitting sensitive information, using your cellphone data plan instead of Wi-Fi may be more secure.

Zoom Pro Tip – Breakout Rooms

Breakout rooms provide additional opportunities for collaboration and discussion within your Zoom meetings. Using breakout rooms doesn't have to be intimidating for the meeting host, though. From the basics of setting up breakout rooms to advanced options for your breakout rooms to participating in a breakout room, Zoom Support has <u>resources</u> to get you started and keep you going.



Hacks from Hump Day

Register now to join the next Hump Day Hacks.

- Paste Options in Excel
- Sharing OneDrive Files and Folders
- How to Schedule Zoom Meetings
- More Zoom Resources ■

2023 TECH TUESDAYS WEBINARS

TEGI

Have you missed any past Tech Tuesday webinars or want to join future webinars? Check out the recordings and other resources on the Tech Tuesday Blog page. More Tech Tuesday topics coming soon! Did you miss May's Beyond PowerPoint Tech Tuesday? Check out the recording and resources.

Save the Date! March 28-29 2024 Support Staff Conference

Mark your calendar for the 2024 Support Staff Conference on March 28-29 at The C.A. Vines Arkansas 4-H Center. In-person and Zoom options will be available.

All support staff in UADA are welcome and encouraged to attend. If you have suggestions for the conference, send ideas to Vanessa Lewis (vlewis@uada.edu) or Steve Siegelin@uada.edu). ■



Blueprint for the Future

Cattlemen's Conference

Sevier County Ag Agent Rex Herring, Howard County Ag Agent Dawson Bailey and 4-H Youth Livestock Instructor Allison Harman attended the Blueprint for the Future Cattlemen's Conference in Stillwater, Oklahoma. Thirty-five years ago, cattle industry leaders came together to host the 1988 Blueprint for the Right Kind Conference which focused on

determining what kind of cattle were needed to fit a growing beef demand. The 2023 Blueprint for the Future Conference focused on the strategies needed in today's industry and the future beef industry to meet consumer demands and through the lens of economic, social and environmental sus-

tainability. Cattlemen's Congress, Oklahoma State University and the Noble Research Institute were the presenting partners.

The keynote speaker was Dr. Frank Mitloeher, professor and air quality specialist in extension for the Department of Animal Science at University of California-Davis. A big take-away for all in attendance was the feasibility and practicality of Mitloeher's strategies for methane reduction across all sectors of the beef industry. The conference also served as the first point of release for the results

from the 2022 National Beef Quality Audit. Other topics of discussion included soil fertility, consumer trends, genomics, show ring ethics, marketing ethics, evaluating live animals, selecting extreme phenotypes and predictions for the future of the beef cattle industry. Our UADA employees networked with many leaders in the cattle

industry and learned many skills to help our Arkansas cattle producers be prepared to handle the challenges of the future beef cattle industry. ■

getting youth involved in outdoor activities. ■





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Progressive Agriculture Safety Day

During the recent Progressive Agriculture Safety Day in Star City, fourth-grade students at Jimmy Brown Elementary learned how to be safe around electrical lines, ATVs, tractors, house fires and boats. The mission of this national program is to provide education, training, and resources to make farm, ranch, and rural life safer and

healthier for children and their communities. Safety Days are designed to be ageappropriate, handson, fun, and safe for children.

On post-surveys, teachers were asked if they believed Safety Day benefited their students. All fourth-grade teachers agreed that it had. One teacher stated, "I believe it's important for kids to know what they need to do, and not to do, in emergency situations."

Student post-surveys showed one student learned, "When you're in a car with a fallen powerline, jump out with both

feet at once instead of one at a time." Another student learned "to always use a helmet when driving a four-wheeler, bike, or side-by-side." On the surveys 95 percent of students stated a safety behavior or skill that they planned to use.



New Fact Sheet Available

A new factsheet on <u>Poison Hemlock Identification and</u> <u>Control</u> by Hannah Wright-Smith is available online

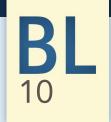
and to order through the UADA Publications ordering system. Poison hemlock is prevalent throughout the state especially in the Ozark and Ouachita districts. It is toxic to livestock and humans, so check out the factsheet for more information on how to identify and control this weed!



Homemaker Club Recognized

The Mississippi County Extension Homemaker Club was recognized at a meeting of the Gosnell City Council. Gosnell Mayor Jason Taylor presented a proclamation declaring May Extension Homemaker Month. ■





Benefits Corner

Sick Leave

If you are unable to work because of illness, injury or need treatment from a health care provider, you can use sick leave for paid time away from work. And, you can use sick leave for time off due to the death or serious illness of an immediate family member (bereavement). You are eligible for paid sick leave if you are employed half-time or greater and are on an appointment period of nine months or more.

An employee shall be required to furnish to his or her supervisor a certificate from an attending health care provider for five or more consecutive days of sick leave and may be required to furnish a certification for purposes of the Family and Medical Leave Act (FMLA) for a serious health condition that continues for three or more consecutive days. Supervisors are required to notify your-benefits@uada.edu when an employee has been absent under sick leave for three consecutive days.

For more information visit: https://benefits.uasys.edu/work-life/sick-leave/ or email yourbenefits@uada.edu.

Home Address

It is extremely important to keep your contact information current in Workday. Please access your Workday Profile Page to manage your home address.

To access your Workday profile page, click your Profile icon, then View Profile. Your Profile page displays. To Add or Change your contact information:

- 1. Click the Contact tab. The Contact subtab is selected.
- 2. Click Edit. Within each section, click the Edit button to change existing information or click Add to add new information. You can also click within a field to edit.
- 3. Click Submit. ■



Communications Staff Wins National Awards

Three members of the Communications Team won awards from Association for Communication Excellence. The awards were announced June 11-13 during the ACE National conference in Asheville, North Carolina.

Rebekah Hall, content specialist, won a silver award in the Writing for Newspaper category for her story: Giving Back: Lonoke County extension agent donates flying time, blood plasma to people in need.

Chris Meux, graphic designer, won a bronze award in the Design/Logo category for the Rice Technical Working Group logo.

Emily Davis, publications specialist, won a bronze award in the newsletter category for her design of the Extension Cord newsletter for retirees.



Rice Technical Working Group logo created by Chris Meux.



Extension Cord newsletter. Graphic Design by Emily Davis.



Grants & Contracts

PROJECT TITLE	AWARD AMOUNT	PI	GRANTING AGENCY
Produce Safety Program - Additional Funding (A1)	20,000	Amanda Perez	Arkansas Agriculture Department
2023 NRA Pulaski County 4-H Shooting Sports	24	Andrew Bolton	National Rifle Association Foundation (NRA)
2023 NRA Boone County 4-H Shooting Sports	384	Cody Salmon	National Rifle Association Foundation (NRA)
2023 America's Farmers Grow Communities	5,000	Craig S Allen	Bayer CropScience LP
AR Digital Equity Plan	50,000	Hunter P. Goodman	Heartland Forward
Fostering Resilience and Ecosystem Services in Landscapes by Integrating Diverse Perennial Circular Systems (Yrs 3-4) (Amend #2)	153,091	James Lee Mitchell	University of Wisconsin - Madison
AR Future Ag Leaders Tour 23	5,000	Julie C Robinson	Arkansas Farm Bureau & Federation
UACES Early Care and Education Projects (Best Care, Best Care Connected, Guiding Children Successfully, and Best Care Out of School Time)	322,500	Rebecca M. Simon	Division of Child Care & Early Childhood Education (DCCECE)
Alite 27 Axant Flex Weed Control	8,000	Tom Barber	BASF Corporation
Southern Root-Knot Nematode in Maturity Group 4 Soybean: Characterization of Resistance Mechanisms and Breeding for Resistance - Addl funding (A1)	15,000	Travis Faske	LSU Ag Center
Southern Root-Knot Nematode in Maturity Group 4 Soybean: Characterization of Resistance Mechanisms and Breeding for Resistance - Addl funding (A2)	30,000	Travis Faske	Missouri State University
TOTAL AWARDS FOR MAY 2023: 608,999			

Personnel Changes Welcome

Welcome Aboard:

Sarah Gaskin – County Ext. Agent 4-H/Agriculture, Jackson County

Brittany Luttrell - County Ext. Agent - 4H, Randolph County

Zachary Williams - Extension Specialist - Poultry Husbandry and Management, Poultry Science, Fayetteville

Flora Tate - Arkansas APEX Accelerator Procurement Counselor -

Community, Professional, & Economic Development, Little Rock

Gerald Hewitt - County Extension Agent - Agriculture, Montgomery County

Claire Williamson – County Extension Agent - 4H/Agriculture, Polk County

Ryan Loy – Assistant Professor, Little Rock

Makenna Meziere - Administrative Specialist II, Family & Consumer Science, Little Rock

Farewell to:

Bethany Brooke Barney – CEA-Staff Chair, Little River County

Jamie Corker – County Extension Agent - Family & Consumer Sciences, Calhoun County

Justin Kirkes – Program Technician 4-H Center Programs, Arkansas 4-H Center Programs

Sherry Funderburg – Administrative Assistant, Ozark District, Little Rock

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